

**As seen in the 2012 Winter edition of**  
*There's a lot to do in Windsor*

# Outdoor Strides

## Cyd Groff Environmental Planner

Cyd Groff, the town's Environmental Planner, has an office that is a pictorial wildlife sanctuary with photos of polar bears, wolves, birds and all sorts of other critters – some taken right here in Windsor.

Cyd obviously loves the outdoors and can often be seen leading the charge of Earth Day clean-ups in Windsor, Connecticut River Day clean-ups, plantings at Windsor schools and parks and coordinating community environmental education programs.

When inside town hall, Cyd's responsibilities as Environmental Planner have her reviewing Inland Wetland and Watercourses applications to make sure they are in compliance with the town's master plan, state regulations and to ensure that development in town remains in harmony with the environment.

At home, Cyd is the proud owner of "Fróði" (pronounced Frothi) an Icelandic horse she brought home with her in 2005. The Icelandic was a Viking war horse and has a specialty gait that no other horse has that results in minimal "bouncing" when the horse trots. This is great for anyone with a bad back, and great for Cyd who enjoys wintry rides with Frodi in the snowy great outdoors.

