



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
October 2, 2018

OFFICIAL MINUTES

Commissioners Present: Amy Silliman-Avedisian, Veronica DeBetham-Taylor, Estelle LaBarre, and Linda Rickard

Commissioners Excused: Marsha Brown

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Called to order at 7:00 PM by Chairman Amy Silliman-Avedisian

Communication from Commissioners:

Commissioner LaBarre followed up on concerns regarding the malfunction of a computer at a Windsor Housing Authority facility which was discussed during the September meeting. Commissioner LaBarre spoke with Betsy Kenneson and offered her laptop which she no longer uses to replace the broken computer. The wheels are in motion and this topic will be reported on during the next meeting.

Chairperson Silliman-Avedisian discussed moving the regular Commission on Aging & Persons with Disabilities meetings to the LP Wilson Community Center, specifically the Senior Center café. A discussion ensued.

Communication from Liaison: Liaison Joyce provided an update on Senior Services as well as distributed the newsletter for Senior Services and Social Services. She mentioned the upcoming Senior Health Fair and Flu Shot Clinic being held at the Senior Center, the Art Show being held at the Windsor Main Library, an AARP sponsored program on Electric Choices, to mention a few.

Communication from the Public: None present

Approval of the Minutes from the September 10, 2018 meeting:

A motion to approve the minutes from the September 10, 2018 minutes was made by Commissioner Rickard and seconded by Commissioner DeBetham-Taylor. The motion passed 4/0/0.

Old Business:

Update on Windsor Housing Authority facility computer

See above. Commissioner LaBarre offered to donate her laptop. This topic will be reported on at our next meeting.

Current status of crosswalks—Robert Jarvis, Town Engineer/Director of Public Works

This topic has been tabled until the November meeting. Mr. Jarvis will be attending that meeting.

Collaboration with Caring Connection/topics for discussion with Cheryl Rosenbaum next meeting 11/7/18

Tabled until November meeting. Ms. Rosenbaum will be attending that meeting.

Update on reappointments

Chairperson Silliman-Avedisian reported that Commissioner Brown was reappointed on Monday, October 1, 2018. Commissioner Rickard reported that she is awaiting her reappointment letter. Commissioner DeBetham-Taylor is due for reappointment January 2019.

Status of guests attending 11/07/18 meeting

The Commission members had an idea of “Everyone Bring One” to attract more people to attend the meetings. The thought was to do this for the November 7, 2018 meeting.

Status of Health Fair participation

Liaison Joyce noted the date of the Annual Senior Health Fair & Flu Shot Clinic as Thursday, October 4, 2018. Commissioners LaBarre, DeBetham-Taylor and Chairperson Silliman-Avedisian will attend the fair and cover the booth.

New Business:

Change COAPD Meeting Location

A motion to add the recommendation of changing the current meeting location was made by Commissioner Rickard and seconded by Commissioner DeBetham-Taylor. The motion passed 4/0/0.

A motion to approve the recommendation of changing the current meeting location was made by Chairperson Silliman-Avedisian and seconded by Commissioner DeBetham-Taylor. The motion passed 4/0/0.

The November meeting will be held at LP Wilson.

Focus: Fall Prevention/Winter Hazards: Slips, Trips, and Falls

A discussion ensued regarding a possible program on this topic with the focus being Winter Hazards and possibly touching on crosswalk safety, as well. The topic of balance was also mentioned. Possible dates were discussed such as a Tuesday or Wednesday in February, in the AP1 room of LP Wilson from 1:00-2:00pm. Liaison Joyce will check the schedule and email possible dates. Commissioner DeBetham-Taylor will reach out to a PT group in Windsor about the possibility of collaborating on this event. Chairperson Silliman-Avedisian will reach out to Lauri Volkert in the Fire Marshall's office and Liaison Joyce will mention this to the Senior Center's Tai Chi instructor for possible collaboration on this program.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:00pm was made by Commissioner LaBarre and seconded by Commissioner Rickard. The motion passed 4/0/0.

Next Meeting: Wednesday, November 7, 2018 at LP Wilson Senior Center Café

Respectfully Submitted,
Rebecca Joyce