



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
January 8, 2019

OFFICIAL MINUTES

Commissioners Present: Amy Silliman-Avedisian, Marsha Brown, Veronica DeBetham-Taylor, Donna Grossman, Estelle LaBarre, and Linda Rickard

Commissioners Excused: None

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: Cheryl Rosenbaum – Director of Caring Connection

Called to order at 7:00 PM by Chairperson Amy Silliman-Avedisian

Communication from Commissioners:

Commissioner LaBarre spoke about the fitness activities offered through the Windsor Senior Center including the Shape Up & Work Out class instructed by Dee Abrams and what a wonderful class it is. She mentioned that she has been taking the class for many years and that the instructor continually changes the routine so that the class always keeps your interest.

Communication from Liaison: Liaison Joyce provided an update on Senior Services as well as distributed the newsletter for Senior Services and Social Services. She mentioned the upcoming Fitness Center Open House, tax assistance program and that appointments are currently being scheduled through the Senior Center, and that the upcoming Senior Center program "Change Your Nutrition to Reduce Aches and Pains" has 45 people signed up.

Communication from the Public: Cheryl Rosenbaum again extended the offer to hold a COAPD meeting at the Caring Connection, possibly in June, as the weather gets warmer.

Approval of the Minutes from the December 4, 2018 meeting:

A motion to approve the minutes from the December 4, 2018 meeting, was made by Commissioner LaBarre and seconded by Chairperson Amy Silliman-Avedisian. The motion passed 5/0/1.

Old Business:

Update on Windsor Housing Authority facility computer

Commissioner LaBarre spoke with Betsy Kenneson on this topic. She noted that Ms. Kenneson would be attending a special meeting to discuss offering internet (wifi) access in the community rooms at the housing sites. A discussion ensued. Commissioner LaBarre will still donate her laptop, if needed. This topic will be added to the February agenda for update under Old Business as "Windsor Housing Authority Facility Internet (wifi) Access".

Update on Reappointments

Commissioner DeBetham-Taylor received notification that her appointment would expire on January 31, 2019. She began the process to be reappointed and is just waiting to hear back.

Focus: Fall Prevention/ Hazards: Slips, Trips, and Falls

Chairperson Silliman-Avedisian confirmed that the COAPD presentation on Preventing Slips, Trips & Falls would be held on Tuesday, March 12, 2019 from 1:00-2:00pm and would be held in AP1 at the LP Wilson Community Center. She also confirmed that Karen Richards, Bloomfield Center for Nursing and Rehabilitation, would present on the topic of indoor slip, trip and fall hazards and that Lauri Volkert, Windsor Fire Administrator, would discuss the outdoor hazards. At this time, one presentation is scheduled to be held but the Commission will respond if further interest in this topic is shown. Refreshments for the program will be provided by Karen Richards and Bloomfield Center for Nursing and Rehabilitation. The flyer was reviewed and updated. Liaison Joyce will make the changes discussed and distribute the flyer to the group via email for review. Adding the blurb to the Senior Center newsletter was discussed and Commissioner LaBarre suggested that it would be best to add it to the March newsletter rather than an insert in February. This topic will be added to the February meeting agenda.

Letter to Robert Jarvis/Department of Engineering regarding pedestrian safety in the center of town

Chairperson Silliman-Avedisian presented the draft letter to the group. It was reviewed by all and changes were agreed upon. Liaison Joyce will make the changes and send out to the group, via email, for review. The letter will be sent to Mr. Jarvis as soon as complete.

Completion of Capital Improvement Project Detail Form regarding installation of pedestrian safety devices

Since a letter was drafted by the Commission and being sent directly to Mr. Jarvis, the Commission agreed not to submit the Capital Improvement Project request this year.

Nomination/election of Vice Chairperson

Chairperson Silliman-Avedisian asked for nominations or commissioners who would be willing to be Vice-Chair of the commission. This topic will be added to the February agenda for further discussion.

New Business:

Motion to COAPD Meeting Location

A motion to add the topic of "COPAD Meeting Location" was made by Commissioner Brown and seconded by Commissioner Grossman. The motion passed 6/0/0.

COAPD Meeting Location

Commissioner Brown brought up concerns about meeting at the LP Wilson Community Center. It is the consensus of the Commission to resume meeting at the Town Hall, Dr. Primus Room, beginning in February, 2019. Liaison Joyce will confirm that the room is still available and make the appropriate changes in the room bookings.

Discussion of Public and Guest Participation

Chairperson Silliman-Avedisian mentioned that concerns were raised about Public and Guest Participation during meetings specifically when a member of the public or a guest can speak or comment. A discussion ensued. Chairperson Silliman-Avedisian and Liaison Joyce will look into this further. This topic will be added to the February agenda under Old Business.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:35pm was made by Commissioner LaBarre and seconded by Commissioner Rickard. The motion passed 6/0/0.

Next Meeting: Tuesday, February 5, 2019 at Town Hall, Dr. Primus Room

Respectfully Submitted,
Rebecca Joyce