



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
May 7, 2019

OFFICIAL AND DRAFT MINUTES

Commissioners Present: Amy Silliman-Avedisian, Marsha Brown, Estelle LaBarre, and Linda Rickard

Commissioners Excused: Veronica DeBetham-Taylor

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: Marcia Peck, Tender Care Home Care Agency

Called to order at 7:00 PM by Chairperson Amy Silliman-Avedisian

Communication from Commissioners:

Chairperson Silliman-Avedisian mentioned that our next meeting, scheduled for June 4, will be held at the Caring Connection Adult Day Health Center, 330 Windsor Avenue, Windsor. She also noted that the Caring Connection will be hosting an educational program for clients' families and showing a documentary regarding people with dementia.

Commissioner Rickard mentioned the Red Door of Grace Food Pantry which operates every Wednesday, from 4-7pm, at Grace Episcopal Church, 311 Broad Street, Windsor, which is located next door to the Windsor Public Library. This food pantry is open to everyone including non-Windsor residents and people can attend weekly. Only basic contact information is required in case of food recalls and for government requirements. She also mentioned that the food pantry is always accepting monetary and/or food donations.

Communication from Liaison: Liaison Joyce provided an update on Senior Services as well as distributed the newsletter for Senior Services and Social Services. She mentioned the upcoming Mother's Day Tea Party and special performance by the Victorian Lady which 78 ladies are signed up for. She also mentioned the new Veterans Coffee Hour taking place at the Windsor Senior Center the 4th Thursday of each month beginning in May, the Senior Breakfast at the Windsor High School, the free weekly Mindfulness/Meditation series, the Identity Theft program and upcoming free shred day, and that the Senior Center has a new

massage therapist. Lastly, Liaison Joyce spoke about the 2019 Postal Food Drive coming up on Saturday, May 11, one of Windsor Food Bank's largest collections.

Communication from the Public: None

Approval of the Minutes from the April 2, 2019 meeting:

A motion to approve the minutes from the April 2, 2019 meeting, was made by Commissioner Rickard and seconded by Chairperson Silliman-Avedisian. The motion passed 4/0/0.

Old Business:

Update on Windsor Housing Authority Facility Internet Access-Commissioner LaBarre

Commissioner LaBarre does not have any updates at this time.

Discussion of open positions and review of relevant ordinances

Chairperson Silliman-Avedisian suggested notifying Town Council of the current demographics of the COAPD (age/any disability/party affiliation, etc) so that appropriate representation could be recruited for the open positions. Commissioner Rickard suggested adding it to the annual report to Town Council. A discussion ensued about who would be the best representation for the COAPD and it was decided that ultimately the commissioners could only encourage people to attend meetings and join the group. Currently, we are short one regular member and one alternate member.

Review of Annual Report Status

Chairperson Silliman-Avedisian will reach out to Helene Albert in the Town Manager's Office to reschedule providing the COAPD Annual Report.

New Business:

Future Programming

This will continue to be discussed in future meetings, however, a discussion ensued and the following topics were discussed: medication management, substance abuse within the senior population and those with disabilities and the possibility of holding an open forum or mini health fair to discuss human rights specifically persons with disabilities. Commissioner Brown mentioned that the focus should be on something that the Senior Centers are not offering; possibly having more of a focus on topics concerning people with disabilities and disability rights. Transportation offered for the disabled population was also discussed. Chairperson Silliman-Avedisian also suggested updating the COAPD brochure. This topic will be added to the June meeting agenda.

Year End Meeting

Chairperson Silliman-Avedisian suggested going to dinner to wrap up the year.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:02pm was made by Commissioner Rickard and seconded by Commissioner Brown. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce