



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
January 7, 2020

OFFICIAL MINUTES

Commissioners Present: Amy Silliman-Avedisian, Marsha Brown, Veronica DeBetham-Taylor, Estelle LaBarre, Linda Rickard and Kathy Robe

Commissioners Excused: None

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: N/A

Called to order at 6:55 PM by Chairperson Amy Silliman-Avedisian

Communication from Commissioners:

Commissioner Rickard notified the group of an upcoming meeting scheduled on Tuesday, February 4th at the Windsor Station Apartments. This will be a round table discussion regarding the Broad Street project and transit-oriented development.

Chairperson Silliman-Avedisian encouraged members to attend as this Commission has tried to address the hazards and pedestrian safety in the center of town for a very long time. Several years ago, crossing flags were put in place and the COAPD also recently met with Mr. Jarvis, Town Engineer/Director of Public Works, to discuss pedestrian safety.

Commissioner LaBarre mentioned that she had received an email from the Town Managers Office asking if she wished to be reappointed. She informed the group that, after 19 years of service, she is choosing not to be reappointed.

Chairperson Silliman-Avedisian also mentioned that she also had been contacted for reappointment. She also informed the group that she will not request to be reappointed however, she will try to continue through September.

Commissioner DeBetham-Taylor also said that she was thinking of taking a hiatus.

Communication from Liaison: Liaison Joyce provided an update on Senior Services as well as distributed the October newsletter for Senior Services and Social Services. She mentioned that the Windsor Public Health Nurse, Jennifer Waldo, is now conducting the blood pressure screenings at the Senior Center, the Renew Active benefit, and that Senior Center office staff is still signing people up for the January Early Bird Supper scheduled for Tuesday, January 28, 2020.

Communication from the Public: N/A

Approval of the Minutes from the November 6, 2019 meeting:

A motion to approve the minutes, as corrected, from the November 6, 2019 meeting, was made by Chairperson Silliman-Avedisian and seconded by Commissioner Brown. The motion passed 6/0/0.

Old Business:

- Discussion of open position, reappointments and review of relevant ordinances (most current edition)

In February, there will be 3 open positions – 2 regular and 1 alternate.

The Commission reviewed its ordinances. A discussion ensued and the Commission would like to, in the near future, revamp the ordinances.

Continued discussion of future programming: medication management and substance/alcohol abuse in the elderly and disabled population

The date is set for Wednesday, March 25, 2020 at 1:00pm in the All Purpose Room 1 in the LP Wilson Community Center. The speaker, from CT Clearinghouse, will present the program “Change the Script” and focus on medication management. Liaison Joyce will create the flyer for the program and ensure that it gets into the February & March Senior Center newsletters. This topic will be discussed further during the February meeting.

Review of Capital Improvement Program drafted request letter

Chairperson Silliman-Avedisian read the proposed letter that she drafted requesting that a study be done for improvements, safety measures, signs, education, etc. to improve pedestrian safety and walkability in the center of town. She will submit the CIP letter.

Review and Update COAPD Flyer

The updated COAPD flyer was reviewed during the meeting. Liaison Joyce will run it by Enita Jubrey, ask about printing the flyer, and redistribute the flyer to the group for final authorization to move forward with printing.

New Business:

LP Wilson Community Center Access to Renovated Bathrooms and Other Areas

Commissioner Roby mentioned that the bathrooms are locked in the back hallway of LP Wilson on the weekends. She would like to have them unlocked as the Senior Fitness Center is open on Saturdays. Liaison Joyce will follow up with Rich Henderson, Assistant Recreation and Leisure Services Director, and ask him to respond to Commissioner Roby regarding her request.

Discussion on Hartford Courant Article on Community Health Workers

Commissioner Roby mentioned an article that she came across in the Monday, December 30th Hartford Courant article regarding Community Health Workers. She explained that this individual would fall under Social Services and that the person should have strong medical knowledge. A discussion ensued. This is a topic that the Commission is interested in following and pursuing.

ADA – 30th Year Discussion

Commissioner Brown mentioned that she had been in contact with the Director of the Connecticut State Independent Living Council inquiring about any events being held celebrating the 30th Anniversary of ADA.

Windsor Dial-a-Ride program

Commissioner DeBetham-Taylor noted that a friend had signed up for Dial-a-Ride for out of town medical rides and could not schedule a ride on a particular day because it was too early. When she called back, she was notified that DAR was booked up for that particular day. Liaison Joyce asked for the woman to contact her to discuss this further and come to a resolution.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:14pm was made by Commissioner DeBetham-Taylor and seconded by Commissioner Roby. The motion passed 6/0/0.

Respectfully Submitted,
Rebecca Joyce