



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
March 3, 2020

OFFICIAL MINUTES

Commissioners Present: Amy Silliman-Avedisian, Marsha Brown, Linda Rickard, and Kathy Roby

Commissioners Excused: None

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: Member of the Public, Charles Jackson

Called to order at 7:00 PM by Chairperson Amy Silliman-Avedisian

Communication from Commissioners:

Commissioner Brown noted that she had difficulty accessing the town website. I asked her to send me her concerns and that I would share them with the IT Department.

She also shared with the group that she noticed a gentleman with a walker having difficulty entering the front door of the post office located in the center of town. She mentioned that the post office does not have automatic door openers. She handed out a copy of the Architectural Barriers Act of 1968 and noted that this covers public buildings.

Commissioner Roby mentioned that idea of holding a program with a Doctor of Physical Therapy (DPT) to provide tips for balance, and how to get up properly if you fall. Liaison Joyce noted that the Senior Center has had programs on these topics in the past but that another one, to provide reminder tips, could be scheduled again.

Commissioner Rickard mentioned that another meeting regarding the street diet and quieting the streets in the center of Windsor would be held on Tuesday, March 4, at 5:00pm at Jim's Pizza Restaurant. She also provided an update on the first meeting, which was held at the Windsor Station Apartments. She mentioned that there were four speakers including the Town Manager from West Hartford, CT and that they spoke about steps that were taken in their own towns. She felt that the facilitators should have directed the conversation to the streets in Windsor. She did mention that after the meeting people were able to speak one on one and that the Town Manager, Peter Souza, and Councilor Jim Govoni were present.

Communication from Liaison: Liaison Joyce provided an update on Senior Services. She mentioned that she, Lauri Volkert and Danielle Tapper launched the first session of the Aging Mastery Program that morning and that it went really well. They are all very excited for the next 9 weeks of the program.

Communication from the Public: Mr. Charles Jackson attended the meeting to inquire about assistance for a gentleman that he is concerned about. A discussion ensued. The Commission suggested that he talk with someone from Social Services as a starting point.

Approval of the Minutes from the January 7, 2020 and February 4, 2020 meetings:

A motion to approve the minutes, as corrected, from the January 7, 2020 meeting, was made by Chairperson Silliman-Avedisian and seconded by Commissioner Roby. The motion passed 4/0/0.

A motion to approve the minutes, from the February 4, 2020 meeting, was made by Commissioner Roby and seconded by Commissioner Brown. The motion passed 3/0/1.

Old Business:

Discussion of open positions and reappointments

Currently, we have 3 Commissioners and 1 Alternate.

There are 3 open positions – 2 regular and 1 alternate.

Chairperson Silliman-Avedisian would like to add to the April Agenda a discussion on assigning a new chairperson.

Continued discussion of “Medication Management” Program, assign tasks

The date is set for Wednesday, March 25, 2020 at 1:00pm in the All Purpose Room 1 in the LP Wilson Community Center. Liaison Joyce distributed the flyer for the program and asked that all help spread the word.

Review of Capital Improvement Program drafted request letter (update)

Chairperson Silliman-Avedisian read her draft letter to the group and the topic of possible educational videos was discussed. Liaison Joyce mentioned that the Town of Windsor had created some videos and posted them to the website and You Tube regarding road safety.

Review and authorize COAPD Flyer

The COAPD flyer was reviewed and approved by the group. Liaison Joyce will look into printing options and share information at the next meeting.

A motion to approve the COAPD Flyer

A motion to approve the COAPD Flyer was made by Commissioner Rickard and seconded by Commissioner Roby. The motion passed 4/0/0.

Feedback on Ludlow Room parking, accessibility, lighting

Most everyone attending the meeting entered through the south side entrance, with the sliding door, in the rear of town hall. Liaison Joyce arrived first and let members of another meeting into the building and learned how to unlock that entrance of the building. The lights automatically go on when entering the vestibule. Everyone enjoyed the Ludlow Room and are happy to have made the move.

Follow-up to LP Wilson Community Center Access to Renovated Bathrooms

Commissioner Roby will set up a time to walk through LP Wilson and will report back any concerns – for example she mentioned that some doorknobs are round handles and some are flat lever style doorknobs. The round doorknobs can be difficult for people with arthritis to maneuver.

New Business:

Pedestrian Safety/Windsor Center/other pedestrian area

Please see remarks from Commissioner Rickard above.

Transportation Options

Liaison Joyce mentioned that there will be a presentation at the Windsor Senior Center regarding transportation options which is scheduled for Friday, March 20, 2020. She will email the group all of the information on this program.

Strategy for Seeking Reappointments

Liaison Joyce will print out the write up drafted by Commissioner Roby and bring to the April meeting and this topic will be added to the April agenda.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:18pm was made by Chairperson Silliman-Avedisian and seconded by Commissioner Rickard. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce