



Town of Windsor  
Commission on Aging and Persons with Disabilities  
Special Meeting  
September 22, 2020

## **OFFICIAL MINUTES**

**Commissioners Present:** Amy Silliman Avedisian, Marsha Brown, and Kathy Roby

**Commissioners Excused:** None

**Commissioners Unexcused:** None

**Liaison Present:** Rebecca Joyce

**Also Present:** N/A

**Called to order** at 7:15pm by Chairperson Kathy Roby

**Communication from Commissioners:**

Commissioner Brown brought up the topic of resources for disabled residents. This topic will be added to the October agenda.

**Communication from Liaison:** N/A

**Communication from the Public:** N/A

**Approval of the Minutes:**

N/A

**Old Business:**

None

**New Business:**

**Role of the Commission in Coronavirus Awareness  
Development/Scheduling/Presentation**

-A discussion continued regarding offering a special program on "Depression/Anxiety/Isolation" as a result of the "Stay Home/Stay Safe" order. The Commission feels this is an important topic to cover during the holiday season. Commissioner Brown reached out to Maureen McIntyre from NCAAA but was unable to secure a speaker and Liaison Joyce inquired with Social Services. Currently, the group is still working on presenters and this will be added to the October agenda for further discussion.

- The discussion on offering 15 minute webinars on how to prepare for and have a TELEHEALTH VISIT with your MD, Flu Vaccine Information, Hand Hygiene, Facts not Fiction in COVID19, continued and the idea of presenting short 15-20 minute PSA's on WIN TV was discussed. Liaison Joyce suggested presenting it as a series and will send an email to make the connection between the Commission and Jenny Hawran, WINTV. This conversation will continue during the October meeting.

With regard to the topic of Flu Shot Clinics, a discussion ensued regarding the Windsor Senior Flu Shot Clinic being held on Thursday, October 1, 202 at the LP Wilson Community Center. Chairperson Roby expressed concerns about the online registration process being difficult for seniors. Liaison Joyce did mention that if anyone has trouble registering online, they could always call the Windsor Health Department for assistance. Transportation was also discussed and Liaison Joyce explained that DAR is providing transportation to Dial-a-Ride members but that seating is limited on the buses at this time – only 3-4 people can ride on a bus at one time. Right now, Dial-a-Ride is providing transportation for medical appointments, grocery shopping, pharmacy pick up. Transportation will be provided to the Windsor Senior Flu Shot Clinic for Dial-a-Ride members. Commissioner Brown and Commissioner Silliman Avedisian will reach out to Hartford Healthcare and Trinity/St. Francis to find out about other Flu Shot offerings in the area. Once a flyer is created, it will be sent to Liaison Joyce to print out and will be distributed.

**Motion to adjourn the meeting:**

A motion to adjourn the meeting at 7:53pm was made by Commissioner Silliman Avedisian and seconded by Commissioner Brown. The motion passed 3/0/0.

Respectfully Submitted,  
Rebecca Joyce