



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
May 4, 2021

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Marsha Brown, Sharon Gauthier, Charles Copeland, and Linda Massa

Commissioners Excused: David Pekarski

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:20pm by Chairperson Kathy Roby

Communication from Commissioners:

Chairperson Roby mentioned the Trucks, Traffic and Trash meeting scheduled for May 5th at 6:30, a virtual via Zoom or in-person meeting at Town Hall. Representatives Jane Garibay, Tami Zawistowski, Bobby Gibson, Brendon McGee, Mayor Trink and Councilors Nuchette Black Burke, and Lisa Bress along with Town Manager Peter Souza and Windsor Police Chief Melanson will be present.

Communication from Liaison: Liaison Joyce provided an update on Senior Services and mentioned that May is Older American's Month. She also noted that more and more activities are resuming at the Senior Center including the Walking Club and the Quilting Club.

Communication from the Public: None

Approval of the Minutes from the April 6, 2021 meeting:

A motion to approve the minutes from the April 6, 2021 regular meeting was made by Commissioner Gauthier and seconded by Commissioner Massa. The motion passed 4/0/1. Commissioner Brown abstained as she was unable to preview the April draft minutes.

Old Business:

- COVID Vaccine slides for WIN TV PSA: Status

Liaison Joyce reported that the COVID Vaccine Presentation created by Commissioner Pekarski are currently being aired on WINTV.

- Vaccine Outreach to Windsor minority populations including Hispanic residents: Status

Liaison Joyce reported that Commissioner Massa provided the Spanish translation for the outreach flyer and that the cover letter and both English and Spanish flyers were mailed out using the address labels that Commissioner Brown provided.

- Senior Services Spring Program – Review details prior to first session, May 5, 2021:

Speakers: have been confirmed for all three sessions to include Session I: Rebecca Hajosy, Esq. Eldercare Attorney who will speak on documents needed to support families in decision making during a crisis; Session II: Krista Moreu, Director of Clinical Operations, CT Community Care, will provide the topic of “Community Supports to Help You Age in Place”; and Session III: Commissioner Gauthier, Certified Gerontologist, will speak on the concerns with dementia and tools people can use to identify issues with memory, what they can do to support their care needs

Publicity: the series is listed in 1200 copies of the Senior Center newsletter, posted on social media, the town website, press releases, and through email blast.

WINTV recording/broadcast: Rebecca Joyce met with Jenny, Jamil and Howard from WIN TV, to discuss recording the presentation to be aired on WINTV. Everything is in place and details have been finalized. The program will follow a hybrid format which will allow participants to attend in person at the Senior Center or via Zoom.

- Senior Resources Booklet (Enfield): Liaison Joyce

Chairperson Roby asked that each Commissioner work on updating a section of the Senior Resource Booklet. She will email each Commissioner a section and this topic will be discussed at the next meeting.

- Potential New Program: Relieving Caregiver Stress

Liaison Joyce provided an update and explained what she had learned from speaking with Jasmine Hall and Deb Sheldon in Social Services. A Caregiver Support Group was held through Social Services in the past but is not currently being held at this time.

Liaison Joyce will invite Jasmine Hall, Social Services Coordinator, to the June meeting for further discussion of this topic. Commissioner Gauthier will reach out to some of her contacts regarding this topic, as well.

New Business:

None at this time

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:55pm was made by Commissioner Brown and seconded by Commissioner Massa. The motion passed 5/0/0.

Respectfully Submitted,
Rebecca Joyce