



Town of Windsor
Commission on Aging and Persons with Disabilities
Special Meeting
October 5, 2021

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Marsha Brown, Charles Copeland, Marva Douglas, Sharon Gauthier, and Linda Massa

Commissioners Excused: David Pekarski

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:06pm by Chairperson Kathy Roby

Communication from Commissioners:

Commissioner Copeland explained the Service Learning Project that he is trying to coordinate for his Girls Soccer Team. As their home base is at LP Wilson, Commissioner Copeland would like the project to originate at LP Wilson and benefit the senior population. He will connect with Liaison Joyce to discuss a project that his team can work on.

Commissioner Gauthier asked about the upcoming Windsor Senior Health Fair. She mentioned that the Lion's Club could perform vision screenings. Liaison Joyce noted that all vendors have already been finalized for the fair but that potentially screenings could be scheduled at the Senior Center in the future. Commissioner Gauthier will connect with Senior Center staff.

Chairperson Roby mentioned a Bereavement Group that Carmon's Funeral Home had facilitated in the past. She noted that it was not called a "Bereavement Group" but rather a Widow/Widowers Group. A discussion ensued. Liaison Joyce noted that Senior Center staff had been in contact with Carmon's to discuss this. An update will be provided at the next meeting.

Commissioner Massa mentioned the potential need for a Bereavement Group for those who have lost a pet and the importance of that. She noted that the town of West Hartford currently offers this and that she would check in with them for more information.

Communication from Liaison:

Liaison Joyce provided an update on Senior Services and spoke about the upcoming Senior Health Fair which is planned for Thursday, October 7, as an outdoor event. She also provided an update on improvements made to the LP Wilson facility including the handicap buttons installed in the restrooms and the uneven flooring in the end of the gymnasium hallway that has been filled in. She continued to mention that the town is awaiting a quote from LE Whitford to have the round doorknobs replaced with a lever style door handle. Chairperson Roby asked about braille signs and Liaison Joyce mentioned that there may be some shifting of program space in the building and that braille signs could be installed.

Communication from the Public: None

Approval of the Minutes from the September 15, 2021 meeting:

These minutes will be tabled and voted on at the November meeting.

Old Business:

- Senior Services Resources Booklet

Update from members on sections – Sections have been received from Chairperson Roby and Commissioners Massa and Brown. Chairperson Roby spoke with Commissioner Douglas regarding her section and the UCONN Nursing Students updated the Finance and Transportation Section. Liaison Joyce mentioned that the UCONN Nursing Students have been updating the format of the document and inserting the information received from the Commissioners.

Plan for editing and final approval – A date of November 15 was decided on to submit a final draft document to the Commission for their review and edits.

Plan for obtaining funds for printing – Liaison Joyce will research the cost of printing 50 copies or see how many could be printed with the available budget of \$250. A discussion ensued regarding distribution of the booklet and Chairperson Roby noted that she spoke with the American Legion and VFW who have agreed to post the document electronically. She asked the Commission to prepare a final list of websites and distribution ideas to present at the November meeting.

- Caregiver Stress Relief Programs: New or promote existing?

This topic has been tabled and will be discussed during the November meeting.

- Upcoming Meeting Dates, in person in or via Zoom?

The Commission has decided that a hybrid format for meetings will begin in January 2022. Liaison Joyce confirmed that the group will meet in the Ludlow Room at Town Hall as well as via Zoom.

New Business:

- Revise the Flu Vaccine PSA and run on WINTV

Liaison Joyce noted that the PSA would need to be updated with current information to be run on WINTV. The Commission will update the PSA to be aired on WINTV. Liaison Joyce will send a reminder email.

- Assistance with Health Fair

Liaison Joyce provided an update and mentioned that the list of vendors is complete. As in year's past, she will have a table set up for the Commission on Aging and Persons with Disabilities. She mentioned that Commissioners Massa and Gauthier would be present to provide information. Commissioner Massa also mentioned that she would be donating her time and offering a Blood Pressure Clinic at the Windsor Senior Center every 1st and 3rd Wednesday. A discussion ensued regarding protocol if a person's blood pressure results are high. Liaison Joyce noted the protocol that the Senior Center follows. The Commission discussed contacting Public Health Nurse, Jeni Waldo, to inquire about her protocol.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:51pm was made by Commissioner Copeland and seconded by Commissioner Gauthier. The motion passed 6/0/0.

Respectfully Submitted,
Rebecca Joyce