



Town of Windsor
Commission on Aging and Persons with Disabilities
Special Meeting
November 3, 2021

OFFICIAL AND DRAFT MINUTES

Commissioners Present: Kathy Roby, Marsha Brown, Charles Copeland, Marva Douglas, Linda Massa, and David Pekarski

Commissioners Excused: Sharon Gauthier

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce was absent

Also Present: None

Called to order at 7:04pm by Chairperson Kathy Roby

Communication from Commissioners:

Chairperson Roby introduced newly appointed commissioner, Marva Douglas. Commissioner Copeland described the Service Learning Project that he coordinated for his Girls Soccer Team. He spoke with Liaison Joyce who explained a variety of opportunities/suggestions. As their home base is at LP Wilson, Commissioner Copeland was hopeful the project would benefit the senior population. He decided on a Food Drive which helped Groceries to Go, a supplemental food program for seniors. His team raised over \$300 in donations. Chairperson Roby provided an update on Senior Services provided by Liaison Joyce.

Communication from the Public: None

Approval of the Minutes from the September 15, 2021 meeting:

A motion to approve the minutes from the September 15, 2021 meeting was made by Commissioner Pekarski and seconded by Commissioner Copeland. The motion passed 6/0/0.

Approval of the Minutes from the October 5, 2021 meeting:

A motion to approve the minutes from the October 5, 2021 meeting was made by Commissioner Douglas and seconded by Commissioner Copeland. The motion passed 6/0/0.

Old Business:

Annual Health Fair – Update

Report from Liaison Joyce: The Outdoor Health & Harvest Fair was a huge success! I received so much positive feedback on how folks enjoyed the fair held outdoors this year. I wish we could offer it outside all of the time. People were just so happy and the overall mood was so positive. Jeni Waldo and her team distributed over 120 flu shots and even more attended the outdoor fair. It could not have gone any smoother. I arrived at 6:45am to get the morning going. DPW arrived at 7:30am to set up the tables and chairs outdoors, which left only ½ hour to get everything all set up in order for us to welcome our vendors (24 in all!) and it all went so smoothly.

FLU PSA WIN TV

Commissioner Pekarski will update the PSA

Lion's Club – Vision Screenings – Update from Commissioner Gauthier

This topic was tabled as Commissioner Gauthier was not present at the meeting and will be reporting on this.

Widow to Widowers Group: Follow up on any contact or info from Carmon's?

Carmon's Bereavement Support Group will be held at the Senior Center, beginning on November 17, and will be held every 1st and 3rd Wednesday from 11am-12pm.

Commissioner Massa placed a call to Mary's Place regarding a Pet Bereavement Support Group. She is awaiting a call back.

Senior Resources Booklet

Update from members on sections – None

Plan for editing and final approval – Chairperson Roby suggested scheduling a special meeting within the next 2 weeks to review, edit, and revise booklet so that the final draft could be completed by the UCONN Nursing Students with the assistance of Liaison Joyce prior to the students' final visit to the Senior Center the first week of December. Chairperson Roby will contact group with date and time of special meeting. The meeting will be planned as a hybrid meeting. Each Commissioner should have a hardcopy of the booklet for editing.

Plan for obtaining funds for printing – Update from Liaison Joyce: funds for printing – The Commission has a budget of \$250.00. Print Hub, a local business in town, has provided a quote for a quantity of 175 booklets for \$250.00. This would be an 8 ½ x 11 size, 20 page booklet, standard print paper with black & white print for all pages except the booklet cover which would be a heavier card stock and would also have some color. This should fit all content in a 14 or larger size font.

Motion to approve Scheduling of Special Meeting:

A motion to approve the suggestion of a special meeting was made by Commissioner Douglas and seconded by Commissioner Brown. The motion passed 6/0/0.

Caregiver Stress Relief Programs: New or promote existing?

This topic has been tabled and will be discussed after the completion of the Senior Resource Booklet.

New Business:

Update on COVID Boosters: Is there a need for a PSA on Boosters?

Chairperson Roby reported that a Moderna Booster Vaccine Clinic will be held at 330 Windsor Avenue every Thursday from 10am-12pm. You must pre-register.

Facility Updates

Update from Liaison Joyce - Door handle work should be completed in the next few weeks. The trip hazard (cracked and missing strip of tiles) in the back hallway of LP Wilson has been filled in and repaired. As far as braille signs, the office and program space is going to be shifted around and at that time, braille signs will be installed. Work to be done potentially in the summer of 2022.

Chairperson Roby requested that Commissioner Massa walk though LP Wilson and make suggestions for improvements for aging and disabled persons.

Capital Improvement Program for FY23 – FY28 – requests

Chairperson Roby questioned how many computers are at the Senior Center and where they are located. Commissioner Brown noted that braille signs are not used by those with low-vision and not by all blind people. She suggested large print signs. She also knows someone who can provide a presentation on Assistive Technology (Low Tech Devices) and will also look into Living Aid Catalogs being placed at the Senior Center.

COAPD 2022 Meeting Schedule

The group reviewed the meeting schedule. It has been confirmed that a hybrid format for future meetings can be scheduled at this time.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:55pm was made by Commissioner Copeland and seconded by Commissioner Douglas. The motion passed 6/0/0.

Respectfully Submitted,
Rebecca Joyce
(Minutes taken by Linda Massa)