



Town of Windsor  
Commission on Aging and Persons with Disabilities  
Special Meeting  
December 7, 2021

## **OFFICIAL MINUTES**

**Commissioners Present:** Kathy Roby, Marsha Brown, Sharon Gauthier, and Linda Massa

**Commissioners Excused:** Charles Copeland, Marva Douglas and David Pekarski

**Commissioners Unexcused:** None

**Liaison Present:** Rebecca Joyce

**Also Present:** None

**Called to order** at 7:25 pm by Chairperson Kathy Roby

**Communication from Commissioners:**  
None

**Communication from Liaison:**

Liaison Joyce provided an update on Senior Services and spoke about the status of the AARP Tax-Aide Program, mentioned Senior Services recent visit to the 3 Windsor Housing Sites, the upcoming UCONN Nursing Student presentations, all the special events happening at the Senior Center for the holidays, and also mentioned that Massage Therapy has resumed at the Senior Center.

**Communication from the Public:** None

**Approval of the Minutes from the November 3, 2021 meeting:**

A motion to approve the minutes from the November 3, 2021 meeting, as corrected, was made by Commissioner Brown and seconded by Commissioner Gauthier. The motion passed 4/0/0.

**Old Business:**

**Senior Resources Booklet**

Liaison Joyce shared her screen via Zoom to allow the group to view and review the Senior Resource Booklet and she mentioned her concerns with the spacing of the document. The group reviewed and approved the layout. Liaison Joyce will look through the document again for consistency with spacing. The group reviewed all of the listings and the entire document. Liaison Joyce will go through and make necessary corrections and will then submit the document for approval. Once approved, she will then submit the document for printing. Print Hub in Windsor has provided a quote for a quantity of 175 booklets for \$250.00 however with the document being longer now, we may not receive as many copies. It will be an 8 ½ x 11 size booklet with standard print paper with black & white print for all pages except the booklet cover which would be a heavier card stock and would also have some color. This should fit all content in a 14 or larger size font.

### **Lion's Club – Vision Screenings – Update from Commissioner Gauthier**

Commissioner Gauthier mentioned that the Lion's Club could schedule this offering at the Senior Center. She will provide some possible dates for a springtime offering at the Senior Center at the next meeting. A discussion ensued. Commissioner Brown noted that she would pull together information on a variety of eye related diseases and complications and provide the information at a table during the visions screenings.

### **Update on COVID Boosters: Is there a need for a PSA on Boosters?**

The group decided that creating a PSA to be aired on WINTV would be beneficial. Commissioner Gauthier will work with WINTV and schedule a time to record the PSA. Chairperson Roby will create the PSA slides and provide to Commissioner Gauthier. Along with the PSA, Commissioner Brown suggested a one page flyer to be mailed out. Chairperson Roby will create the flyer and Commissioner Massa will stuff the envelopes, prepare them to be mailed out, and post flyers throughout town.

### **Widow to Widowers Group: Follow up**

Carmon's Bereavement Support Group has been held at the Senior Center, as of November 17, and held every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday from 11am-12pm. Liaison Joyce noted that it is a wonderful offering, and that there are on average 6 attendees from week to week. We are hopeful that information on this support group will reach those who can benefit from attending.

Commissioner Massa placed a call to Mary's Place regarding a Pet Bereavement Support Group and they mentioned to her that she could start a group here in Windsor. She is planning to follow up with the group already being offered in West Hartford for more information. She noted that she is also working with Kim, Animal Control Officer, here in Windsor.

### **Facility Updates**

Update from Liaison Joyce – the door handle work at LP Wilson has been completed for all program rooms used by the public. As far as braille signs, the office and program space may be shifted around in 2022 and at that time, braille signs will be installed. Work to be done potentially in the summer of 2022.

### **Capital Improvement Program for FY23 – FY28 – requests**

Chairperson Roby asked what the deadline is for suggestions regarding the CIP Program for FY 23-FY28. Liaison Joyce mentioned that she would confirm and report back to the group. Chairperson Roby asked Liaison Joyce for suggestions and she noted that there have been requests made to have the outdoor tennis courts at LP Wilson resurfaced and mentioned that was included in with the Capital Improvement Program.

### **COAPD 2022 Meeting Schedule**

The next meeting date of January 4, 2022 was confirmed and Liaison Joyce reminded the group that this would be the first hybrid meeting, held at Town Hall in the Ludlow Room as well as via Zoom.

### **New Business:**

#### **Project/Program Ideas for Spring 2023**

Topic was not discussed

#### **Motion to adjourn the meeting:**

A motion to adjourn the meeting at 8:10pm was made by Commissioner Gauthier and seconded by Commissioner Brown. The motion passed 4/0/0.

Respectfully Submitted,  
Rebecca Joyce