



Town of Windsor  
Commission on Aging and Persons with Disabilities  
Regular Meeting  
March 1, 2022

**OFFICIAL MINUTES**

**Commissioners Present:** Kathy Roby, Marsha Brown, and Linda Massa

**Commissioners Excused:** Charles Copeland, Marva Douglas, Sharon Gauthier, and Dave Pekarski

**Commissioners Unexcused:** None

**Liaison Present:** Rebecca Joyce

**Also Present:** Representative Jane Garibay

**Called to order** at 7:08pm by Chairperson Kathy Roby

**Welcome Guest Speaker Representative Jane Garibay:** Chairperson Roby welcomed Representative Garibay, asked her to explain what is happening at the State level, and also asked if there is any way the Commission can be of assistance. Representative Garibay explained to the group that she has been appointed Chairperson of the Aging Committee this year. She also explained HB 2107 and that there would be a hearing on this on March 8<sup>th</sup>. This bill asks for more funding for Adult Day Health Centers as well as to provide transportation to day centers. Representative Garibay explained that people may submit letters in support of this bill. She mentioned other bills that have been worked on, as well, relating to transportation for individuals in wheelchairs and receiving cash refunds for gift card balances. She also mentioned a registry for people who are guilty of crimes against the elderly. Chairperson Roby noted that DSS has this type of registry. A discussion ensued.

Representative Garibay mentioned that the Commission can help by supporting HB 2107 on March 8<sup>th</sup> and also could choose 2 or 3 topics that the Commission is passionate about and feels would be worth proposing/working on. Rep. Garibay would like to meet with the Commission again over the summer months or early fall, before the next session to discuss possible topics that could be addressed.

Lastly, Representative Garibay noted that they are working on a plan with First Town Downtown for Windsor Center and slowing down traffic in this area. She feels that it is important to have our seniors support on this.

**Communication from Commissioners:**

None

**Communication from Liaison:**

Liaison Joyce provided an update on Senior Services and mentioned the programs that are upcoming in the month of March including a Pasta Making Class, two celebrations for St. Patrick's Day, a diabetes nutrition workshop, scam prevention presentation, pre-planning program with Carmon's Funeral Home, and the return of two evidence based programs, the Aging Mastery Program and Tai Ji Quan Moving for Better Balance.

**Communication from the Public:** None

**Approval of the Minutes from the February 1, 2022 meeting:**

Approval of the February 1, 2022 minutes has been tabled until the April meeting.

**Old Business:**

## **Senior Resource Booklet**

Liaison Joyce mentioned that the booklet was sent to the printer and should be received soon. Commissioner Brown suggested updating the booklet annually. Chairperson Roby asked the Commissioners to collect updated information for their sections throughout the summer and that when we reconvene in the fall, Commissioner could work on updating the booklet for a 2023 issue.

## **Lion's Club/Senior Services Vision Screenings – Update from Commissioner Gauthier/Liaison Joyce**

Commissioner Gauthier was absent from the meeting so Liaison Joyce provided an update.

She confirmed that the Lion's Club Vision Screenings at the Windsor Senior Center is scheduled for Tuesday, May 24<sup>th</sup>. A planning meeting with Lion Cindy Daniels - Windsor Lion, James Pfeifer - Lion's Present and Senior Center Coordinator Rebecca Joyce was held on Wednesday, February 2<sup>nd</sup>. The ball is rolling. Everything was discussed from date and time of the event, number of appointments per hour, registration process, location of screenings, flow of traffic, who would be present and who would help with the event, booths available the day of the event, media to promote the event and as follow up, transportation, etc. Liaison Joyce will send an email to the group outlining what the Commission can help with the day of the event.

## **Update on COVID Booster PSA created by the Commission**

Commissioner Pekarski was absent from this meeting. Chairperson Roby asked the group what their thoughts were on proceeding with this PSA. The group did agree that offering this PSA would still be important. Chairperson Roby mentioned that she would try to create the slides and work with WINTV to schedule a time to provide the voice over for the PSA.

## **Independence Unlimited Program**

Commissioner Brown mentioned her conversation with Gary Allen, Independence Unlimited, who presented this program on Independent Living Aids at other senior centers. Commissioner Brown would like to come up with a new name for the presentation possibly "Living with Low Vision." Liaison Joyce will provide a few dates to Commissioner Brown to decide on a date to hold the program at the Windsor Senior Center. A discussion ensued. Liaison Joyce mentioned that hybrid is an option, virtual is an option but at the time of this presentation, masks will likely be optional in the Senior Center. This topic will be added to the April agenda for further discussion.

## **Community Engagement Specialist to speak regarding disability rights**

Commissioner Brown suggested that the Commission visit the website: [www.disrightsct.org](http://www.disrightsct.org).

At this time, Commissioner Brown suggested holding off on this topic until after the Low Vision program is held.

## **VA Benefits follow-up program at Senior Center**

Tabled until April meeting

## **New Business:**

### **Lions Club Craft Show Booth (Sr Services/Commission)**

Commissioner Gauthier was absent from this meeting so Liaison Joyce provided an update on this topic. She noted that at this time, Senior Services staff is busy throughout the workweek and providing Senior Center evening programs so at this time, staff may not be able to attend the Craft Show, however, Senior Services is hoping to be present at some of the upcoming events the town offers throughout the year.

### **CVS Window Display Update – Commissioner Gauthier**

Tabled until April meeting

## **Motion to adjourn the meeting:**

A motion to adjourn the meeting at 8:17pm was made by Commissioner Massa and seconded by Commissioner Brown. The motion passed 3/0/0.

Respectfully Submitted,  
Rebecca Joyce