



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
April 5, 2022

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Marsha Brown, Marva Douglas, Linda Massa and Dave Pekarski

Commissioners Excused: None

Commissioners Unexcused: Charles Copeland

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:00pm by Chairperson Kathy Roby

Communication from Commissioners:
None

Communication from Liaison:

Liaison Joyce provided an update on Senior Services and mentioned the programs that are upcoming in the month of April including Coffee Hour with Mayor Trinks, the April Spring Fling with entertainment, the FREE Rise n' Shine Breakfast, and outdoor adventure clubs such as the Hiking Club, Biking Club and monthly kayak trips. She also mentioned that the Senior Center is now accepting the Silver & Fit and Active & Fit benefit which offers patrons with certain insurance coverage a free membership to our Fitness Center, similar to the existing program Renew Active. Lastly, she provided an update for Social Services mentioning that the Renter's Rebate Program began on April 1st and that Social Services is completing application by phone, by appointment only. She also made mention of the Summer Camp Scholarships available to Grandparents raising Grandchildren.

Liaison Joyce also notified the group that Commissioner Sharon Gauthier submitted her letter of resignation effective immediately. A discussion ensued regarding the open position and number of alternates. The question of how many alternates can the COAPD have was asked? Liaison Joyce confirmed that this Commission can have two alternates at one time.

Communication from the Public: None

Approval of the Minutes from the February 1, 2022 meeting:

A motion to approve the minutes from the March 1, 2022 meeting, was made by Commissioner Douglas and seconded by Commissioner Massa. The motion passed 5/0/0.

Approval of the February 1, 2022 minutes will be voted on during the May meeting.

Old Business:

Senior Resource Booklet – Response to Release

Liaison Joyce mentioned that the booklet has been distributed to both libraries, Social Services, and Town Hall. She also mentioned that many copies have been picked up at the Senior Center. Chairperson Roby said she spoke with someone who had picked up a copy at the Main Library and that she received positive feedback on the booklet.

Lion's Club/Senior Services Vision Screenings – Update from Liaison Joyce

Liaison Joyce provided an update noting that she had been in contact with Cindy Daniels, that the sign-up sheets had been created and that the information would be shared via website, email blast, flyers, and press release. She also confirmed that the Lion's Club Vision Screenings at the Windsor Senior Center is scheduled for Tuesday, May 24th. Commissioner Brown will create a one page flyer to hand out at the event. Commissioners Massa, Douglas, and Brown said they would be available and happy to help with this event. Liaison Joyce will connect with them and create a schedule.

Update on COVID Booster PSA created by the Commission

Chairperson Roby asked the group what their thoughts are on proceeding with this PSA and the group decided to hold off on this at the current time.

Independence Unlimited Program

Commissioner Brown reiterated that the name for the presentation is "Living with Low Vision." Brown mentioned that the date for the program is Wednesday, June 1, 2022 and the program will be held at the Windsor Senior Center. A discussion ensued. Commissioner Brown noted that there would be two speakers present: Gary Allen and Mark Rafferty. Liaison Joyce mentioned that she would be sure the information was included in the May newsletter in order to start to promote this program. This topic will be added to the May agenda for further discussion.

Community Engagement Specialist to speak regarding disability rights

Commissioner Brown suggested that the Commission visit the website: www.disrightsct.org.

At this time, Commissioner Brown suggested holding off on this topic until after the Low Vision program is held and that the Commission should revisit this topic in September.

VA Benefits follow-up program at Senior Center

Liaison Joyce mentioned that Senior Services staff reached out to the Windsor DTC for contacts to Senator Blumenthal and Senator Murphy's office. Once we receive this information, we will reach out to the appropriate contacts to request a follow up presentation.

New Business:

Lions Club Craft Show Booth (Sr Services/Commission)

Liaison Joyce mentioned that Windsor Senior Services is currently in the process of hiring a Part Time Activities Specialist and that we are hopeful this will allow staff to get out into the community a lot more. She also noted that staff is scheduled with a booth at the upcoming Shad Derby in May.

CVS Window Display Update

Chairperson Roby noted the size of the window and that it is very large and asked the group for their feedback. Commissioner Massa mentioned that she would look into this further with the potential of sharing a window with the Human Relations Commissioner which she is also a member of. She will report back at the next meeting.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:00pm was made by Commissioner Douglas and seconded by Commissioner Brown. The motion passed 5/0/0.

Respectfully Submitted,
Rebecca Joyce