



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
September 6, 2022

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Marsha Brown, Marva Douglas and Linda Massa

Commissioners Excused: Charles Copeland, David Pekarski

Commissioners Unexcused:

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:14pm by Chairperson Kathy Roby

Communication from Commissioners:

Chairperson Roby mentioned the program "UR Community Cares" to the group. She read an article in the Journal Inquirer which alerted her to this organization that connects volunteers to those in need within the community. She briefly explained the program to the group. A discussion ensued. Liaison Joyce connected with some Senior Center personnel in the area who are familiar with this organization to receive further information. In the near future, Liaison Joyce will reach out and schedule an informational presentation with this group and other town staff, including potentially Social Services, Windsor PD, and the Windsor High School Volunteer Program.

Communication from Liaison: Update on Senior Services pertaining to Senior Center Month and upcoming October programs and activities. Liaison Joyce also noted that the UCONN Nursing Students would be providing an educational program on vaccinations including the Flu Shot and the Covid Booster on Thursday, September 29 from 11:00-11:30am in the Senior Center cafeteria. She asked the group to come to the LP Wilson Community Center to see the renovated Senior Center spaces and all that is happening in the building.

Communication from the Public: None

Approval of the Minutes from the June 7, 2022 meeting:

A motion to approve the minutes from the June 7, 2022 meeting was made by Commissioner Brown and seconded by Commissioner Massa. The motion passed 4/0/0.

Old Business:

Living with Low Vision Program: Revision/Update from Commissioner Brown

The group discussed rescheduling this program. Commissioner Brown provided an update and mentioned that she reconnected with the presenters and they are happy to present in the near future. A discussion ensued about promoting future programs. Suggestions were made such as asking Commissioners to distribute flyers throughout the community. Initially, the group thought a date in January would work well however, Commissioner Douglas mentioned that the weather may be an issue at that time, so the group determined that this event should be scheduled for early December. Liaison Joyce will send the group some dates to choose from and will also send the flyer for updating, as well. This event will be discussed further during the October meeting.

Community Engagement Specialist to speak regarding disability rights – Update from Commissioner Brown
Commissioner Brown provided an update and her thoughts about this program. She suggested a panel discussion and mentioned a few individuals that could attend. A discussion ensued pertaining to who should be present at this program. The group will focus on the Low Vision program first and continue to discuss this program as a follow up.

Program regarding Loss of a Pet/Pet Food Drive – Commissioner Massa

Commissioner Massa noted that she had reached out to Mary's Place and hadn't made much progress on this topic. Liaison Joyce mentioned that she would connect with the representatives from Carmon's Funeral Home who lead the Bereavement Group at the Senior Center for potentially more information on how to move forward with this.

New Business:

Windsor Senior Health Fair and Flu Shot Clinic – October 6, 2022: Update PSA for the Flu Clinic; Commissioner Involvement/COAPD Booth at the Health Fair

Liaison Joyce provided an update on the status of this year's Health & Wellness Fair and Flu Shot Clinic including that the Windsor Health Department would be providing the regular quadrivalent flu shot dose and that Stop & Shop Pharmacy would be providing the high dose flu shot. She also noted that there will be approximately 30 vendors in attendance this year and that the Health & Wellness portion of the event will be held in the Senior Center cafeteria. She mentioned that the COAPD would have a booth set up and asked for volunteers to man the booth that day. Commissioner Massa will be in attendance and Kathy Roby will also be attending later in the morning. Chairperson Roby had questioned the possibility of providing the COVID Booster the same day as the Flu Shot Clinic. Liaison Joyce noted that the League of Women Voters would be present and Chairperson Roby plans to connect with them that morning to discuss absentee ballots.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:20pm was made by Commissioner Douglas and seconded by Commissioner Brown. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce