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Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
January 3, 2023

## OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Marsha Brown, Marva Douglas, and Linda Massa
Commissioners Excused: None
Commissioners Unexcused: David Pekarski
Liaison Present: Rebecca Joyce
Also Present: None
Called to order at 7:02pm by Chairperson Kathy Roby

## Communication from Commissioners:

Commissioner Douglas noted that May is Mental Health Month and that she would like to work on hosting a presentation in Windsor. She will contact Liaison Joyce to coordinate a future program/presentation.

Communication from Liaison: Update on Senior Services including upcoming programs and activities such as the 2023 AARP Income Tax Assistance Program, Fitness Center Open House, and upcoming Veterans Rally. Also, informed the group of the new 12 page Senior Services Newsletter including the larger font size. She suggested a section promoting the Commission on Aging \& Persons with Disabilities which will be included in the February edition.

Communication from the Public: None
Approval of the Minutes from the November 1, 2022 Special Meeting:
A motion to approve the minutes from the November 1, 2022 Special Meeting as corrected was made by Commissioner Douglas and seconded by Commissioner Massa. The motion passed 4/0/0.

## Old Business:

Living with Low Vision Program: Update Commissioner Brown
Commissioner Brown provided a recap on this presentation held at the Senior Center on December 12, 2022 noting that there were about 20 people in attendance. Liaison Joyce mentioned that there were more people registered but that the small amount of snow that fell that morning kept some people at home. Commissioner Brown had a conversation with Howard from WINTV after the presentation who agreed to add the printed materials into the edited version of the recorded program. Commissioner Brown mentioned that the presentation is available on WINTV and requested that Liaison Joyce make available the one page flyer informing people how to obtain free Assistive Technology Catalogs. Chairperson Roby requested that thank you letters be sent to the presenters. Commissioner Brown will do so.

Community Engagement Specialist to speak regarding disability rights - Update from Commissioner Brown Tabled, but in the meantime, Senior Services staff will connect with State Representative Garibay to request that she attend the February meeting to provide an overview of the focus/priorities/goals of her committee and then to potentially set a date to do a similar presentation at the Senior Center in the future.

## Program regarding Loss of a Pet/Pet Food Drive - Commissioner Massa

The Commission approved the Loss of Pet Survey and have asked that it be distributed. Liaison Joyce will verify with the TMO that it can indeed be distributed and will then send a google survey via email blast and make hardcopies available in the Senior Center.
Commissioner Massa also mentioned that donations of pet food can be made to A.C.O. Kim Van Wormer at the local Animal Control Office which is located on Marshall Phelps Road. She will send a brief blurb to Liaison Joyce to be added to the Senior Services newsletter.

## UR Community Cares

Liaison Joyce mentioned that she had a conversation with her supervisor regarding this program. She also noted that she was informed that the Commission could request funding for a project like this. This topic will be discussed further in future meetings.

Accessing Benefits you might not know you had - Social Services? With who else? (Fuel assist, emergency phone, food bank, etc.)
Commissioner Douglas will contact the Social Services Department to coordinate a program to be held at the LP Wilson Community Center.

## New Business:

## Marketing Plan to fill vacant slots on this Commission

A section will be added to the February Senior Center newsletter and future issues. A discussion ensued about open positions, potential new members, and reappointments.

Coordinated effort with Health Department/Sr Center to strongly urge vaccines (both COVID/Flu) "It's never too late to be safe" - open discussion of how/what we could do
Chairperson Roby suggested a campaign to promote current COVID/Flu Vaccinations since the current vaccination rates are rather low. She suggested working with WINTV to create a new PSA with 8-10 slides promoting the Windsor Health Department and current vaccines. She will reach out to Commissioner Pekarski to see if he would be willing to work on this project.

Motion to adjourn the meeting:
A motion to adjourn the meeting at 7:59pm was made by Commissioner Brown and seconded by Commissioner Massa. The motion passed 4/0/0.

Respectfully Submitted, Rebecca Joyce

