



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
February 7, 2023

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Marsha Brown, Marva Douglas, and David Pekarski

Commissioners Excused: None

Commissioners Unexcused: Linda Massa

Liaison Present: Rebecca Joyce

Also Present: State Representative Jane Garibay

Called to order at 7:03pm by Chairperson Kathy Roby

Communication from Commissioners:

Chairperson Roby welcomed State Representative Jane Garibay and asked how the Commission could help further support the senior and/or persons with disabilities populations.

State Representative Jane Garibay explained her stance and a conversation ensued. The Commission would like to schedule a 1 hour program where State Representative Jane Garibay visits the Windsor Senior Center. Liaison Joyce will schedule potentially two dates – one during the daytime hours and one as an evening hybrid offering via Zoom.

Communication from Liaison: Update on Senior Services including information on the AARP Tax Team Tax Assistance program being held at LP Wilson, the additional evening & weekend offerings through Senior Services, the status of the Tai Ji Quan Moving for Better Balance grant funded program with 20+ participants, and the upcoming Radio Play being performed by the Windsor Senior Center Players, scheduled for Thursday, February 23 at the local Radio Museum which is being directed by student intern, Brooke Ferguson.

Communication from the Public: None

Approval of the Minutes from the January 3, 2023 Special Meeting:

A motion to approve the minutes from the January 3, 2023 Special Meeting was made by Commissioner Douglas and seconded by Commissioner Brown. The motion passed 4/0/0.

Old Business:

Loss of Pet Program/Survey/Pet Food Drive – Update – Commissioner Massa

Tabled until next meeting when Commissioner Massa is in attendance

Accessing Benefits you might not know you had - Social Services? With who else? (Fuel assist, emergency phone, food bank, etc.)

The Commission didn't have any updates on this topic. Liaison Joyce mentioned that Social Services does promote and market their programming by printing 1000+ copies of their monthly newsletter and Senior Services volunteers stuff them into the monthly Senior Services newsletter and also that Social Services schedules programming appealing to and appropriate for their clients and Windsor residents and promotes these programs and services through this monthly newsletter.

Marketing Plan to fill vacant slots on Commission

Commission members noted that they had submitted their application for reappointment and that they were unsure where they were in the process. Liaison Joyce mentioned that she will check in with Helene at the Town Managers Office and provide an update.

Coordinated effort with Health Department/Senior Center regarding COVID/Flu Vaccines - "It's never too late to be safe".

Liaison Joyce provided an update noting that, at this time, Senior Services would not peruse grant funding for this cause however also noted that Dial-a-Ride transportation is always available to those in need and wishing to attend the mobile vaccination clinics offered by the Windsor Health Department. Also, the four upcoming clinics have been listed in the Senior Services February newsletter.

Liaison Joyce also provided an update on the CPR and First Aide educational program and training for older adults that Chairperson Roby suggested. She spoke with Michael Rosen and Dan Moylan from Windsor EMS and had conversations about scheduling both the Friends and Family Course as well as The AHA Course for Certification – "Heartsaver". Liaison Joyce will work on securing dates for these upcoming programs. This topic will be added to the next agenda.

New Business:**Veteran's Benefits - How can we help to get this information out? VA rep to present to an open audience overview of these and emphasize which benefits can also be accessed by a spouse or a child?**

Chairperson Roby noted how important this information was to her in the past and that it is helpful to spread the word on these benefits. Liaison Joyce mentioned that she had reached out to a couple of individuals in the past to schedule a program at the Senior Center, specifically reaching out to the VA, but was unsuccessful in getting anything on the calendar. She reminded the group of the newly formed "Greater Windsor Veterans Council" as well as the monthly Veterans Coffee Hour held at the Windsor Senior Center on the last Thursday of each month were many of these topics are discussed. She also said that she would make the suggestion of holding a program specifically on this topic to both of these groups with the hopes of scheduling something in the near future.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:47pm was made by Commissioner Brown and seconded by Commissioner Pekarski. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce