



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
April 4, 2023

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Amy Avedisian-Silliman, Marsha Brown, Linda Massa and David Pekarski

Commissioners Excused: None

Commissioners Unexcused: Marva Douglas

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:08pm by Chairperson Kathy Roby

Communication from Commissioners:
None

Communication from Liaison:

Liaison Joyce welcomed back former Commissioner Amy Silliman-Avedisian. We are thrilled to have Amy back with us serving on this Commission.

Update on Senior Services including replay of Radio Play performance at lunchtime in Senior Center on 4/14, update on upcoming Variety Show, resume of Outdoor Adventures including the Hiking Club and Biking Club, April Spring Fling, CIVIC Rec online registration training classes at the Senior Center, update on the status of Outdoor Pickleball Court renovations, and Be Well Windsor programs.

Communication from the Public: None

Approval of the Minutes from the March 7, 2023 Special Meeting:

A motion to approve the minutes from the March 7, 2023 Special Meeting was made by Commissioner Pekarski and seconded by Commissioner Massa. Commissioner Brown abstained from voting as she hadn't been able to review the minutes. The motion passed 3/0/1.

Old Business:

Loss of Pet Program/Survey/Pet Food Drive – Update – Commissioner Massa

Commissioner Massa noted that there is pet food available through Windsor Animal Control. She mentioned also that delivery of pet food is available to those in need. She also mentioned that she spoke with Jasmine Hall, Social Services Coordinator, and will continue to work with her developing a way to distribute pet food to those in need through the Food Bank program. A discussion ensued. Chairperson Roby suggested contacting the local Veterinarians in town to see if they could help with this initiative. Liaison Joyce will add the article, provided by Commissioner Massa, to the Senior Center monthly newsletter and also send it to the Windsor Journal and Journal Inquirer informing the public of these efforts.

Marketing Plan to fill vacant slots on Commission

Liaison Joyce clarified that currently, there is one alternate position available on the COAPD. Chairperson Roby will update the request for new members to be submitted to the Windsor Journal.

A discussion on party affiliation and becoming a member of the Commission followed.

Coordinated effort with Health Department/Senior Center regarding COVID/Flu Vaccines - “It’s never too late to be safe”.

Commissioner Pekarski asked Chairperson Roby to resend COVID/Flu Vaccine PSA slides for updating. Liaison Joyce also provided the scheduled dates for the CPR and First Aide educational program and training for older adults. She coordinated these programs with Michael Rosen and Dan Moylan from Windsor EMS. The Friends and Family Course is scheduled to take place at the Windsor Senior Center on Monday, May 8, and The AHA Course for Certification –“Heartsaver” will be held at the Windsor Volunteer Fire/EMS Building on Bloomfield Avenue on Monday, June 12. Liaison Joyce noted that this information has been added to the May Senior Services monthly newsletter. Chairperson Roby mentioned that she will try to be at the training sessions.

Presentations at Senior Center with Re. Garibay – Follow Up

State Representative Jane Garibay visited the Windsor Senior Center on 4/3/23 at 12:00pm to speak with our patrons at lunchtime. She had about 45 people in attendance. She spoke about and provided updates bills/issues affecting seniors and individuals with disabilities. Chairperson Roby and Commissioner Massa were in attendance at this event. Liaison Joyce noted that she will return to the LP Wilson Community Center for an evening discussion on 4/13/23 at 6:00pm in the AP1 Community Room. Chairperson Roby mentioned that she will try to attend this session, as well.

Review of Resource Booklet

Liaison Joyce mentioned that last year, 150 booklets were purchased with the \$250 COAPD budget and she mentioned that this funding is available again this year. . The group discussed how to proceed. The booklet was divided into sections for each Commissioner to review and update. Liaison Joyce will email a recap to the group as well as reach out to Commissioner Douglas to provide an update and inform her of her section.

New Business:

Explore potential for speaker/presentation from AG’s office on “Elder Justice Hotline” with focus on purpose, access, etc.

The Attorney General’s Office, in cooperation with the Coalition for Elder Justice in Connecticut (CEJC), offers the Elder Justice Hotline, a resource to help older adults in Connecticut seek information, assistance, and justice. Chairperson Roby suggested scheduling a speaker from the AG’s office to present at the Windsor Senior Center on this topic and to provide important information such as what constitutes a mandated reporter, etc. She will reach out to potentially schedule a presentation in the near future.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:58pm was made by Commissioner Silliman-Avedisian and seconded by Commissioner Brown. The motion passed 5/0/0.

Respectfully Submitted,
Rebecca Joyce