



Town of Windsor
Commission on Aging and Persons with Disabilities
Special Meeting
October 3, 2023

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Amy Avedisian-Silliman, Marsha Brown, and Linda Massa

Commissioners Excused: None

Commissioners Unexcused: Marva Douglas and David Pekarski

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:12pm by Chairperson Kathy Roby

Communication from Commissioners: None

Communication from Liaison:

Liaison Joyce provided an update on Senior Services including status of the new LP Wilson Pickleball Courts, info on the new Silver Sneakers Health Benefit, upcoming trips being offered through Collette, status of the Bereavement Support Group, and lastly info on the new Parkinson's Support Group held at the Senior Center.

Communication from the Public: None

Approval of the Minutes from the September 5, 2023 Special Meeting:

A motion to approve the minutes from the September 5, 2023 Special Meeting was made by Commissioner Silliman-Avedisian and seconded by Commissioner Massa. The motion passed 4/0/0.

Old Business:

2023 Senior Health & Wellness Fair – October 12, 2023

Liaison Joyce noted that the date of the fair this year is Thursday, October 12, 2023 from 8:30am-1:00pm. She mentioned that she would have a booth for the COAPD set up and ready to go as in past years. Commissioner Massa and Silliman-Avedisian mentioned that they would be in attendance to man the booth and distribute COAPD materials including the booklets. Liaison Joyce asked that the two commissioners present help with manning the booth as well as helping direct traffic. She also noted that there will be about 30 Health & Wellness vendors in attendance.

Presentation on “Elder Justice Hotline” with focus on purpose, access, etc. - Update

Chairperson Roby mentioned that she was able to watch the WINTV recording of this presentation and was very pleased with the content of the presentation. Commissioner Silliman Avedisian noted that it was a great program and that all went well. She commented that there were about 40 people in attendance.

Flu/Virus Prevention – Coordinate with the Health Department on Education

Chairperson Roby has not been able to tend to this since the last meeting. She did make mention that the Health Department would not be administering the RSV or COVID vaccinations this year, only the Flu vaccinations. Chairperson Roby explained what RSV is.

Ongoing Recruitment for COAPD

Chairperson Roby spoke about the article she submitted to the Windsor Journal as well as the pictures submitted by Liaison Joyce of the recent presentation with the Attorney General. The group talked about updating the COAPD tri-fold brochure. This topic will be added to the next meeting agenda.

New Business:

CT Prescription Drug Program – Speaker/Presentation/Webinar

Chairperson Roby spoke about the CT Prescription Drug Program (ARRAY RX) webinar presentation that she recently attended and explained the program to the group. She also asked the group if a presentation on this topic should be scheduled at the Windsor Senior Center in collaboration with Windsor Social Services. The group will think about this and vote on it during the next meeting.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:54pm was made by Commissioner Silliman-Avedisian and seconded by Commissioner Brown. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce