



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
December 5, 2023

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Amy Avedisian-Silliman, Marsha Brown, Marva Douglas, and Linda Massa

Commissioners Excused: None

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:05pm by Chairperson Kathy Roby

Communication from Commissioners: None

This was the first meeting in person since the COVID19 outbreak. The meeting was held in its new location at the Windsor Senior Center, Senior Lounge. This meeting was held as a hybrid meeting with Commissioner Brown joining virtually. All other Commissioners were present and in person. The new location was approved by the group.

Communication from Liaison:

Liaison Joyce provided an update on Senior Services including information on the upcoming AARP Tax Season and the upcoming Annual Senior Center Holiday Party. She also made mention that the Windsor Senior Services website is now live. Commissioner Brown mentioned the Aging in Place grant and Liaison Joyce spoke about that, provided important information and mentioned that there would be an Intake Session held at the Senior Center on Thursday, December 7 from 10:00am-12:00pm. She noted that staff have been handing out applications, answering questions, and providing contact information. She mentioned that she would forward all of the information to those who hadn't received it in the email blast that was sent out from the Senior Center in late November.

Communication from the Public: None

Approval of the Minutes from the October 3, 2023 Special Meeting:

A motion to approve the minutes from the October 3, 2023 Special Meeting was made by Commissioner Silliman-Avedisian and seconded by Commissioner Brown. The motion passed 5/0/0.

Old Business:

CT Prescription Drug Program – Speaker/Presentation/Webinar

Chairperson Roby spoke about the CT Prescription Drug Program (ARRAY RX). She also asked the group if a presentation on this topic should be scheduled at the Windsor Senior Center in collaboration with Windsor Social Services. A discussion ensued. The group decided that it would be a good idea to support a presentation on this topic. They also agreed that the program should be open to all ages and potentially offered in the evening hours.

Liaison Joyce will connect with Social Services and coordinate the presentation. She will also notify the group of the date that it will be held at the Senior Center.

Motion to approve supporting an educational presentation at the Windsor Senior Center on the CT Prescription Drug Program (ARRAY RX)

A motion to approve COAPD support of an educational presentation at the Windsor Senior Center on the Array RX program was made by Commissioner Silliman-Avedisian and seconded by Commissioner Douglas. The motion passed 5/0/0.

Ongoing Recruitment for COAPD

Chairperson Roby mentioned that she submitted an article to the Windsor Journal explaining the mission of the COAPD and that the group is looking for new members. Liaison Joyce confirmed the open positions. A discussion ensued. Commissioner Massa brought up the CVS window and potentially advertising the group there to attract new members. She will check into that and determine the feasibility of displaying posters or other items in the window. This topic will be added to the January agenda for further discussion.

New Business:

COAPD Brochure

Liaison Joyce sent the group and updated COAPD Brochure. The group will look it over and provide feedback/updates at the January meeting.

2024 COAPD Senior Resource Booklet

This topic will be added to the January agenda. A discussion ensued regarding updating the content, translating the booklet into Spanish, etc. This topic will be further discussed at the next meeting.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:42pm was made by Commissioner Silliman-Avedisian and seconded by Commissioner Douglas. The motion passed 5/0/0.

Respectfully Submitted,
Rebecca Joyce