



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
February 6, 2023

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Amy Avedisian-Silliman, Marsha Brown, and Marva Douglas

Commissioners Excused: Linda Massa

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:07pm by Chairperson Kathy Roby

Communication from Commissioners: Commissioner Brown mentioned that the NCAA is now accepting grant applications and the deadline to submit proposals in March 15. She also mentioned that she sent an email to Liaison Joyce requesting information on the Aging in Place Grant such as how many people were selected to receive the grant funding, from what towns, and what type of projects are to be completed. Liaison Joyce sent an email to her Aging in Place Grant contact and mentioned that she would share the information once she receives it.

Communication from Liaison:

Liaison Joyce provided an update on Senior Services.

Communication from the Public: None

Approval of the Minutes from the January 2, 2024 Regular Meeting:

A motion to approve the minutes from the January 2, 2024 Regular Meeting was made by Commissioner Douglas and seconded by Commissioner Brown. The motion passed 4/0/0.

Old Business:

CT Prescription Drug Program – Speaker/Presentation/Webinar

Liaison Joyce noted that the date of the ARRAY RX Educational Program is scheduled for Thursday, March 7, 2024 from 11:00-11:45am in the Windsor Senior Center café. She also noted that the State of CT Comptroller will be presenting briefly on the program and will also stop table to table to talk with individuals. This program will be promoted through our monthly newsletter, as well as included in the weekly press release, on flyers, and through Social Media.

COAPD Brochure

The group reviewed the brochure again and made comments for changes/updates. They suggested making all font Arial font and bold. The group also discussed changing the Town of Windsor logo from the Senior Center specific logo to the general Town of Windsor logo. Liaison Joyce will provide an updated copy for review during the next meeting.

2024 COAPD Senior Resource Booklet

The group discussed this project including the possibility of offering the booklet in Spanish. A discussion ensued. The group will continue to work on their sections. Liaison Joyce will send the Word version of the latest document to the group.

Ongoing Recruitment for COAPD

Chairperson Roby mentioned that the individual interested in joining the Commission was present at the State Unit on Aging meeting and that she is in the process of becoming appointed. She should be joining the group soon. The advertisement will be put back in the Windsor Senior Center newsletter as space allows.

CVS Windsor Update – Commissioner Massa

This topic will be tabled until the March meeting and will be discussed further upon Commissioner Massa's return.

Suggestions for New Projects for Spring

The group proposed a panel discussion program with organizations such as the NCAAA, CCCI, and DSS. Commissioner Douglas mentioned that we could contact the State Commission on Aging and Disability Services, specifically Deputy Commissioner Suzette DeBetham-Brown. This will be added to the next agenda for further discussion.

New Business:

None at this time

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:59pm was made by Commissioner Silliman-Avedisian and seconded by Commissioner Brown. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce