



Town of Windsor
Commission on Aging and Persons with Disabilities
Special Meeting
March 12, 2024

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Lois Arsenault, Amy Silliman-Avedisian, and Marsha Brown

Commissioners Excused: Marva Douglas and Linda Massa

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:08pm by Chairperson Kathy Roby

Communication from Commissioners: Chairperson Roby welcomed new Commissioner Lois Arsenault to the group. Commissioner Arsenault provided a brief introduction including her background.

Communication from Liaison:

Liaison Joyce provided an update on Senior Services including the status of the AARP Tax Program, this years' Variety Show, new trips that are being offered through Senior Services, as well as the upcoming temporary closing of the Food Bank. Liaison Joyce noted that she would share the details of that temporary closing with the group.

Communication from the Public: None

Approval of the Minutes from the March 6, 2024 Regular Meeting:

A motion to approve the minutes from the March 6, 2024 Regular Meeting was made by Commissioner Silliman-Avedisian and seconded by Commissioner Brown. The motion passed 3/0/0.

Old Business:

CT Prescription Drug Program – Speaker/Presentation/Webinar

Liaison Joyce noted that the ARRAY RX Educational Program, which was held on Thursday, March 7, 2024 from 11:00-11:45am in the Windsor Senior Center café, had a great turnout. She recapped that the State of CT Comptroller presented briefly on the program and also asked for questions from the group. Chairperson Roby commented that her husband was able to attend and she mentioned that his takeaway was that on this program, each individual has their own card; there are no family cards issued. A discussion ensued. The group decided that it was very beneficial to be one of the towns to have scheduled and offered this educational program.

COAPD Brochure

Liaison Joyce provided the final updated brochure to the group. The group agreed that all looks good and copies can be made.

Approval of the Updated COAPD Brochure:

A motion to approve the Updated COAPD Brochure was made by Commissioner Arsenault and seconded by Commissioner Silliman-Avedisian. The motion passed 4/0/0.

2024 COAPD Senior Resource Booklet

The group is providing their updates to Liaison Joyce. It was requested that updates be provided electronically. The group will continue to work on their sections. Liaison Joyce commented on the formatting and suggested transitioning it to a Google Document. She will troubleshoot to see if the problems with updating the document improves. The goal is to print the updated booklets in May and distribute in June.

Ongoing Recruitment for COAPD

Chairperson Roby confirmed that there is one opening on the Commission at this time.

CVS Windsor Update – Commissioner Massa

This topic will be tabled until the April meeting and will be discussed further upon Commissioner Massa's return.

Suggestions for New Projects for Spring

Chairperson Roby mentioned House Bill HB 5001 and proposed having representatives from the State, potentially Jane Garibay and Senator McCrory back to the Windsor Senior Center to provide a discussion and updates as well as educate the community on what is happening at the state level.

The group also discussed again a potential panel discussion program with organizations such as the NCAAA, CCCI, and DSS. This will be added to the next agenda for further discussion.

Also, Chairperson Roby mentioned a program that she came across – the new Manchester Tech Center which helps older residents with technology. This is a program offered by UR Community Cares and AARP Senior Planet.

New Business:

None at this time

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:14pm was made by Commissioner Silliman-Avedisian and seconded by Commissioner Arsenault. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce