



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
May 7, 2024

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Lois Arsenault, Amy Silliman-Avedisian, Marsha Brown, and Linda Massa

Commissioners Excused: None

Commissioners Unexcused: Marva Douglas

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:00pm by Chairperson Kathy Roby

Communication from Commissioners: None

Communication from Liaison:

Liaison Joyce provided an update on Windsor Senior Services, including an overview of the upcoming Windsor Senior Center's 55+ Variety Show taking place Wednesday, May 8th, that May is Older American's Month, the new legal consultation sessions with Greater Hartford Legal Aide happening the last Friday of each month at the Senior Center, and also recapped recent special events including the April Spring Fling, Volunteer Appreciation Breakfast, and Mother's Day celebration. She introduced the Senior Services new Part Time staff member, Audrey, who started her employment on Tuesday, May 7th, and acknowledged that Windsor Town Council recently approved the acceptance of two grants; the American Rescue Plan Act Grant and the State of Connecticut Grant funding at the May 6 Town Council Meeting.

Communication from the Public: None

Approval of the Minutes from the April 2, 2024 Regular Meeting:

A motion to approve the minutes from the April 2 Regular Meeting was made by Commissioner Silliman-Avedisian and seconded by Commissioner Arsenault. The motion passed 4/0/1. All were in favor except Commissioner Brown who abstained as she was not able to review the minutes.

Old Business:

2024 COAPD Resource Booklet – updates/next steps

Liaison Joyce provided the group with a hardcopy of the COAPD Resource Booklet. She informed the group that she had sent the final version to Interpreters and Translators, Inc. who are located in Glastonbury, CT as well as to the Print Hub for a quote to print 300 copies, 75 in Spanish. She also mentioned that she submitted this information to the Town Manager per his request. This topic will be added to the June agenda.

CVS Windsor Update – Commissioner Massa/Liaison Joyce

Liaison Joyce mentioned that she wasn't able to follow up on the CVS window project due to her work involved with the COAPD Resource Booklet and many large events at the Senior Center. A discussion ensued. Liaison Joyce will share the contact information with Commissioner Massa and requested her assistance on this project. Liaison

Joyce noted that she would make contact with her Loomis Chaffee School contact and determine if the Art Students would be willing to assist with this project. This topic will be added to the June agenda

New Projects Discussion: Community Conversation with Representative Garibay, Fall Panel Discussion with NCAAA, CCCI, and DSS

A discussion ensued about planning an educational program with State Representative Jane Garibay. Chairperson Roby and Liaison Joyce have a meeting planned for Friday, May 10 to discuss this further with Rep. Garibay. The hope is to plan an educational event teaching individuals how to speak at a hearing, how to present on a bill, and how to have one's voice heard at the State level. Commissioner Silliman-Avedisian suggested creating a document/guide to hand out at the program. The group thought that potentially Rep, Garibay may already have a document but if not, Commissioner Brown agreed to take on this portion of the program.

Regarding the fall panel discussion, Commissioner Brown mentioned that she would need some more time to coordinate this program to be held at the Windsor Senior Center. She is working with the following speakers: Mairaid Painter with the Nursing Home Ombudsman, Maureen McIntyre from NCAAA, and Julie Evenstar from CCCI and trying to lock in a date for this presentation. Chairperson Roby mentioned that she would assist with the planning process by connecting with presenters. Liaison Joyce said that she would hold the 4 dates that were offered to the COAPD for this presentation.

This topic will be added to the June agenda for further discussion.

AARP Senior Planet - Commissioner Arsenault

Commissioner Arsenault touched on the AARP Senior Planet. She mentioned that she connected with Stephanie, Senior Services Activities Specialist, to discuss potentially offering virtual programming in the near future. This will be discussed further in future meetings.

New Business:

Presence at town-wide events; Lion's Club Craft Fair 5-11-24/Shad Derby 5-18-24

The group determined that it was too late to try to plan to be at the Lion's Club Craft Fair and they would shoot for next year.

Liaison Joyce was unsure about staffing for the Shad Derby as the Senior Services Team just welcomed a new staff member who is still getting acclimated in her new role.

Liaison Joyce mentioned that she would look into securing a booth for the group and send out an email with further details.

Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:53pm was made by Commissioner Silliman-Avedisian and seconded by Commissioner Massa. The motion passed 4/0/0.

Respectfully Submitted,
Rebecca Joyce