



Town of Windsor
Commission on Aging and Persons with Disabilities
Regular Meeting
June 4, 2024

OFFICIAL MINUTES

Commissioners Present: Kathy Roby, Lois Arsenault, Amy Silliman Avedisian, Marsha Brown, and Marva Douglas

Commissioners Excused: Linda Massa

Commissioners Unexcused: None

Liaison Present: Rebecca Joyce

Also Present: None

Called to order at 7:05pm by Chairperson Kathy Roby

Communication from Commissioners: None

Communication from Liaison:

Liaison Joyce provided an update on Windsor Senior Services including the Aging in Place Grant stats that Commissioner Brown has requested. At this time, she is still waiting for information from the MCC but will report back as soon as she receives an update. She also provided information on the State of Connecticut Grant funding received through the Windsor Senior Center which is being used for Senior Yard Clean Up and the Summer Aquatics Program through the Recreation Department. Lastly, she informed the group of what's happening through the Windsor Senior Center including the upcoming Longest Day Concert on the Green in support of the Alzheimer's Association, the new Alzheimer's Association programming, Greater Hartford Legal Aide sessions, and that the ROMEO (Retired Old Men Eating Out) group has resumed their meetings at the center on the first Monday of each month.

Communication from the Public: None

Approval of the Minutes from the May 4, 2024 Regular Meeting:

A motion to approve the minutes from the May 4 Regular Meeting was made by Commissioner Silliman-Avedisian and seconded by Commissioner Arsenault. The motion passed 5/0/0.

Old Business:

2024 COAPD Resource Booklet – updates/next steps

Liaison Joyce provided the group with copies of the final, printed COAPD Resource Booklets in both English and Spanish. The group was very pleased with their final product. Liaison Joyce mentioned that she would distribute copies throughout the LP Wilson Community Center as well as send copies to both libraries, Town Hall, and the Caring Connection. Copies will be reserved for large events that the group attends. Some Commissioners took copies to hand out to those they knew could benefit from having a copy. Liaison Joyce will report back to the group as to how many copies have been distributed/are left in the September meeting.

CVS Windsor Update – Commissioner Arsenault/Liaison Joyce

Commissioner Arsenault connected with the new contact from the FTDT, Debra Delucia, regarding the potential use of a CVS window for a Commission on Aging and Persons with Disabilities display. A discussion ensued and a variety of ideas were presented. Concept - "BRIDGING THE GAP": outsized poster, horizontal format with a brightly colored bridge in the center. Commission on Aging/Persons with Disabilities on the left of the bridge and seniors/"other abled" on the right. Add 8x10 size prints of 3-4 activities that the group has worked on/completed. Other ideas for display - "Your Commission Needs You. Tells us what you need. Come to Meetings. Join the Commission". TIME FRAME: October 2024. Liaison Joyce will set up meeting with Loomis Chaffee Representative in late August/early September to discuss art work. Commissioner Douglas will contact Windsor High School Art Department for new display in January. This topic will be added to the September agenda for further discussion.

New Projects Discussion: Community Conversation with Representative Garibay, Fall Panel Discussion with NCAAA, CCCI, and DSS

The discussion regarding the educational program with State Representative Jane Garibay continued this month. Chairperson Roby and Liaison Joyce met with Representative Garibay on Friday, May 10. Representative Garibay mentioned that she would share materials for the presentation with the group to review. The plan is to schedule an educational event teaching individuals how to speak at a hearing, how to present on a bill, and how to have one's voice heard at the State level as well as offer a trip to tour the State Capital. Chairperson Roby will connect with Representative Garibay to schedule a date in the month of September. Liaison Joyce will provide potential dates to the group. This topic will be added to the September agenda.

Regarding the fall panel discussion, "Aging in Place – How Do I Stay in my Home", Chairperson Roby has been diligent and persistent in trying to connect with potential presenters for the October presentation. She was able to connect with Jessica Hughes, Director of Clinical Operations at CCCI. The hope is to also connect with Mairaid Painter from the Nursing Home Ombudsman and Maureen McIntyre from NCAAA, and lock in a date for this presentation. Liaison Joyce will share the October dates with the group, as well as send Chairperson Roby the NCAAA contact information. Commissioner Brown will share with Chairperson Roby the contact info for DSS. This topic will be added to the June agenda for further discussion.

Report on Shad Derby 5-18-24 Event

Chairperson Roby and Commissioner Silliman Avedisian attended the event and said it was very beneficial and well attended. They shared a table with new Senior Center staff member, Audrey Kennedy. They shared very positive feedback and were able to share the word about the Commission with many who attended the event. We are hopeful for new members. In an effort to attract new members, Liaison Joyce suggested that the group schedule a time with WIN TV to record a short video for community outreach. She will reach out to WIN TV to secure a Friday in October to do so.

New Business:

NONE

Motion to adjourn the meeting:

A motion to adjourn the meeting at 8:00pm was made by Commissioner Douglas and seconded by Commissioner Arsenault. The motion passed 5/0/0.

Respectfully Submitted,
Rebecca Joyce