

Windsor Youth Commission

Tuesday, April 23, 2019

6:30 p.m.

330 Windsor Avenue Community Center

Draft-Minutes

**Attendance: Sarah Maffiolini, Bruce McCormick, Bob Gange, Russell Sills, Pam Cook, Rich Henderson, Andrew Geary, Andrea Barton-Reeves.**

1. Call to order: 6:35pm
2. Chairperson's remarks – Bruce (2 minutes)- Bruce would like to welcome everyone and lets take a moment to introduce everyone.
3. Meeting minutes – Bruce (2 minutes)- Russell Sills motioned to approve minutes, Pam Cook 2<sup>nd</sup>. Motion passed 5-0
4. Updates on commission members, vacancies, and recruitment – Sarah (2 minute)- Bruce McCormick collected names and contact information at the last couple special events. He asked for members to please reach out to them and see if he or she is interested in joining.
5. LPC report – Sarah (2 minute)-Grant to be spent by July 1. Expenditures are right on target. There is \$500 allocated for project graduation.
6. Public comment – N/A
7. New business
  - a) Youth Commission recruiting – Members please contact possible interested members from list gathered from special events.
  - b) May meeting date- May 21, 2019
    - a. Pam Cook motioned to cancel June 25 meeting, Andrea Barton-Reeves 2<sup>nd</sup>. Motion passed 5-0
8. Old business
  - a) “Chasing the Dragon” Screening and Discussion with FBI – (2 minutes) – There was 100 people in attendance which was a great turn out for the documentary.
  - b) Annual Youth Summit – Sarah & Andy (5 minutes)- There was 66 youth that turned out for the Summit. Session included: How to live in a dorm, Voting, Money Matters.
  - c) Hidden in Plain Sight, Vaping Education, Narcan Training – Sarah (3 minutes)- A trailer came on site with a demo bedroom to show what parents should look for. There was a good turnout of 45 people. Discussions on vaping and its health risks took place. The feedback was great. The trailer was a big hit and lots of questions on how do I talk to my kids about this.

9. Standing Committee Reports

- a) Police Department-N/A
- b) Recreation Services-See Attached
- c) Windsor Public Schools-N/A
- d) Board of Education-N/A
- e) Library Services-See Attached
- f) Youth Services-See Attached
- g) Youth Liaison-N/A

10. Adjournment: 7:25pm- Bob Gange motioned to adjourn, Russell Sills 2<sup>nd</sup>. Motion passed 5-0

# Recreation and Leisure Services Youth Commission Monthly Report

April 2019

## **Staff / Programs:**

- Summer employment has been posted on the Town's website under Human Resources department. Interviews for camp & aquatic staff are underway
- Our Final session of Winter lessons are under way that started Saturday, April 6 and there limited spots available. Summer Swim lesson registration is Thursday, May 9 at 8am in the Recreation office or online at [www.townofwindsorct.com/recreation](http://www.townofwindsorct.com/recreation)
- Middle School extravaganza will be held on Friday, May 31
- Flashlight Egg Hunt has been cancelled this year.
- Yoga going very well. There is now 7 enrolled. Program is held ballet room at LP.
- Swim Lessons session 2 has currently 46 spots filled out of 64. Lessons start April 6.
  - An additional session for Parent Tot was added. Participants were added from wait list
- Summer marketing is underway. Every participant who registers for Summer Fun gets a pair of sunglasses.
  - Postcards have been made for SFP and sent to the schools and various stores around town. Also new this year the postcards will be stuffed in the Easter bags for flashlight egg hunt. Shannon will be getting a staff list for the flashlight egg hunt.
  - Recreation & YSB purchased cups for the Winter fest and will be used at the Flashlight egg hunt as well.
- Summer Fun trips have been all booked.
- Act it Out class for middle school students will take place in April.
- April break camp will be held 8-12 at 330 Windsor Ave. community Center
- Girls in Stride has started Thursday, March 28 at LPW.
- Leaf printing program on May 3.
- Kids Ballet will be running a second session.

<b>Division Performance Goals &amp; Objectives</b>	<b>Next Step</b>

## **Performance Measures & Indicators:**

## **Upcoming Youth Commission Action Request:**

CELEBRATE PRIDE MONTH

LGBTQ

TEEN FILM FESTIVAL

JUNE 5 - "LOVE, SIMON" [PG-13]

JUNE 12 - "THE MISEDUCATION OF CAMERON POST" [NR]

JUNE 19 - "G.B.F." [R]

JUNE 26 - "GEOGRAPHY CLUB" [PG-13]

ALL LGBTQ TEENS & ALLIES WELCOME

**\*WEDNESDAYS IN JUNE\***

**4:00 PM - 6:00 PM**

**FREE POPCORN**

**WINDSOR**  
Public Library

323 Broad Street  
Windsor CT 06095  
(860) 285-1919



# Mario Kart Indy 500

**Are you the best Mario Kart racer in Windsor?  
Compete with friends and rivals! Attain glory!**

**Prizes include Gamestop gift cards, YA books, movie posters, and candy.**

**Saturday, May 25th**

**12:00 PM - 2:00 PM**



**Refreshments will be provided to  
all attendees and spectators.**

**Racers must  
register in advance!**

**\*Twins/Teens  
grades 6-12 only\***

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[windsorlibrary.com/teer](http://windsorlibrary.com/teer)



# FREE COMIC BOOK - DAY -

TM

**1st SATURDAY  
IN MAY!**

**May 4, 2019**

[www.freecomicbookday.com](http://www.freecomicbookday.com)

**FREE COMICS ALL DAY**

Join **Matt Ryan** of **Free Lunch Comics**,  
for an awesome hands-on drawing workshop for teens!

*\*Registration is required for this program\**

**12:30 PM - 2:30 PM**

**(860) 285-1919**

[windsorlibrary.com/teens](http://windsorlibrary.com/teens)

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Public Library



**FREE LUNCH STUDIOS**  
YOUR CREATION VACATION GRANBY CT  
CLASSES FREELANCE EVENTS

**STAR WARS DAY**  
**MAY THE 4<sup>TH</sup>**  
**BE WITH YOU**  
**on MAY THE 1ST**

**Enjoy trivia & crafts at 4:00 PM**  
**Solo: A Star Wars Story at 5:00 PM**

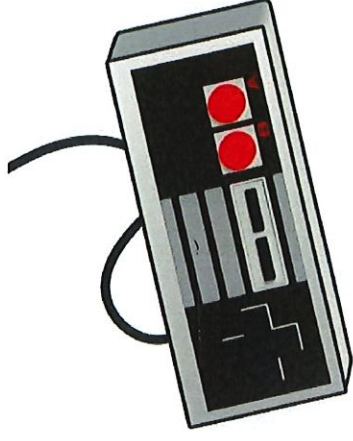


**This program is for kids, teens and  
their families. Drop-In.**





# Teen Tuesday



**EVERY OTHER TUESDAY**

**3:30 PM - 5:00 PM**



Nintendo Switch & Super NES Classic

Fortnite, Roblox, & Minecraft

New & Classic Board Games

Advanced Coloring & Crafts

First dibs on Brand New YA reading materials

A chill spot to do homework

Food, friends, and fun!



**TEENS ONLY**

**NO SIGN-UP NECESSARY**



323 Broad Street, Windsor CT, 06095

[www.windsorlibrary.com/teens](http://www.windsorlibrary.com/teens)

Call (860) 285-1919 for more info!

**WINDSOR**  
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**Watch Your Favorite Anime**  
**Read All the Best New & Classic Manga**  
**Show Off Your Artistic Skills**  
**Eat and Create Cool & Exotic Japanese Snacks**  
**Monday *March 25* & Monday *April 29***  
**3:30PM—5:30PM**

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[www.windsorlibrary.com](http://www.windsorlibrary.com)  
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## Youth Services Bureau Report March 2019 Report

### Performance Excellence

<b>JRB/ Truancy</b>	Dec. 2018	Jan. 2019	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.
JRB	7	4	5	5								
Truancy	1	2	1	1								

**Social Media Update** – 52 new Facebook likes from February to March! Majority of them are Winter Festival event interests.

<b>Social Media</b>	Dec. 2018	Jan. 2019	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.
Twitter	149	151	152	156								
Instagram	237	237	236	234								
Facebook	726	765	772	824								

- **Youth in Action** – Police and Youth Partnership continue to meet and attended the Yale Art Gallery in March. They are traveling to see Stomp at the Shubert Theater and the Boston Science Center in April.
- **Teen Zone Party Rentals** – There was one rentals in March
- **Voices** – the first YSB program to take place at WHS after school with students recommended by the counseling department. They are planning a self-care day for elementary school students in May.
- **Health Department Grant** – Collaborating with Mike Pepe for grand funding related to the opioid epidemic.
- **Change the Script** – Street banner, CVS window, library display case installation begins in April.
- **3/16 Winter Festival and Kids Fair** – Over 550 people attended the event, an increase of 200 people from last year. Highlights were the Recreation and YSB outreach tables, face painter and gym activities, cartoonist, Alex’s Lemonade Stand raised \$182 in donations, and collected over 1,000 items and \$200 for the Food Bank.
- **3/23 Youth Summit Adulthood 101** – 70 Windsor teens attended the summit focusing on money management, voting and political trends, and a panel of college students sharing their “life hacks” with high schoolers. The highlight was State Representative Brandon McGee’s keynote speech about the importance of community engagement.
- **3/30 Home Alone Safety Class** – 10 youth attended the class, a decrease of 4 from the December class.

### Planning

- 4/16 Up in Smoke: the Truth about Vaping – Hidden in Plain Sight trailer, vaping presentation and Narcan training and free kits.
- STEP and SYIA – staff have been meeting monthly to plan for summer programs.

### Upcoming April Programs & Activities

- 4/10 Grandparents Bingo
- 4/16 Up in Smoke – the Truth about Vaping
- 4/26 Family Paint Night
- 4/27 Babysitters Training



In the past year alone,  
**vaping** among  
**high schoolers** has increased

(860) 285-1990



CENTER FOR  
TOBACCO  
PRODUCTS



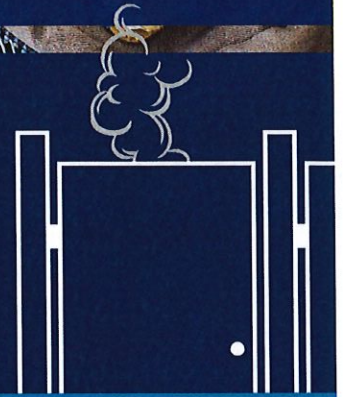
FDA

**78%**

How much **do you know** about the epidemic?

**E-cigarettes, also known as “vapes,” are becoming increasingly popular among teens.<sup>1,2</sup>**

In fact, they are the most commonly used tobacco product among both middle and high school students. You may have already seen or heard about students vaping in your school, but it is important to know that certain types of vapes can be used very discreetly.



**SOME TEENS REPORT USING E-CIGARETTES IN SCHOOL BATHROOMS AND EVEN IN THE CLASSROOM.**

Learning more about the different types of e-cigarette products is an important first step in addressing youth vaping.

## DID YOU KNOW:

E-cigarettes come in a variety of shapes and sizes and may not look like a tobacco product, which can make them hard to spot.<sup>3</sup>

Some devices popular among teens—like JUUL and myblu—are as small as a USB flash drive and even look like one.

Certain products emit very low amounts of aerosol or “vapor,” which makes them easier to use discreetly than combustible cigarettes.

Most e-cigarettes contain nicotine, the same highly addictive drug in cigarettes.<sup>4,5</sup> Some e-cigarettes may contain as much nicotine as a pack of 20 regular cigarettes.<sup>3</sup>

## A Big Problem...

## A SMALL DEVICE



Over  
**10.7 million**  
youth aged 12–17  
are at-risk for using  
e-cigarettes.<sup>6,7</sup>



# Many teens have dangerous misperceptions that lead them to believe that vaping is harmless.

## Common myths believed about vaping, along with the facts.

“It’s just flavoring.”

Vapes get their flavors from chemicals. While these flavorings are safe to eat in food, they’re not safe to inhale. Inhaling flavor chemicals can harm your lungs.<sup>11</sup>

Want an example?

Some buttery-flavored vapes like caramel contain diacetyl and acetoin. Inhaling diacetyl has been linked to popcorn lung, a lung disease that doesn’t have a cure.<sup>11</sup>

“It’s just water vapor.”

But it’s not.

Vaping can expose the user’s lungs to harmful chemicals like formaldehyde, diacetyl and acrolein, as well as toxic metal particles like nickel, tin and lead.<sup>4,8-10,11-13</sup>

Some vapes that claim they are nicotine-free are not.<sup>8,17-22</sup>

“My vape says it’s nicotine-free. There’s no way I’ll become addicted.”

Vaping delivers nicotine to the brain in as little as 10 seconds.<sup>14,15</sup>

A teen’s brain is still developing, making it more vulnerable to nicotine addiction.<sup>16</sup>

“I don’t have an addictive personality—I won’t get hooked on vapes.”

“Nicotine isn’t that bad for me.”

Nicotine exposure during the teen years can disrupt normal brain development. It can have long-lasting effects, like increased impulsivity and mood disorders.<sup>23-25</sup>

“Just because I vape doesn’t mean I’m going to smoke cigarettes.”

Research shows teens who vape are more likely to try smoking cigarettes.<sup>26</sup>

## FDA’s Efforts to Curb Youth E-Cigarette Use

FDA is committed to protecting youth from the dangers of e-cigarettes. In addition to our national peer-to-peer public education campaign called “The Real Cost,” we’re joining forces with Scholastic to provide teachers and school administrators with the resources they need to educate their students about e-cigarettes.

Together, we’ve created a **free lesson plan and research activity** for teachers to educate their students on the health risks of e-cigarette use. Please visit the [Scholastic youth-vaping-risks site](https://www.scholastic.com/youth-vaping-risks) to access these resources.

## Share This Information



Please share this infographic with other teachers and school administrators. In addition, if you’d like to learn more about e-cigarettes, check out these resources:

- » [Surgeon General Fact Sheet](#) – E-cigarette use among youth and young adults
- » [Parent Tip Sheet](#) – How parents can talk with their teen about vaping
- » [CDC Infographic](#) – E-cigarette ads and youth infographics
- » [Smokefree Teen](#) – If you know a teen who is addicted to any tobacco product, including cigarettes and e-cigarettes, there are resources to help them quit