

2022

**Directory of Services for
Seniors & Persons with Disabilities**

Town of Windsor Connecticut

Commission on Aging and

Persons with Disabilities



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Commission on Aging and Persons with Disabilities

The Commission on Aging and Persons with Disabilities is a town appointed group which is responsible under town ordinance to identify needs of Windsor seniors and coordinate the programs for the aging. Members solicit information and concerns from elderly residents & their families, as well as concerned citizens, and serve as advocates to all levels of government and town organizations.

Members include:

Rebecca Joyce, Town Liaison
(860) 285-1992

Kathryn Roby, Chairperson
(860) 989-5675

Marsha Brown, Commissioner
Charles Copeland, Commissioner
Marva Douglas, Commissioner
Sharon Gauthier, Commissioner
Linda Massa, Commissioner
David Pekarski, Commissioner

Town Offices

Main number

(860) 285-1805

General Numbers

Town Manager, Peter Souza

(860) 285-1800

Social Services Coordinator

(860) 285-1839

Senior Center Coordinator

(860) 285-1992

Dial-A-Ride Coordinator

(860) 285-1996

Caring Connection Adult Day

Health Center

(860) 547-0251

Various Departments

Recreation Department

(860) 285-1990

Senior Center

(860) 285-1992

Community Development

(860) 285-1984

Public Works

(860) 285-1855

Planning

(860) 285-1981

Health Department

(860) 285-1823

Main Library

(860) 285-1910

Wilson Branch Library

(860) 247-8960

Assessor

(860) 285-1819

Police Department

(860) 688-5273

Building Inspector

(860) 285-1960

Probate Court

(860) 285-1976

Disability Services

CT Department of Aging and Disability Services (ADS)

This is an umbrella CT state agency that administers services provided by ADS Bureau staff in addition to funding of nonprofit agencies to improve the ability of elderly and disabled populations to live independently.

- 55 Farmington Avenue
- Hartford, CT 06105
- Phone: 860-424-5055
- TTY: 860-424-4850

Bureau services include the following:

ADS-Bureau of Education and Services for the Blind (BESB)

Provides independent living services to “legally” blind adults including daily living skills training, assistive technology and training, and vocational services.

- 184 Windsor Avenue
- Windsor, CT 06095
- Phone: 860-602-4000

ADS- Bureau of Rehabilitation Services (BRS)

Provides vocational services for all adults with disabilities, except legally blind adults, assistive technology and training, deaf counseling services, vehicle modification, and other services.

- Phone: 860-537-2549

Other ADS programs:

ADS- State Unit on Aging: Funds programs including OAA funding. (See NCAAA)

Long Term Care Ombudsman program

- Phone: (866) 386-1888

Brain Injury Association of CT (BIAC)

- 200 Day Hill Road
- Windsor, CT 06095
- Phone: 860-278-8242
- Helpline: 800-278-8242
- Email: generalh@iact.org

CT (NLS) Library for the Blind and Physically Handicapped

Lends free books to residents unable to read regular print due to disability.

- 198 West Street
- Rocky Hill, CT 06067
- Phone: 860-721-2056
- Email: csl.lbph@ct.gov

CT Radio Information Systems (CRIS Radio)

Broadcasts news to people unable to read due to disability.

- 315 Windsor Avenue
- Windsor, CT 06095
- Phone: 860-527-8000

- Email: info@crisradio.org
- Website: crisradio.org

Disability Rights CT (DRCT)

Provides legal advocacy and protection of the rights of people with disabilities.

(Former CT State Office of Protection and Advocacy for Persons with Disabilities)

- Phone: 860-297-4300
- Email: info@DisRightsct.org
- Website: disrightsct.org

Independence Unlimited, Inc. (IU)

A nonprofit consumer-controlled agency that provides independent living services to individuals with disabilities including peer counseling, information and referral, home accessibility services, independent living skills training, and advocacy.

New Park Office and Conference Center (North Annex)

- 151 New Park Avenue, Suite D
- Hartford, CT 06106
- Phone: (860) 523-5021
- Email: contactus@independenceunlimited.org

Telecommunications Relay Services **for Deaf/Deafblind individuals:**

- Voice users: 711 or 800-833-8134
- Telecommunications relay: 211
- TDD/TTY user to voice phone: 800-842-9710

Education

Continuing Education Program

Windsor Public Schools

Courses offered toward high school diploma or just for fun and enrichment. Also offering ESL courses.

Continuing Education Program Information Continued:

- 601 Matianuck Ave, Windsor
- Phone: (860) 687-2000 extension 1273
- <https://www.windsoradulthood.org/>

Literacy Volunteers of Northern Connecticut

Reading and writing assistance for adults as well as English as a Second Language.

- Phone: (860) 233-3853

AARP Driver Safety Program

A safe driving course held several times throughout the year at various locations for mature drivers. For more information, call the Windsor Senior Center:

- Phone: (860) 285-1992
- www.aarp.org/family/housing/driver_safety_program

Emergencies

Police, Fire, and Health

Emergencies

- Dial 911

Ambulance Service

- Dial 911

Salvation Army

- (860) 543-8400

Red Cross

- (860) 678-2700

Emergency Food Shelf

- (860) 285-1839

Health Department

- (860) 285-1823

State of Connecticut Adult Protective Services

- (888) 385-4225

Department of Children and Families (DCF) Hotline

- (800) 842-2288

Finance

Better Business Bureau

Compiles information on trusted businesses in the area.

- 29 Berlin Road, Cromwell, CT 06416
- Phone: (860) 740-4500
- www.ct.bbb.org

Connecticut Department of Consumer Protection

- 165 Capitol Avenue, Hartford
- Phone: (860) 713-6050
- For information and complaints: (860) 713-6300
- www.ct.gov/dcp

ConnPace

- Assistance with prescriptions coverage
- Phone: (800) 423-5026
- www.connpace.com

Consumer Credit Counseling Services (CCCS)

Provides free credit counseling services.

- Phone: (888) 845-5669
- www.moneymanagement.org

Energy Hotline

- Phone: (800) 842-1132
- www.ct.gov

Windsor Food Bank

A resource for low income individuals and families in need of food assistance.

- 599 Matianuck Avenue, Windsor, CT 06082
- Windsor Food Bank Information Continued:
- Phone: (860) 285-1839
- <https://townofwindsorct.com/social-services/food-assistance-program>
- www.operationfuel.org

Senior Community Service Employment Program (Easter Seals)

Local part-time employment for low income (55 yrs. and older).

- Phone: (888) 673-3443
- www.ct.easterseals.com

Hartford Consumer Credit Counseling

- Phone: (800) 450-2808
- www.creditcounseling.org

CT Labor Department

- Phone: (860) 263-6000
- www.ctdol.state.ct.us

Center for Medicare Advocacy

Provides legal assistance with understanding and appealing Medicare denials of services.

- Phone: (800) 262-4414
- www.medicareadvocacy.org

Medicare Hotline

Answer questions about Home Health Care Services

- Phone: (800) 633-4227
- www.medicare.gov/

Medicare Payment Questions

(Used only if denied Medicare)

- Phone: (800) 982-6819
- www.medicareinteractive.org

Medicaid, Title 19, & Old Age Assistance

Connecticut Department of Social Services, Hartford Regional Office

- 25 Meadow Road, Windsor, CT, 06095
- Phone: (855) 626-6632
- www.ct.gov/dss

Medicare Assistance

Call Windsor Social Services for the CHOICES Program at (860) 285-1839.

- www.medicare.gov

Social Security

478 Burnside Avenue, East Hartford, CT 06108.

- (866) 706 - 6759
- www.socialsecurity.gov

Supplemental Social Security (SSI)

- Phone: (800) 772-1213
- www.socialsecurity.gov/ssi

Soldiers, Sailors and Marine Fund

Assistance to veterans and their families; obtain information and application through local fund representative:

- Molina McDonald - (860) 741-3609 - Windsor, CT Representative
101 South Street, West Hartford, CT 06110-1692
- Phone: (860) 953-4345 - West Hartford Location
- www.ct.gov/ssmf

Tax-Aide Program

IRS trained AARP volunteers assist seniors aged 60 or more to complete Federal & State Income Tax Returns from February to April at the Windsor Senior Center.

- Phone: (860) 285-1990 for information and to schedule an appointment.
- www.aarp.org/money/taxaide

Tax Relief - Homeowner

Must be 100% disabled or 65 years old by December 31 of previous year; income and residency determines eligibility.

- Phone: (860) 285-1810
- <https://townofwindsorct.com/tax-collector/>

U.S. Veterans Administration (VA)

Veterans' Service Officer for information on benefits, survivor's benefits, and medical coverage.

- Phone: (800) 827-1000
- www.va.gov

Veterans Homeowner Property Tax Relief

- Phone: (860) 285-1810
- <https://townofwindsorct.com/tax-collector/>

Health

Windsor Senior Center

The Windsor Senior Center offers residents of Windsor, CT a variety of services including support groups, clinics, health screenings, and nutrition, fitness, and recreation offerings. Please check out the senior center at:

- 599 Matianuck Avenue, Windsor, CT 06095
- <https://townofwindsorct.com/>
- Phone: (860) 285-1992

Johnson Health Network

Please check out the Johnson Memorial Health Network for many of your needs and services, as well, at www.johnsonhealthnetwork.com

American Cancer Society

- National Phone: (800) 227-2345
- Rocky Hill Office: (203) 379-4700
- www.cancer.org

Bereavement Support Group Trinity Health Care Services, Inc.

- Phone: (860) 763-7600
- www.johnsonhealthnetwork.com

Mary's Place

6 Poquonock Avenue, Windsor, CT 06095

- Phone: (860) 688 9621

Cancer Information Services

- Phone: (800) 422-6237
- www.Cis.nci.nih.gov

Helen & Harry Gray Cancer Center

- 79 Retreat Avenue, Hartford, CT 06106
- Phone: (860) 249-6291

Smilow Cancer Hospital Yale-New Haven, at St. Francis Hospital

- 94 Woodland Street, Hartford, CT 06105
- Phone: (860) 714-4680

Comprehensive Breast Cancer Treatment Center

- 95 Woodland Street, Hartford, CT 06015
- Phone: (860) 714-4900

Connecticut State Dental Association

For a list of low cost dental clinics

- Phone: (860) 278-5550
- www.csda.com

Dental Hygiene Clinic

St. Francis Hospital Dental Group

- 1000 Asylum Avenue, Suite #3200, Hartford, CT 06015
- Phone: (860) 714-4995

Manchester Community Health Services

A satellite of East Hartford Community HealthCare, Inc.

- Phone: (860) 646-4678
- www.ehchc.org

Pedi-care Service, LLC

Registered nurses trained in offering specialized foot care.

Service available at the Windsor Senior Center, 599 Matianuck Avenue, Windsor, CT 06095

- Appointments necessary. \$35.00 for basic services.
- Phone: (860) 285-1992

Hartford Podiatry Group

- 999 Asylum Avenue, Suite 111, Hartford, CT, 06015
- Phone: (860) 523-8026

Community Health Center (CHR)

Offers a variety of health services and accepts most insurance providers.

- 503 Windsor Avenue, Unit 511, Windsor, CT 06095
- Phone: (860) 297-8600
- <https://www.chrhartford.org/>

Windsor Health Department

Windsor Town Hall, 275 Broad Street, Windsor, CT 06095

- Michael Pepe, Director of Health
- Phone: (860) 285-1823
- After business hours: (860) 688-5273
- www.ncdhd.org

Johnson Memorial Hospital Chemical Dependency Program

Chemical dependency can be accompanied by psychiatric symptoms like anxiety and depression. Various levels of care are offered; inpatient, outpatient, and 12-step meetings.

- Phone: (860) 684-4251
- www.johnsonhealthnetwork.com

Blue Hills Treatment Center, Drug and Alcohol Detox Center

- 500 Wine Street, Hartford, CT 06112
- Phone: (860) 293-6400

St. Francis Behavioral Health Group

- 675 Tower Avenue, Suite #301, Hartford, CT 06112
- Phone: (860) 714-3704

Institute of Living

Psychiatric services

- 200 Retreat Avenue, Hartford, CT 06102
- Phone: (860) 545-7000

CT Association for Home Health Care and Hospice

Provides info about non-profit and profit state-licensed home and health care agencies.

- 1-203-265-9931
- www.cahch.org

North Central Area Agency on Aging CHOICES Program

Medicare Coverage

- Phone: (860) 724-6443
- www.ncaact.org/choices

Johnson Memorial Hospital

201 Chestnut Hill Road, Stafford Springs, CT 06076

- Phone: (860) 684-4251

Hartford Hospital

- 80 Seymour Street, Hartford, CT 06102
- Phone: (860) 545-5000

St. Francis Hospital

- 114 Woodland Street, Hartford, CT 06102
- Phone: (860) 714-4000

Burgdorf / Bank of America Health Center

- 131 Coventry Street, Hartford, CT 06102
- Phone: (860) 714-2813

Malta House of Care

Mobile medical clinic providing free quality primary health care to the uninsured.

- 119 Woodland Street, Suite #37, Hartford CT 06105
- Phone: (860) 725-0171
- <http://www.maltahouseofcare.org>

New England Veterinary Center

24 our Emergency Vet

- 955 Kennedy Rd, Windsor CT

Animal Poison Control

- 24-hour phone line, (888) 426-4435

Home Care Assistance

CT Home Care Program for Elders

- Phone: (800) 445-5394 or (860) 424-4904
- www.ct.gov/dss

Connecticut Community Care, Inc. (CCCI)

- Phone: (860) 589-6226 for intake information.
- Phone: (800) 654-2183 for case management for home health care.
- www.ctcommunitycare.org

Conn Home Care

State Department of Social Services CT Home Care for Elderly

Residents aged 65+ who are at risk of nursing home placement and meet the program's financial eligibility criteria.

Money Follows the Person: "My Choices" For Medicaid eligible persons to transition from nursing home to the community.

- Phone: (800) 445-5394
- www.211ct.org/conn_home_care_program.asp

Caring Connection

A daytime adult day health program offering a home-like atmosphere.

- 330 Windsor Avenue, Windsor, CT 06095
- Phone: (860) 547-0251
- <https://www.windsorcaringconnection.com/>

Home-Delivered Meals (Meals on Wheels)

Contact Windsor Social Services for more information.

- Phone: (860) 285-1839

A variety of information and pamphlets on local home care agencies and other resources can be found at the Windsor Senior Center and in Windsor Social Services, as well.

Housing

Windsor Housing Authority

Responsible for creating safe, decent, and affordable housing to the elderly and disabled citizens.

Robert Cappelletti, Executive Director

- 156 Bloomfield Ave, Windsor, CT 06095
- Phone: (860) 285-8090, extension 2
- www.Windsorcthousingauthority.org

Janel Rios, Federal Housing Coordinator

- Office phone: (860) 285-8090 ext. 206
- Jrios@windsorha.org

Fitch Court

Darlene West, Property Manager / Site Coordinator

- Office phone: (860) 285-8090 extension 5
- Dwest@windsorha.org

Shad Run / Millbrook Village

Diann Holloman, Property Manager / Housing Coordinator

- Office phone: (860) 285-8090 extension 4
- Dholloman@windsorha.org

If Facing Eviction:

Statewide Legal Services of Connecticut (SLS)

- Phone: (860) 344-0380 or (800) 453-3320
- Homelessness: 211

Emergency Rental Assistance

Contact Windsor's Resident Service Coordinator

- Phone: (860) 285-8090, extension 302 or call 211

Fair Rent Commission

Community Development

- Phone: (860) 253-6390

Housing Repair Loans/Residential Rehabilitation Loans

Technical and financial aid to qualified homeowners who would like to improve or modernize their homes and correct existing housing code violations.

- <https://townofwindsorct.com/community-development/housing-rehabilitation-loans/>

For routine repairs of residents living in Windsor Housing Authority

- Apartments: (860) 285-8090, extension 8

Housing Code Enforcement

Provides enforcement of the Town Housing Code. If you have a problem with the apartment you rent, call the Community Development:

- Phone: (860) 253-6390

Section 8 Housing

Windsor Housing Authority determines a payment standard that is the amount generally needed to rent a moderately-priced dwelling unit in the local housing market and that is used to calculate the amount of housing assistance a family will receive.

Town of Windsor Social Services

- Phone: (860) 285-1842
- <https://townofwindsorct.com/social-services/>

Shelter Diversion Program– a member of the Greater Hartford Coordinated Access System (CAN). Appointments available, please call 2-1-1 to schedule.

Information and Referral

Connecticut State Department of Social Services

- Phone: (860) 424-4925
- www.ct.gov/dss

Information and referral for elderly services

- Phone: (800) 443-9946
- www.dss.state.ct.us or www.ctelderlyservices.state.ct.us

INFOLINE - Statewide Information and Referral

- Phone: 2-1-1
- www.211.org

Municipal Agent for the Elderly

Jasmine Hall – Social Services Coordinator – Town of Windsor

- Phone: (860) 285-1839

State and Federal Elderly Disabled Programs

For current information on income limits, please call (860) 253-6397

- *Qualified Medical Benefits
- *CT Home Care for Elders (CCCI)
- *Food Stamps
- *CT Energy Assistance
- *Renters Rebate
- *Homeowners Tax Relief
- *Additional Veterans Tax Relief

Protective Services Adult Abuse Hotline

- Phone: (888) 385-4225
- www.ncea.aoa.gov
- www.ct.gov/dss

Social Services Department, Town of Windsor Social Services

Casework and Support, Information and Referral, Food Bank, Diaper Closet, Mobile Foodshare, Groceries to Go, Weekend Wheels Backpack Program, SNAP (Food Stamps) enrollment and renewal by appointment only, Medicare options counseling, Energy and Utility Assistance, Support group for Diabetics, youth and special informational events, special holiday programs.

- Phone: (860) 285-1839
- <https://townofwindsorct.com/social-services/>

Social Security Administration

- Phone: (800) 772-1213
- www.socialsecurity.gov

CHOICES Program

The CT CHOICES program, provides free, objective, high-quality, and confidential information, counseling and assistance to older adults and persons with disabilities enabling them to understand and exercise their rights, access and receive benefits to which they are entitled, and make more informed decisions about quality of life issues.

For questions about Medicare

- Phone: (800) 994-9422

Legal

Greater Hartford Legal Aid

999 Asylum Avenue, 3rd Floor, Hartford, CT 06105-2465

- Phone: (860) 541-5000
- Fax: (860) 541-5050
- <https://www.ghla.org/>

Leisure

Town of Windsor Senior Center

- Phone: (860) 285-1992
- 599 Matianuck Avenue, Windsor, CT 06095
- www.townofwindsorct.com/senior-services

Town of Windsor Recreation Department

- Phone: (860) 285-1990
- 599 Matianuck Avenue, Windsor, CT 06095
- www.townofwindsorct.com/recreation

Northwest Park

Northwest Park is a municipally owned park in the town of Windsor, Connecticut, which includes walking trails, soccer fields and a nature center. Located in the Poquonock section of Windsor along the Farmington River, the park covers 473 acres of forests, fields and recreational areas.

- Address: 145 Lang Rd, Windsor, CT 06095
- Phone: (860) 285-1886

Nutrition

Meals/Nutrition Programs

Contact Windsor Social Services or Windsor Senior Center for assistance with access to Meal/Nutrition Programs.

- Phone: (860) 285-1839 or 285-1992

For more information on Community Renewal Team (CRT), please visit their website:

<https://www.crtct.org/programs/seniors/meals-on-wheels/>

Safety

Police/Medical/Fire Emergencies: 9-1-1

Windsor Police Department

For routine calls and complaints: (860) 688-5273

Fire Prevention: Keep lists of shut-ins and disabled.

Poison Control

- Phone: (800) 222-1222
- www.poisoncontrol.uchc.edu

ASPCA Animal Poison Control

- Phone: (888) 426-4435

Suicide Hotline

- Phone: (800) SUICIDE / (800) 784-2433
- (800) 273-TALK / (800) 273-8255
- www.suicidepreventionlifeline.org
- www.suicidehotlines.com

National Domestic Violence Hotline

- Phone: (800) 799-SAFE / (800) 799-7233
- TTY: (800) 787-3224
- www.ndvh.org

Connecticut Coalition Against Domestic Violence

- Phone: (888) 774-2900
- www.ctcadv.org

Transportation

Allied Transportation Services

Wheelchair vans, fee charged.

- Phone: (860) 741-3701
- www.alliedgroup.org/ride

Windsor Senior Transportation (Dial-A-Ride Program)

Transportation for residents 60 and over, and/or physically disabled. Most vehicles are lift-equipped. Provides trips to doctor appointments, shopping, Senior Center activities.

- Phone: (860) 285-1996

Connecticut Transit Buses

Call CT Transit at (860) 525-9181 for more information or visit: cttransit.com.

Handicapped Parking Permits

For handicapped restricted parking areas and for permanent permits contact State Dept. of Motor Vehicles, 60 State Street, Wethersfield, CT 06109.

- Phone: (800) 451-7084

Handicapped Parking Permits Information Continued:

- Local Motor Vehicle Department at (860) 263-5700.
- www.ct.gov/dmv/

Nutmeg Senior Rides

Affordable, door-through-door, personal transportation service for seniors and the disabled.

- Phone: (860) 758-7833
- www.nutmegseniorrides.org

GO GO Grandparent

Turns on demand transportation companies like Lyft/Uber into a service you can access without a smartphone.

- Phone: (855) 464-6872

Volunteer Opportunities

See Town of Windsor Social Services or Senior Services