

# The Windsor Youth Services Bureau (YSB)

offers goal-oriented programs for youth and families.



For more information about YSB programs and events please contact us at **860.285.1946**

599 Matianuck Avenue  
Windsor CT 06095  
townofwindsorct.com

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Windsor Youth Services Bureau

## Important Windsor

### Phone Numbers

- ◇ Youth Services Bureau 860.285.1946
- ◇ Social Services 860.285.1839
- ◇ Police Department 860.688.5273
- ◇ Fire Department 860.285.1983
- ◇ Recreation & Leisure 860.285.1990
- ◇ Town Hall 860.285.1902
- ◇ Senior Center 860.285.1992

### Windsor Public Schools

- Windsor High School 860.687.2020
- Sage Park Middle 860.687.2030
- Clover Street Elem. 860.687.2050
- John F Kennedy Elem. 860.687.2060
- Oliver Ellsworth Elem. 860.687.2070
- Poquonock Elem. 860.687.2080

**24 Hour CT Crisis Information Line**

**Dial 211 or go online [www.211ct.org](http://www.211ct.org)**



# Resource Guide

**For Youth,  
Parents,  
Families, and  
Educators**



## Alcohol and Substance Abuse

Dial 2-1-1 from anywhere in Connecticut to contact a highly-trained call specialist who will assess your needs and provide referrals to resources in your community.

◇ Community Health Resources (CHR) offers a full range of treatment options including residential, outpatient, and intervention. [153 Hazard Ave., Enfield, CT 06082 \(p\)860-253-5020](tel:860-253-5020)

## Child Abuse

Dial 2-1-1 from anywhere in Connecticut to contact a highly-trained call specialist who will assess your needs and provide referrals to resources in your community.

◇ Department of Children and Families: To Report Child Abuse and or Neglect call the care line: [1-800-842-2288](tel:1-800-842-2288)

## Death & Grieving

Mary's Place, a non-profit organization, provides a safe place in which grieving children, teens and families share their experiences, receive support, and find comfort.

[6 Poquonock Avenue, Windsor, CT 860-688-9621](tel:860-688-9621)  
[www.marysplacect.org](http://www.marysplacect.org)

## Depression, Anxiety, ADD/ADHD,

## Anger Management

Kidz Matter provides clinical treatment to children ages 3-19 and families. This organization also offers individual, family, and group counseling. [95 Raffia Road, Suite #2 Enfield CT 860-749-9298](tel:860-749-9298)

## Eating Disorders

At Hartford Hospital, treatment is provided by a dedicated interdisciplinary team of eating disorder specialists in the fields of psychiatry, psychology, nutritional science, nursing, social work, and body image therapy. For information, call the Clinical Director at [\(860\) 545-7203](tel:860-545-7203)

## Employment Laws

For teens starting a job, it is important to know that there are some restrictions set on the types of jobs a teen can do and the hours they can work, depending on the age. The employer will require specific forms needed to be completed in order to work. For more information visit [www.ctdol.state.ct.us/youth/employment.htm](http://www.ctdol.state.ct.us/youth/employment.htm)

## Gambling

The Connecticut Council on Problem Gambling is a private, not-for-profit organization affiliated with the National Council on Problem Gambling. The Council's mission is to reduce the prevalence and impact of problem and pathological (compulsive) gambling on individuals, families, and society. For more information call [1-888-789-7777](tel:1-888-789-7777) or visit <http://www.ccpog.org/>

## Homelessness

For youth and teens who may be subject to couch-surfing, house hopping, constant moving around or have ran away.

- ◇ Runaway Switchboard [\(800\) 786-2929](tel:800-786-2929)
- ◇ School Homeless Liaisons [\(860\) 807-2058](tel:860-807-2058)
- ◇ Legal Questions - Free & Confidential Hartford [\(860\) 570-5327](tel:860-570-5327)
- ◇ Louis Tallarita, Connecticut State Department of Education at [860-807-2058](tel:860-807-2058)

## Mental Health

Change Incorporated is an organization that provides excellent rehabilitation service to individuals with numerous disabilities that will allow them to live a fulfilling life. 98 Washington Street Middletown, CT 06457 [\(p\) 860-346-0771](tel:860-346-0771)  
[www.changeinonline.org](http://www.changeinonline.org)

◇ The Department of Mental Health and Addiction Services provides an integrated network of comprehensive, effective and efficient mental health and addiction services that foster self-sufficiency, dignity and respect. [\(860\) 418-7000](tel:860-418-7000) or Toll free: [1-800-446-7348](tel:1-800-446-7348)

## Pregnancy

Birthright is an organization which treats women with love and respect, as well as personal attention to each woman's specific situation. Birthright services are always free, absolutely confidential, and available to any woman regardless of age, race, religion, marital status, or financial situation. [914 Main St # 216, East Hartford, CT 06108 860-290-8800](tel:860-290-8800)

◇ Planned Parenthood believes in the fundamental right of each individual, throughout the world, to manage his or her fertility, regardless of the individual's income, marital status, race, ethnicity, sexual orientation, age, national origin, or residence. [111 Hazard Ave. Enfield, CT 06082 860.741.2197](tel:860-741-2197)

## Sexual Assault

The Sexual Assault Crisis Service offers comprehensive services to sexual assault survivors. They can be reached 24 hours a day at [1-888-999-5545](tel:1-888-999-5545)

◇ Rape, Abuse, and Incest National Network (RAINN) [1-800-656-4673](tel:1-800-656-4673)

## Suicide & Self Harming

The Connecticut Suicide Advisory Board is a network of diverse advocates, educators and leaders concerned with addressing the problem of suicide with a focus on prevention, intervention, and health and wellness promotion. [Dial 2-1-1 from anywhere in CT.](tel:2-1-1)

◇ The S.A.F.E. Clinic provides outpatient services to adolescents and adults who engage in self-destructive, impulsive behaviors and have a desire to stop. For more information call [1-800-366-8288](tel:1-800-366-8288) or visit [www.selfinjury.com](http://www.selfinjury.com)

## Teen Driving Laws

CT DMV Center for Teen Safe Driving  
[www.ct.gov/teendriving/](http://www.ct.gov/teendriving/)

## Windsor Youth Commission

Promotes positive youth development through education, programs, activities, counseling and other youth orientated services. For more information call [860-285-1946](tel:860-285-1946).