



Social Services News

SEPTEMBER 2018

LP Wilson Community Center
599 Matianuck Avenue
860-285-1839



Look for us on Twitter at:
[@WindsorSocSrv](https://twitter.com/WindsorSocSrv)



Look for us on Facebook at:
[Town of Windsor Social Services.](https://www.facebook.com/TownofWindsorSocialServices)

www.townofwindsorct.com/socialservices

Windsor Social Services is hosting a
FINANCIAL TALK
with **John Sheerin of The Senior Source, Inc.**

Topics of discussion will include:

- Medicare Savings Plan
- Ways to get tax free monies from your existing life insurance and still keep the valuable protection
- Ways to get possible double digit growth on your investments with no risk
- CD alternatives with better interest rates

This discussion will be held on Wednesday, Sept. 12th, at 10:00 a.m at the L.P.Wilson Community Center, All Purpose One Room, 599 Matianuck Ave., Windsor.

Please RSVP or call for more information
Susan Nunes (860)-285-1839

SECOND ANNUAL
VOLUNTEER SERVICES FAIR
Doing good is good for you AND good for Windsor!

VOLUNTEERING reduces depression, chronic pain, stress, risk of disease and social isolation.

VOLUNTEERING increases physical fitness, mental functionality, sense of purpose, social connection and longevity.

Adults and teens are invited to the second annual Windsor Volunteer Services Fair to learn about the many different ways in town to volunteer. Choose what interests you. Windsor Social Services and the Windsor Food & Fuel Bank representatives will be there sharing information about opportunities to volunteer in our many food distribution programs.

The fair will be held on Wednesday, September 12th at 6:30 to 8:30 pm at the Window Town Hall, Council Chambers (lower level) 275 Broad Street Windsor, CT.

WINDSOR FOOD BANK DIETITIAN DAYS WILL CONTINUE THIS FALL

Dietitian Thursdays this summer have been very well received and will now continue through the fall.

Stop by our dietitian's table on Thursday afternoons from 1:-3:00 pm to learn more about healthy eating, active living, and more! Ask questions, take pamphlets, and try a tasting. Our weekly dietitian will provide examples of nutritious fall recipes and food samples.

ENERGY ASSISTANCE UPDATE

Community Renewal Team (CRT) is currently taking appointments for the 2018-2019 energy season. Call **(860) 560-2694** to schedule an appointment. CRT will be in Windsor, but the office hours have not been finalized at this time.

Please contact Social Services at 860-285-1839 to discuss eligibility for electric, gas and water assistance through the **Windsor Food & Fuel Bank**.

Preview to October:
INFORMATIVE SEMINAR ON
MEDICARE CHANGES FOR 2019

medicare **Do you know what plan is right for you?**

Our annual Medicare informational event will be held in mid-October. Details will be in our October newsletter.

Please join us for a discussion on Medicare and changes to the 2019 Medicare Plans. Our guest speaker will be John Sheerin from The Senior Source, LLC.



GROCERIES TO GO
Sept. 7th and 21st
10:30 AM—11:30 AM
Windsor Senior Center



MOBILE FOODSHARE
Sept. 14th & 28th
8:45 AM —9:15 AM
130 Deerfield Rd., Old Elk's Lodge

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CASEWORKER AT THE LIBRARY

Maggie Goodman is available **Tuesdays from 1:00 pm—3:00 pm** on the lower level of the Windsor Public Library main branch. Maggie is happy to answer questions, provide information & give resources to people in need of assistance.

GOT MEDICARE QUESTIONS?

If you are confused about your medical insurance choices, we can help. Call the Social Services office and schedule an appointment with our CHOICES counselor, Maggie Goodman, who can help you to understand which insurance choice will be best suited for your needs. Call 860-285-1839.

SEPTEMBER SNAP OUTREACH

Supplemental Nutritional Assistance Program.

Wednesday, **September 5th** between 1:-4:00 pm and Friday, **September 21st** between 9:-12:00 noon at the LP Wilson Community Center. Call 860-285-1839 for more information or to schedule an appointment.

WINDSOR HUNGER ACTION TEAM

Windsor HAT meets the 1st Wednesday of each month at 9 AM in the Ludlow room at the Windsor Town Hall. Join us to help to eliminate hunger in our community. Next meeting **September 5th**. Contact Susan Nunes for information at 860-285-1839.

WINDSOR SOCIAL SERVICES ON TWITTER AND FACEBOOK

Windsor Social Services can be found posting, tweeting and retweeting important information, resources, facts and events on Facebook and Twitter.

Please follow us to receive this important information.



Look for us on Facebook at:

Town of Windsor Social Services.



Look for us on Twitter at:

@WindsorSocSrv

MONTHLY GROUPS

Windsor C.A.R.E.S.: Meets the 2nd Tuesday of each month at the LP Wilson Community Center, AP1 room. This is a group of adults who are committed to volunteerism. The group takes on community service projects for people of all ages. Next meeting will be held **September 11th** at 1:00 PM. Call Deb for more info. at 860-285-1839.

Diabetic Support Group: Meets the 3rd Tuesday of each month at 11AM at the LP Wilson Community Center, AP1 room. This group is open to all diabetics and their family members. Topics vary by month. Next meeting will be **September 18th** at 11am. Call Social Services for more information at 860-285-1839.

SHARE Group: Fitch Court SHARE group meets the 2nd Wednesday of each month from 2:-3:00 PM. The next meeting will be held on **September 12th**. SHARE group meetings are open to all residents at these housing sites. Call Maggie at 860-285-1839.

VETERAN'S COUNSELING

The Hartford Vet Center Windsor location is open every other Friday from 8:00 am to 3:00 pm. Appointments are scheduled between 9am-3pm. **CALL 860-563-8800 TO SCHEDULE AN APPOINTMENT.**

WIC IN WINDSOR

WIC— Women, Infants, Children—is a supplemental nutrition program providing education and foods to women and children. WIC meets at the LP Wilson Community Center on the **first Tuesday of each month**. Appointments are taken between 10:00 am and 1:00 pm. Call 860-757-4860 to schedule an appointment.

FOOD BANK HOURS

Monday & Tuesday 9:00 AM - 11:00 AM

Wednesday & Thursday 1:00 - 3:00 PM

Thursday 5:00 PM - 6:45 PM

Meet the Social Services Staff

Anne Wakelin, Human Svc. Director

Sue Raggio, Dept. Coordinator

Maggie Goodman, Caseworker &

Municipal Veteran's Svc. Contact

Susan Nunes, Administrative Aide

Andy Price, Caseworker

Deb Sheldon, Caseworker

Jasmine Hall, Caseworker

Ted Hughes, Food Bank