



Social Services

JUNE 2019

LP Wilson Community Center
599 Matianuck Avenue
860-285-1839



Look for us on Twitter at:
[@WindsorSocSrv](#)



Look for us on Facebook at:
[Town of Windsor Social Services.](#)

www.townofwindsorct.com/socialservices

IMPORTANT INFORMATION ABOUT UTILITY ASSISTANCE

Do you have an electric or gas shut off notice?

If so, here are the steps we encourage you to follow:

1. Contact the credit department to ask what you need to prevent termination in services.
Eversource Credit Dept. 1-800-286-2828
CNG Credit Dept. 1-973-796-9390
2. Ask about payment plans that you may be eligible for (ex. New Start or personal payment plans)
3. Then contact the Social Service department to see if you qualify for assistance.

SUMMER ENERGY SAVINGS TIPS

By Jasmine Hall,

Social Services Energy Caseworker

If you are trying to save money while staying comfortable during these warm summer months, see below for some energy saving tips:

- Cut annual heating bills by as much as 10 percent a year by turning your thermostat back 10 to 15 percent for eight hours a day.
- Cover through-the-wall air conditioners to prevent cold air from leaking into your home.
- Keep shades and curtains open during the day on the south side of your home to allow solar heating. Close them at night to retain heat.
- Don't block your radiators or heating vents with furniture or draperies.
- Place a sheet of aluminum foil between the radiator and the wall to reflect heat back into the room.

For more information, please visit Eversource Website and click on "Save money and Energy" .

FREE Daily Summer Meals for children 18 and younger

The Summer Meals program takes place throughout Connecticut and across the country providing **FREE daily meals to kids and teens 18 years & younger.**

The Windsor locations for the program are as follows:

Poquonock School:	11:15 AM -12:30 PM
Deerfield Apartments:	11:30 AM—12:30 PM
Wilson Library:	11:30 AM—1:00 PM
Stroh Park at Goslee Pool:	12:45 PM —1:30 PM

The program runs Monday through Friday throughout the summer from **June 17th through August 23rd** and provides FREE lunches. For additional sites or to confirm meal times: text **CTmeals** to 877877 or call 211. This program is supported by the CT State Dept. of Education, the No Kid Hungry CT Campaign, End Hunger CT and the Windsor Hunger Action Team.

FARMERS MARKET COMING SOON

There are many benefits to purchasing fresh fruits and vegetables at your local farmer's markets:

- Food is grown locally and picked when perfectly ripened
- No time spent being transported on a truck or sitting in the supermarket so their taste, texture and aroma are enhanced
- Nutrients are more abundant in fresher foods
- Shopping at farmer's markets benefit the local farmer and strengthens your community

Windsor: Corner of Maple Ave and Broad St
Thursdays 3:30 PM-6:30 PM
June 27th through October 17th



GROCERIES TO GO

June 14th & 28th
10:30 AM—11:30 AM
Windsor Senior Center



MOBILE FOODSHARE

June 7th & 21st
8:45 AM —9:15 AM
130 Deerfield Rd., Old Elk's Lodge

Social Services News June 2019

ENERGY ASSISTANCE UPDATE

Please contact Social Services at 860-285-1839 to discuss eligibility for electric, gas and water assistance through the **Windsor Food & Fuel Bank**.

GOT MEDICARE QUESTIONS?

If you are confused about your medical insurance choices, we can help. Call the Social Services office and schedule an appointment with our CHOICES counselor, Maggie Goodman, who can help you to understand which insurance choice will be best suited for your needs. Call 860-285-1839.

CASEWORKER AT THE LIBRARY

Maggie Goodman, Social Services caseworker, is available Tuesdays from 1:00 pm—3:00 pm on the lower level of the Windsor Public Library main branch. Maggie is happy to answer questions, provide information and give resources to people in need of assistance.

JUNE SNAP OUTREACH

Supplemental Nutritional Assistance Program. Wednesday, **June 5th** between 1:-4:00 pm and Friday, **June 21st** between 9:-12:00 noon at the LP Wilson Community Center. Call 860-285-1839 for more information or to schedule an appointment.

WINDSOR HUNGER ACTION TEAM

Windsor HAT meets the 1st Wednesday of each month at 9 AM in the Ludlow room, lower level at the Windsor Town Hall. Join us as we work together to identify issues and to find solutions to help to eliminate hunger in our local community. Next meeting will be **June 5th**. Contact Susan Nunes for information at 860-285-1839.

ARE YOU A GRANDPARENT RAISING GRANDCHILDREN?

Exciting news!

Contact Debbie Sheldon in Social Services
at 860-285-1839

MONTHLY GROUPS

Windsor C.A.R.E.S.:

Meets the 2nd Tuesday of each month at the LP Wilson Community Center, AP1 room. This is a group of adults who are committed to volunteerism. The group takes on community service projects for people of all ages. Next meeting will be held **June 11th** at 1:00 PM. Call Deb for more info. at 860-285-1839.

Diabetic Support Group:

Meets the 3rd Tuesday of each month at 11AM at the LP Wilson Community Center, AP1 room. This group is open to all diabetics and their family members. Topics vary by month. The next meeting will be on Tuesday, **June 18th** at 11am. Call Social Services for more information at 860-285-1839.

Fitch Court SHARE Group:

Meets on Wednesday, June 12th from 2:-3:00 PM in the Community Room. This group is open to those who reside at Fitch Court. Each month has a different topic. Call Maggie at 860-285-1839 for information.

VETERANS COFFEE HOUR

Meets Thursday, June 27th and the 4th Thursday of each month, 8:30 AM at the Windsor Senior Center, Senior Center Café Lounge, LP Wilson Community Center.

VETERAN'S COUNSELING

The Hartford Vet Center Windsor location is open every other Friday at LP Wilson from 8:00 am to 3:00 pm. Appointments scheduled between 9am-3pm. **CALL 860-563-8800 TO SCHEDULE AN APPOINTMENT.**

WIC IN WINDSOR

WIC— Women, Infants, Children—is a supplemental nutrition program providing education and foods to young women and children. WIC meets at the LP Wilson Community Center on the first Tuesday of each month. Appointments are taken between 10:00 am and 1:00 pm. Call 860-757-4860 to schedule an appointment.

Meet the Social Services Staff

Anne Wakelin, Human Svc. Director

Sue Raggio, Dept. Coordinator
Maggie Goodman, Caseworker &
Municipal Veteran's Svc. Contact
Susan Nunes, Administrative Aide

Andy Price, Caseworker
Deb Sheldon, Caseworker
Jasmine Hall, Caseworker
Ted Hughes, Food Bank

