

## Social Services OCTOBER 2019

LP Wilson Community Center 599 Matianuck Avenue 860-285-1839



Look for us on Twitter at:

@WindsorSocSrv

Look for us on Facebook at: Town of Windsor Social Services.

www.townofwindsorct.com/socialservices

#### 1<sup>st</sup> ANNUAL CONFERENCE FOR GRANDPARENTS & OTHER KIN RAISING GRANDCHILDREN/CHILDREN

Hosted by Town of Windsor Grandparent & Kin Circle

Workshops will focus on mental health, relaxation, electronics, benefits, legal questions and easy recipes.

Thursday, October 10<sup>th</sup>, 2019 9am -2:30pm

Thursday, October 10<sup>th</sup>, 2019 9am -2:30pm LP Wilson Community Center, AP1 Room 599 Matianuck Avenue, Windsor, CT

The day is FREE and includes breakfast and lunch Reserve your seat now as space is limited! Feel free to refer a friend. Stop in or call Debbie at 860-285-1839 to register.

#### PROJECT SANTA 2019

The holidays are near and it is time to think about holiday gifts for your children. We recognize that times are tough and we are here to offer some assistance to you through Project Santa. Project Santa is available to families with children age 15 and younger.

If you are a current member of the food bank, Weekend Wheels or Windsor Food Service free or reduced meal approved, you automatically qualify (need to bring Windsor Food Service meal approval letter). If you are not, please provide/bring your ID, proof of address, proof of last four weeks of income and social security or birth certificate for children 15 and younger. You must have all documents to register. No partial applications will be taken. Call 860-285-1839 with any questions.

# Registrations will be taken Monday through Friday 8:30 am - 4:30 pm during the month of October in the Social Services office.

Completed registration and wish list Project Santa packets must be received by the program committee no later than November 8th, 2019.

## MOBILE FOODSHARE IS MOVING TO A NEW LOCATION

Please watch for the announcement of the new location site for Mobile Foodshare.

There are no more distributions at the Deerfield Road location.

Please call Social Services with any questions. The Mobile Foodshare program comes to **Windsor** to provide fresh fruits and vegetables to individuals and families in need. Please bring your own bags as they will not be provided.

### INFORMATIVE SEMINAR ON MEDICARE CHANGES FOR 2020

### medicare

Do you know what plan is right for you?

Please join the discussion on Medicare and changes to the 2020 Medicare plans with guest speaker, John Sheerin from The Senior Source, LLC. This event will be held on **Thursday, October 24th, 10:00 a.m.** – **11:30 a.m.** at the L.P.Wilson Community Center, All Purpose One Room, 599 Matianuck Ave. Windsor, CT. RSVP to Susan Nunes at 860-285-1839.

#### ANTHEM COFFEE SOCIAL

Join us for a discussion on the Anthem Blue Cross and Blue Shield Medicare Advantage plans and benefits available to you. Whether you're choosing your first Medicare plan or switching to a new one, Anthem can help you choose the Medicare Advantage plan that best fits your lifestyle and budget. There is no obligation to enroll in a plan if you attend. This event will be held on **Friday, November 8th from 10:30-11:30 a.m.** in the Windsor Senior Center. Please call 860-285-1839 to RSVP.



GROCERIES TO GO
Oct. 4th & Oct. 18th
10:30 AM—11:30 AM
Windsor Senior Center



MOBILE FOODSHARE
WED. Oct. 9th & 23rd \*See above
2:00 PM - 2:30 PM
130 Deerfield Rd., Old Elk's Lodge

### **Social Services News October 2019**

#### C.A.R.E.S SOCKTOBER NEW WINTER SOCK COLLECTION

The summer has ended and the winter months will be upon us before we know it. The winter months are extremely difficult for those who are homeless and need to stay warm. C.A.R.E.S. is collecting NEW winter socks to be distributed this holiday season to those in need. NEW socks can be dropped off at Social Services at LP Wilson Community Center. If you have any questions please call Deb at 860-285-1839. Your help will be greatly appreciated.

ATTENTION FOOD BANK CLIENTS
Don't forget to BRING YOUR OWN BAGS
to the food bank. The Windsor Food Bank is
no longer be able to provide paper or plastic
bags for your grocery distribution. You must
bring your own bags LABELED NEATLY
WITH YOUR NAME ON THEM.

#### **ENERGY ASSISTANCE UPDATE**

CRT is currently taking appointments for the 2019-2020 energy season. Call (860) 560-2694 to schedule an appointment. All appointments must be scheduled through the Hartford main office.

Please contact Social Services at 860-285-1839 to discuss eligibility for electric, gas and water assistance through the **Windsor Food & Fuel Bank**.

#### GOT MEDICARE QUESTIONS?

If you are confused about your medical insurance choices, we can help. Call the Social Services office and schedule an appointment with our CHOICES counselor, Maggie Goodman, who can help you to understand which insurance choice will be best suited for your needs. Call 860-285-1839.

#### SEPTEMBER SNAP OUTREACH

Supplemental Nutritional Assistance Program. Wednesday, September 4th between 1:-4:00 pm and Friday, September 20th between 9:-12:00 noon at the LP Wilson Community Center. Call 860-285-1839 for more information or to schedule an appointment.

#### VETERANS COFFEE HOUR

Meets the 4<sup>th</sup> Thursday of each month, 8:30 AM at the Windsor Senior Center, Senior Center Café Lounge, LP Wilson Community Center. Refreshments served.

#### MONTHLY GROUPS

**Windsor C.A.R.E.S.:** Meets the 2nd Tuesday of each month at the LP Wilson Community Center, AP1 room. This is a group of adults who are committed to volunteerism. The group takes on community service projects for people of all ages. Next meeting will be held **October 8th** at 1:00 PM. Call Deb for more info. at 860-285-1839.

**Diabetic Support Group:** Meets the 3rd Tuesday of each month at 11AM at the LP Wilson Community Center, AP1 room. This group is open to all diabetics and their family members. Topics vary by month. The next meeting will be on Tuesday, **October 15th** at 11am. Call for more information at 860-285-1839.

Fitch Court SHARE Group: Now meets four times a year in September, December, March and June in the Community Room. This group is open to those who reside at Fitch Court. Each meeting has a different topic. The next meeting will be held in December. Call Maggie at 860-285-1839 for information.

#### LYME DISEASE NEW SUPPORT GROUP STARTING

Voices Against Lyme Disease CT, a Windsor based non-profit would like to start a support group for those individuals suffering with Lyme Disease as well as for their family and friends, that may be interested. This program is in its preliminary stages so the location and time have not been finalized. We do know the support group will meet on a Saturday once a month to start. You do not need to be a Windsor resident to attend this free support group. If you or someone you know is interested, please contact Bonnie S Waterhouse at 860-930-2446 or email our organization at: voicesagainstlymedisease@gmail.com

#### **Meet the Social Services Staff**

Anne Wakelin, Human Svc. Director



Jasmine Hall, Dept. Coordinator
Maggie Goodman, Caseworker &
Municipal Veteran's Svc. Contact
Susan Nunes, Administrative Aide

Andy Price, Caseworker Deb Sheldon, Caseworker Eliana Medina-James, Caseworker Ted Hughes, Food Bank