

# Healthy Minds Healthy Windsor !!! (A FREE evening for all ages)

**Free Dinner!!**  
**Supervised activities**  
**for ages 5 and up**  
**Registration required**

Learn ways to support a family member or friend who may need help!!!

Join the Windsor Social Services Department in a community discussion on the stigmas associate with mental health !!



Space is limited!  
RSVP to  
Social Services at  
860-285-1839  
by 5/20/22

**MAY IS MENTAL  
HEALTH  
AWARENESS  
MONTH!!**

Door Prizes!!!  
Including:  
Free stay at the  
Marriot and more!!

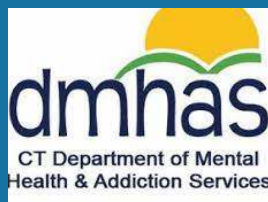


When: Tuesday, May 24, 2022

Time: 6pm to 8pm( Dinner starts @5:45pm)

Where: Windsor Public Library, 323 Broad street

In partnership with :



Register online:

