



Social Services

FEBRUARY 2023



LP Wilson Community Center
599 Matianuck Avenue
860-285-1839



Look for us on Facebook at:
[Town of Windsor Social Services.](https://www.facebook.com/TownofWindsorSocialServices)

www.townofwindsorct.com/socialservices

LEAN ON ME A New Caseworker Appointment Program at the Library

Social Services is pleased to announce LEAN ON ME -a new caseworker appointment program the first Tuesday afternoon of each month at the Windsor Main Library.

Talk to an expert that can provide information and support for basic needs. Schedule your appointment with Windsor Social Services' friendly and knowledgeable caseworkers at the Windsor Public Library to learn about programs you may qualify for. If you have questions about energy assistance, food assistance, Medicare, or more - our caring staff can assist you.

Call 860-285-1839 to schedule an appointment the first Tuesday or every month between 1-3PM. The staff is also available at our main office at the LP Wilson Community Center for scheduled appointments.

SOCIAL SERVICES NEW OFFICES AT LP WILSON

We are happy to announce that the Social Services Department has moved to our new location at the LP Wilson Community Center. We are now located on the left SIDE of the building beyond the food bank in the same space where the senior center lounge used to be. You can get to our office thru our new exterior entrance thru the square, glass vestibule OR you can enter our office thru the interior hallway of LP Wilson.

Please stop in and say hello and see our new space! Our staff is here to be of assistance to our residents.

CHR Mental Health First Aid Certification

Mental Health First Aid (MHFA) teaches you how to identify, understand, and respond to signs of mental health and substance use challenges among adults. This is a two-part certification course taught by an MHFA instructor from CHR offered to Windsor residents only. Lunch is provided. Pre-assessment is required before attending the event.

You'll build the skills and confidence you need to reach out and provide initial support to those who are struggling. You'll also learn how to help connect them to appropriate support.

This FREE event for ages 18 and older will be held on March 18 & April 1 from 10:00 am to 1:00 pm, at the Millbrook Clubhouse, 147 Pigeon Hill Road, Windsor CT 06095. Call the Rec. Dept. at 860-285-1990 to register.

FEBRUARY IS BLACK HISTORY MONTH

Black History Month is an annual observance in the United States, Canada, and the United Kingdom of achievements made by black Americans and their central role in U.S. and world history. Black History Month is not about the cultural divide, but unity. It is a tool used to create and develop new awareness. Let's continue to come together as we grow stronger as a community.



GROCERIES TO GO
February 3rd & 17th
10:30 AM—11:30 AM
at THE WINDSOR FOOD BANK

MOBILE FOODSHARE
February 8th & 22nd
1:30 PM -2:00 PM
Hopewell Baptist Church, 280 Windsor Ave.

Social Services FEBRUARY news

MONTHLY GROUPS:

WINDSOR C.A.R.E.S.

This is a group of adults who are committed to volunteerism. The group takes on community service projects for people of all ages. Call Deb Sheldon for meeting information at 860-285-1839.

WINDSOR HUNGER ACTION TEAM

Join The Conversation

This group meets monthly to discuss food insecurity in our local community and solutions to help those in need. The next meeting will be held in person and via zoom on **Wednesday, February 1st at 9:00 am**. Contact Susan Nunes for meeting information at 860-285-1839 and to be added to our new HAT email distribution list. **AND**

The Windsor Hunger Action Team has a Facebook page! **Stay Connected:** Like and Follow on Facebook for updates and resources throughout the month, <https://www.facebook.com/WindsorHAT/>.

WINDSOR FOOD BANK IS IN NEED OF VOLUNTEERS TO DO GROCERY STORE PICKUPS AND FOOD DELIVERIES

The Windsor Food Bank is in need of volunteers to do **HEAVIER** food pickups and deliveries—possibly up to 50 pounds a box. These pickup/deliveries are on Thursday afternoons at 2:45 from a local grocery store and some possible home deliveries.

If you are interested and available to help with this volunteer request, please contact Susan Nunes at 860-285-1839.

BAD WEATHER ALERT:

If the Windsor Food Bank or Groceries to Go closes due to bad weather, a robo call will be made to all food program clients.

If Windsor schools are closed, then Mobile Foodshare is cancelled. Watch for closings on Channel 3 and Channel 30 news.

ENERGY ASSISTANCE UPDATE

If you're in need of utility (electric, gas and water) assistance, please call Eliana Medina-James at 860-285-1839 to discuss programs and qualifications.

Community Renewal Team (CRT) is taking appointments for the 2022-2023 energy season. Call **(860) 560-2694** to schedule an appointment. To download their online application visit: <https://portal.ct.gov/DSS/Economic-Security/Winter-Heating-Assistance/Energy-Assistance---Winter-Heating/How-To-Apply> .

NEW EMAIL DISTRIBUTION LISTS

Social Services has created and is managing several new email distribution lists:

***Social Services Information & Events**

***Grandparents Raising Grandchildren or Kin**

If you are interested in receiving emails with information and events relating to the above programs, please call Windsor Social Services at 860-285-1839 to sign up on the email list of your interest.

GRANDPARENT AND KINSHIP CIRCLE

Are you a grandparent over the age 55 raising a grandchild or kin? Do you need a break to engage in self-care? Are you interested in learning more about your legal rights? Are you interested in participating in a conference to learn skills & to network with others?

THERE IS SUPPORT AVAILABLE.

Call Social Services at 860-285-1839 to be added to our Grandparent & Kinship Circle email distribution list and to find out what events and programs are currently happening to help support grandparents raising a second family.

The Grandparent Raising Grandchildren/Kin Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging & Social Services

FOOD BANK HOURS

Monday & Tuesday 9:00 AM - 11:00 AM
Wednesday & Thursday 1:00 - 3:00 PM
4th Thursday of ea. Month 5-6:45PM

Meet the Social Services Staff

Enita Jubrey, Social Services Director

Jasmine Hall, Dept. Coordinator
Maggie Goodman, Caseworker &
Municipal Veteran's Svc. Contact
Susan Nunes, Administrative Aide

Andy Price, Caseworker
Deb Sheldon, Caseworker
Eliana Medina-James, Caseworker
Ted Hughes, Food Bank

