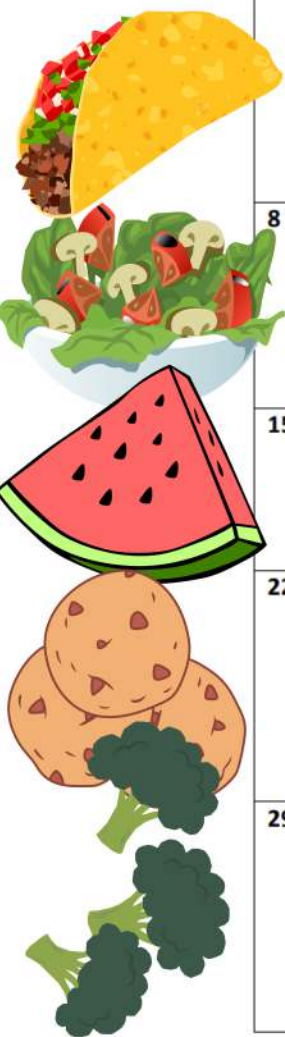


CRT July Lunch Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Turkey Sausage Pasta w/ Sce / Parmesan Cheese Normandy Vegetables Garlic Knot Fresh Fruit	2	<u>Celebrate Taco Tuesday</u> Beef Taco / Taco Shell / Mexican-Style Rice & Beans / Lett /Tomato / Cheese /Sour Cr/ Salsa Fresh Fruit	3	Orange Juice Roasted Turkey Sandw w/ Swiss, Lettuce, Tomato & Honey Mustard on Multigrain- Ciabetta Roll / Tater Tots / Ketchup / Cookie	4	CRT Closed In Observance of 4 th of July Holiday	5	Salisbury Steak w/ Gravy Seasoned Whole Baby Potatoes Peas & Diced Carrots 100 % Whole Wh Bread Yogurt Cup
8	<u>Beans & Franks Day</u> Orange Juice Chili Hot Dog on Bun Shredded Cheese / Baked Beans / Coleslaw / Wholegrain Fruit Bar	9	100 % Fruit Punch Ice Stuffed Pepper w/ Sauce Confetti Rice Italian Mixed Vegetables Wheat Bread Cookie	10	Boneless Chicken Marsala w/ Mushrooms Rice Pilaf 5-Way Vegetable Blend 100 % Whole Wh Bread Fresh Fruit	11	BBQ Beef Brisket Potato Salad California Blend Vegetables Wheat Bread Fresh Fruit	12	Orange Juice Meatball Stroganoff Parslied Pasta Prince Edward Vegetables Dinner Roll Pudding w/ Topping
15	Meat Lasagna / Marinara Sauce / Zucchini / Bread Stick Fresh Fruit	16	Kielbasa / Mustard / Garlicky Smashed Potatoes / Capri Veggies / Wheat Dinner Roll Fresh Fruit	17	Oven-Fried Chicken Baked Beans 4-Way Vegetable Blend Cornbread Loaf Fresh Fruit	18	Grape Juice Baked Ham w/Orange Glaze Mashed Sweet Potatoes Vegetable Medley / Wheat Brd Cookie	19	Turkey Sloppy Joe on Wheat Hamburger Bun Tri-Colored Pasta Salad Mixed Vegetables Fresh Fruit
22	Smothered Pork Chop w/ Gravy Rice Monaco Blend Veggies Wheat Dinner Roll Fresh Fruit	23	American Chop Suey w/ Elbow Pasta Italian Vegetable Blend 100 % Wh Wheat Bread Fresh Fruit	24	Roast Beef w/ Gravy Mashed Potatoes Brussel Sprouts Dinner Roll Yogurt Cup	25	<u>July Belongs to Blueberries</u> <u>Cobb Salad</u> : Orange Juice / Roma Blend / Grilled Chicken Breast / Hard Boiled Egg / Bacon / Blue Cheese / Grape Toms / Ranch Dressing / Saltines / Blueberry Sweet	26	100 % Fruit Punch Juice Seafarer's Seafood Salad on Club Roll / Sweet Potato Wedges / Ketchup Coleslaw Wholegrain Fruit Bar
29	BBQ Grilled Boneless Chicken Potato Salad Buttered Corn 100 % Wh Wheat Brd Fresh Fruit	30	Orange Juice Macaroni & Cheese Stewed Tomatoes Wheat Dinner Roll Pudding w/ Topping	31	Swedish Meatballs Garlic Pappardelle Broccoli Florets Wheat Bread Fresh Fruit	Please be advised that our food may come in contact with or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, sesame or fish. Please advise our staff		of any food allergies prior to your meal consumption ! ----- Don't forget to support your local farmers and enjoy the summer's bounty of fresh fruits and vegetables !	



Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses
All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford. Menu is subject to change.

You must place your order with the CRT Kitchen Manager by 12:00 PM on the day prior to when you want to dine: 860-285-1843. If you need to cancel a meal, please cancel with as much notice as possible. Please observe the posted signs about the cancellation policies.