2023

Directory of Services for

Seniors & Persons with Disabilities

Town of Windsor Connecticut

Commission on Aging and

Persons with Disabilities



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Commission on Aging and Persons with Disabilities

The Commission on Aging and Persons with Disabilities is a town appointed group which is responsible under town ordinance to identify needs of Windsor seniors and coordinate the programs for the aging. Members solicit information and concerns from elderly residents & their families, as well as concerned citizens, and serve as advocates to all levels of government and town organizations.

Members Include:

Rebecca Joyce, Town Liaison (860) 285-1992

Kathryn Roby, Chairperson (860) 989-5675

Amy Avedisian, Commissioner Marsha Brown, Commissioner Marva Douglas, Commissioner Linda Massa, Commissioner David Pekarski, Commissioner

Town Offices

Main Number

(860) 285-1805

General Numbers

Town Manager, Peter Souza (860) 285-1800

Social Services Coordinator (860) 285-1839

Senior Center Coordinator (860) 285-1992

Dial-A-Ride Coordinator (860) 285-1996

Caring Connection Adult Day Health Center (860) 547-0251

Various Departments

Recreation Department (860) 285-1990

Senior Center (860) 285-1992

Community Development (860) 285-1984

Public Works (860) 285-1855

Planning (860) 285-1981

Health Department (860) 285-1823

Main Library (860) 285-1910

Wilson Branch Library (860) 247-8960

Assessor (860) 285-1819

Police Department (860) 688-5273

Building Inspector (860) 285-1960

Probate Court
Greater Windsor
Probate Court
(860) 644-2511 Ext 371
(Located at S. Windsor Town Hall)

Windsor Websites

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https://townofwindsorct.com/
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Continuing education Windsor Public Schools https:/www.windsoradulted.org/

Windsor Food Bank https://townofwindsorct.com/social-services/food-assistance-program/

Windsor Tax Relief https://townofwindsorct.com/assessor/

Veterans Tax Relief https://townofwindsorct.com/assessor/

Windsor Senior Center https://townofwindsorct.com/senior-services/

Windsor Health Department https://townofwindsorct.com/health/

Windsor Caring Connection
https://www.windsorcaringconnection.com/

Windsor Housing Authority <u>www.Windsorhousingauthority.org</u>

Town of Windsor Social Services https://townofwindsorct.com/social-services/

Windsor Recreation Department <u>www.townofwindsorct.com/recreation/</u>

Windsor Senior Transportation https://townofwindsorct.com/senior-services/senior-transportation/

Disability Services

Windsor Social Services AT RISK REGISTRY

A voluntary "At Risk Registry" to identify residents who might need extra assistance during an emergency. Registration forms can be obtained by calling Social Services at (860)285-1839 or:

Link to the At Risk Registration form:

https://townofwindsorct.com/app/uploads/sites/20/2021/12/Register-Ready-Registration-fillable-Form2.pdf

Completed applications can be emailed to the Social Services Department at socialservices@townofwindsorct.com

CT Department of Aging and Disability Services (ADS)

This is an umbrella CT state agency that administers services provided by ADS Bureau staff in addition to funding of nonprofit agencies to improve the ability of elderly and disabled populations to live independently.

• 55 Farmington Avenue, Hartford, CT 06105

Phone: (860) 424-5055TTY: (860) 424-4850

Bureau services include the following:

ADS-Bureau of Education and Services for the Blind (BESB)

Provides independent living services to "legally" blind adults including daily living skills training, assistive technology and training, and vocational services.

• 184 Windsor Avenue, Windsor, CT 06095

• Phone: (860) 602-4000

ADS- Bureau of Rehabilitation Services (BRS)

Provides vocational services for all adults with disabilities, except legally blind adults, assistive technology and training, deaf counseling services, vehicle modification, and other services.

• Phone: (860) 537-2549

Other ADS programs:

ADS- State Unit on Aging: Funds programs including OAA funding. (See NCAAA)

Brain Injury Association of CT (BIAC)

Provides counseling and support groups.

• 200 Day Hill Road, Windsor, CT 06095

Phone: (860) 219-0291Helpline: (800) 278-8242Email: generalh@iact.org

The CT Statewide Respite Care Program

This program is designed to assist persons who are caring for an individual who has a diagnosis of Alzheimer's disease, any other related irreversible dementia such as Parkinson's disease, Lewy Body dementia, Huntington's disease, or Pick's disease.

Long Term Care Ombudsman program

• Phone: (866) 386-1888

CT (NLS) Library for Accessible Books

Lends free books to residents unable to read regular print due to disability.

• Phone: 704-2220

• Email: csl.accessiblebooks.ct.gov

CT Radio Information Systems (CRIS Radio)

Broadcasts news to people unable to read due to disability.

• 315 Windsor Avenue, Windsor, CT 06095

• Phone: (860) 527-8000

• Email: info@crisradio.org

Website: crisradio.org

Disability Rights CT (DRCT)

Provides legal advocacy and protection of the rights of people with disabilities. (Former CT State Office of Protection and Advocacy for Persons with Disabilities)

• 75 Charter Oak Avenue, Ste. 1, Hartford CT 06106

• Phone: (860) 297-4300

• Email: info@DisRights.org

Website: disrightsct.org

Telecommunications Relay Services

for Deaf/Deafblind individuals:

Voice users: 711 or (800) 833-8134

Telecommunications relay: 211

• TDD/TTY user to voice phone: (800) 842-9710

Independence Unlimited, Inc. (IU)

A nonprofit agency that provides independent living services to individuals with disabilities including peer counseling, information and referral, home accessibility services, independent living skills training, and advocacy.

New Park Office and Conference Center (North Annex)
 151 New Park Avenue, Suite D, Hartford, CT 06106

• Phone: (860) 523-5021

• Email: contactus@independenceunlimited.org

Education

Continuing Education Program

Windsor Public Schools

Courses offered toward high school diploma or just for fun and enrichment. Also offering ESL courses.

- 601 Matianuck Avenue, Windsor, CT 06095
- Phone: (860) 687-2000 extension 1273
- https:/www.windsoradulted.org/

<u>Literacy Volunteers of Northern Connecticut</u>

Reading and writing assistance for adults as well as English as a Second Language.

• Phone: (860) 233-3853

AARP Driver Safety Program

A safe driving course held several times throughout the year at various locations for mature drivers. For more information, call the Windsor Senior Center:

• Phone: (860) 285-1992

• www.aarp.org/family/housing/driver safety program

Along with the AARP Driver Safety Program, The Windsor Senior Center offers a variety of educational programming throughout the year. Please check out their monthly newsletter for a calendar of events located at the Senior Center and throughout town.

Emergencies

Police, Fire, and Health

Emergencies

Dial 911

Ambulance Service

• Dial 911

Salvation Army

• (860) 543-8400

Red Cross

• (860) 678-2700

Emergency Food Shelf

• (860) 285-1839

Health Department

• (860) 285-1823

State of Connecticut Adult Protective Services

(888) 385-4225

Department of Children and Families (DCF) Hotline

• (800) 842-2288

Mental Health Hotline 988

If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org. You can also reach the Crisis Text Line by texting MHA to 741741.

Finance

Better Business Bureau

Compiles information on trusted businesses in the area.

- 29 Berlin Road, Cromwell, CT 06416
- Phone: (860) 740-4500
- www.ct.bbb.org

Connecticut Department of Consumer Protection

- 165 Capitol Avenue, Hartford
- Phone: (860) 713-6050
- For information and complaints: (860) 713-6300
- www.ct.gov/dcp

ConnPace

- Assistance with prescriptions coverage
- Phone: (800) 423-5026
- www.connpace.com

Consumer Credit Counseling Services (CCCS)

Provides free credit counseling services.

- Phone: (888) 845-5669
- www.moneymanagement.org

Energy Hotline

Community Renewal Team CRT:

Help is available to income eligible households to pay for heating fuel in the form of oil, gas, or electric heat. Appointments can be made by calling (860) 560-2694. When you call, indicate you would like an appointment in Windsor.

The Windsor Fuel Bank

The Windsor Fuel Bank offers emergency crisis benefits for eligible Windsor residents who are experiencing hardship with their utility bills, heating needs and water bills. Call Social Services at (860) 285-1839 for information. Assistance for water bills is also available, for eligible households.

Operation Fuel

Operation Fuel provides emergency help with heating and utility costs. For more information and eligibility guidelines, please contact Windsor Social Services at (860) 285-1839.

Utility Assistance Programs:

NUStart

This program is for customers in arrears on their electric bill with Eversource. For more information, please call (800) 286-2828.

Matching Payment Plan (MPP)

For more information call (800) 438-2278

Insulation and Weatherization

Conservation measures installed under this program include insulation for attics and exterior walls. Also installed are infiltration and hot water measures. These measures are installed free of charge for qualified customers. For more information call (860) 560-2694, choose option 2.

Windsor Food Bank

A resource for low income individuals and families in need of food assistance.

- 599 Matianuck Avenue, Windsor, CT 06082
- Phone: (860) 285-1839
- https://townofwindsorct.com/social-services/food-assistance-program

Windsor Pet Food Bank

- 970 Marshall Phelps Rd, Windsor CT 06095
- Phone; (860) 219-9832

<u>Senior Community Service Employment Program (Easter Seals)</u>

Local part-time employment for low income (55 yrs. and older).

- Phone: (888) 673-3443
- www.ct.easterseals.com

Hartford Consumer Credit Counseling

- Phone: (800) 450-2808
- www.creditcounseling.org

CT Labor Department

- Phone: (860) 263-6000
- www.ctdol.state.ct.us

Center for Medicare Advocacy

Provides legal assistance with understanding and appealing Medicare denials of services.

- Phone: (800) 262-44l4
- www.medicareadvocacv.org

Medicare Hotline

Answer questions about Home Health Care Services

- Phone: (800) 633-4227
- www.medicare.gov/

Medicare Payment Questions

(Used only if denied Medicare)

- Phone: (800) 982-6819
- www.medicareinteractive.org

Medicaid, Title 19, & Old Age Assistance

Connecticut Department of Social Services, Hartford Regional Office

- 25 Meadow Road, Windsor, CT, 06095
- Phone: (855) 626-6632
- www.ct.gov/dss

Call Windsor Social Services for the CHOICES Program at (860) 285-1839.

www.medicare.gov

Renter's Rebate

If you rent an apartment or home in Windsor, you may qualify for a rebate on the amount of rent that you pay.

Applications are taken between April 1st and September 30th.

For questions, please refer to our Renter's Rebate Section https://townofwindsorct.com/social-services/renters-rebate/ or contact one of our caseworkers at (860) 285-1839.

Social Security

478 Burnside Avenue, East Hartford, CT 06108.

- (866) 706 6759
- www.socialsecurity.gov

Supplemental Social Security (SSI)

- Phone: (800) 772-1213
- www.socialsecurity.gov/ssi

Soldiers, Sailors and Marine Fund

Assistance to veterans and their families; obtain information and application through local fund representative:

- Molina McDonald: (860) 741-3609 Windsor, CT Representative 101 South Street, West Hartford, CT 06110-1692
- Phone: (860) 953-4345 West Hartford Location or <u>www.ct.gov/ssmf</u>

Tax-Aide Program

IRS trained AARP volunteers assist seniors aged 60 or more to complete Federal & State Income Tax Returns from February to April at the Windsor Senior Center.

- Phone: (860) 285-1990 or visit the Windsor Senior Center website (<u>www.townofwindsorct.com/senior-services/</u>) for information and to schedule an appointment.
- www.aarp.org/money/taxaide

Tax Relief - Homeowner

Must be 100% disabled or 65 years old by December 31 of previous year; income and residency determines eligibility.

• Phone: (860) 285-1816

https://townofwindsorct.com/assessor/

U.S. Veterans Administration (VA)

Veterans' Service Officer for information on benefits, survivor's benefits, and medical coverage.

• Phone: (800) 827-1000

www.va.gov

<u>Veterans Homeowner Property Tax Relief</u>

• Phone: (860) 285-1816

• https://townofwindsorct.com/assessor/

<u>State and Local Tax Reductions and Benefits - Available to Qualified Windsor Residents</u>

You can find a complete listing of State and Local Tax Reductions and Benefits Available to Qualified Windsor Residents using this link:

 https://townofwindsorct.com/app/uploads/sites/4/2017/07/exemptionguide -20230420.pdf

Health

Windsor Senior Center

The Windsor Senior Center offers residents of Windsor, CT a variety of services including support groups, clinics, health screenings, and nutrition, fitness, and recreation offerings. Please visit or contact us at:

- 599 Matianuck Avenue, Windsor, CT 06095
- www.townofwindsorct.com/senior-services/
- Phone: (860) 285-1992

Johnson Health Network

Please check out the Johnson Memorial Health Network for many of your needs and services as well at www.johnsonhealthnetwork.com

American Cancer Society

National Phone: (800) 227-2345Rocky Hill Office: (203) 379-4700

• www.cancer.org

Bereavement Support Group Trinity Health Care Services, Inc.

• Phone: (860) 763-7600

• www.johnsonhealthnetwork.com

Mary's Place

Center for Grieving Children and Families

- 6 Poquonock Avenue, Windsor, CT 06095
- Phone: (860) 688-9621

Beloved Companions

- (Pet Loss Support Group)
- 369 West Main Street, Avon CT 06001
- Phone: (860) 693-2840

Cancer Information Services

- Phone: (800) 422-6237
- www.Cis.nci.hih.gov

Helen & Harry Gray Cancer Center

- 79 Retreat Avenue, Hartford, CT 06106
- Phone: (860) 249-6291

Smilow Cancer Hospital Yale-New Haven, at St. Francis Hospital

- 94 Woodland Street, Hartford, CT 06105
- Phone: (860) 714-4680

Comprehensive Breast Cancer Treatment Center

- 95 Woodland Street, Hartford, CT 06015
- Phone: (860) 714-4900

Connecticut State Dental Association

For a list of low cost dental clinics

- Phone: (860) 278-5550
- www.csda.com

Dental Hygiene Clinic

St. Francis Hospital Dental Group

- 1000 Asylum Avenue, Suite #3200, Hartford, CT 06015
- Phone: (860) 714-4995

Manchester Community Health Services

A satellite of East Hartford Community HealthCare, Inc.

- Phone: (860) 646-4678
- www.ehchc.org

Pedi-care Service, LLC

Registered nurses trained in offering specialized foot care.

Service available at the Windsor Senior Center, 599 Matianuck Avenue, Windsor, CT 06095

- Appointments necessary. \$35.00 for basic services.
- Phone: (860) 285-1992

Hartford Podiatry Group

- 999 Asylum Avenue, Suite 111, Hartford, CT, 06015
- Phone: (860) 523-8026

Community Health Center (CHR)

Offers a variety of health services and accepts most insurance providers.

- 503 Windsor Avenue, Unit 511, Windsor, CT 06095
- Phone: (860) 297-8600
- https://www.chrhartford.org/

Windsor Health Department

Windsor Town Hall, 275 Broad Street, Windsor, CT 06095

• Michael Pepe, Director of Health

Windsor Health Department Info Continued:

• Phone: (860) 285-1823

• After business hours: (860) 688-5273

www.townofwindsor.com/health/

Johnson Memorial Hospital Chemical Dependency Program

Chemical dependency can be accompanied by psychiatric symptoms like anxiety and depression. Various levels of care are offered; inpatient, outpatient, and 12-step meetings.

• Phone: (860) 684-4251

www.johnsonhealthnetwork.com

Blue Hills Treatment Center, Drug and Alcohol Detox Center

500 Wine Street, Hartford, CT 06112

• Phone: (860) 293-6400

St. Francis Behavioral Health Group

• 675 Tower Avenue, Suite #301, Hartford, CT 06112

• Phone: (860) 714-3704

Institute of Living

Psychiatric services

200 Retreat Avenue, Hartford, CT 06102

• Phone: (860) 545-7000

CT Association for Healthcare at Home

Provides info about non-profit and profit state-licensed home and health care agencies.

• (203) 265-9931

https://www.cthealthcareathome.org/

North Central Area Agency on Aging CHOICES Program

Medicare Coverage

• Phone: (860) 724-6443

www.ncaaact.org/choices

Johnson Memorial Hospital

201 Chestnut Hill Road, Stafford Springs, CT 06076

• Phone: (860) 684-4251

Hartford Hospital

• 80 Seymour Street, Hartford, CT 06102

• Phone: (860) 545-5000

St. Francis Hospital

114 Woodland Street, Hartford, CT 06102

• Phone: (860) 714-4000

Burgdorf / Bank of America Health Center

• 131 Coventry Street, Hartford, CT 06102

• Phone: (860) 714-2813

Malta House of Care

Mobile medical clinic providing free quality primary health care to the uninsured.

• 136 Farmington Avenue, Hartford CT 06105

• Phone: (860) 725-0171

https://maltahouseofcare.org

New England Veterinary Center

24 Hour Emergency Veterinarian

• 955 Kennedy Rd, Windsor CT

Animal Poison Control

24 Hour Phone Line

• (888) 426-4435

Mental Health & Addiction Services

Alcoholics Anonymous (AA) and Narcotics Anonymous

Daily meetings available at multiple sites and times in Windsor, 7 days a week

• Phone: (800) 839-1686

Windsor Independent Living

Social Services Organization

- 45 Maple Avenue, Windsor CT 06095
- Phone: (860) 688-2891

Recovery Club

- 118 Palisado Avenue, Windsor CT 06095
- Phone (860) 285-0016
- Email: info@windsorrecoveryclub.org

Mental Health Hotlines

- National Suicide Prevention Lifeline: (800) 273-8255 or 988
- Veterans Crisis Line: call (800) 273-TALK (8255) and press 1; or text 838255
- Crisis Text Line: text the word 'Home' to 741-741
- The Trevor Lifeline for LGBTQ Youth: call (866) 488-7386
- The Trans Lifeline: call (877) 565-8860

Local Resources

Creative Interventions

- 835 Bloomfield Avenue, Windsor, CT
- (860) 413-9538
- Therapy

Institute of Living

- 200 Retreat Avenue, Hartford, CT
- (860) 545-7200
- Mental Health Counseling

Jewish Family Services

- 333 Bloomfield Avenue, West Hartford, CT
- (860) 236-1927
- Child Psychiatry/Counseling

Region 4 Mental Health Service Providers

InterCommunity (IC) (private non-profit)

- 281 Main Street, East Hartford, CT 06118
- (860) 569-5900

Capitol Region Mental Health Center

(state operated)

500 Vine Street, Hartford, CT 06112 (860) 297-0800 FAX: (860) 297-0914 24 Hour Crisis Service: (860) 297-0999

Chrysalis Center

255 Homestead Avenue P.O. Box 320613, Hartford, CT 06132-0613 (860) 263-4400 FAX: (860) 761-3103

Community Renewal Team (CRT), Inc.

555 Windsor Street, Hartford, CT 06120 (860) 560-5600

Easter Seals Capital Region & Eastern Connecticut

100 Deerfield Road, Windsor, CT 06095-4207 (860) 552-2002 FAX: (860) 552-2003

Community Health Resources (CHR)

(private non-profit)

995 Day Hill Road Windsor, CT 06095

(860) 731-5522 Fax: (860) 731-5536

Assessment Center: (877) 884-3571 (1-877.88.HELP1)

Home Healthcare Assistance

CT Home Care Program for Elders

• Phone: (800) 445-5394 or (860) 424-4904

www.ct.gov/dss

Connecticut Community Care, Inc. (CCCI)

• Phone: (860) 589-6226 for intake information.

• Phone: (800) 654-2183 for case management for home health care.

• www.ctcommunitycare.org

Conn Home Care

State Department of Social Services CT Home Care for Elderly

Residents aged 65+ who are at risk of nursing home placement and meet the program's financial eligibility criteria.

Money Follows the Person: "My Choices" For Medicaid eligible persons to transition from nursing home to the community.

• Phone: (800) 445-5394

www.211ct.org/conn home care program.asp

Caring Connection

A daytime adult day health program offering a home-like atmosphere.

- 330 Windsor Avenue, Windsor, CT 06095
- Phone: (860) 547-0251
- https://www.windsorcaringconnection.com/

Home Healthcare Assistance Continued:

Home Delivered Meals (Meals on Wheels)

Contact Windsor Social Services for more information.

Phone: (860) 285-1839

A variety of information and pamphlets on local homecare agencies and other resources can be found at the Windsor Senior Center and in Windsor Social Services, as well.

Home Healthcare Agencies

Masonic Home Health and Hospice

- 77 Hartland Street, Suite 499, East Hartford, CT 06108
- Phone: (888) 332-0033

Trinity Health of New England at Home

- 76 Batterson Park Rd, Farmington CT 06032
- Phone: (860) 736-7600

Hartford Healthcare at Home

- 1290 Silas Deane Highway, Wethersfield, CT 06109
- Phone: (800) 466-3227

Housing

Windsor Housing Authority

Responsible for creating safe, decent, and affordable housing to the elderly and disabled citizens.

Robert Cappelletti, Executive Director

- 156 Bloomfield Avenue, Windsor, CT 06095
- Phone: (860) 285-8090, extension 2
- www.Windsorcthousingauthority.org

Janel Rios, Federal Housing Coordinator

- Office phone: (860) 285-8090 ext. 206
- Jrios@windsorha.org

Fitch Court

Darlene West, Property Manager / Site Coordinator

- Office phone: (860) 285-8090 extension 5
- Dwest@windsorha.org

Shad Run / Millbrook Village

Diann Holloman, Property Manager / Housing Coordinator

- Office phone: (860) 285-8090 extension 4
- <u>Dholloman@windsorha.org</u>

If Facing Eviction:

Statewide Legal Services of Connecticut (SLS)

• Phone: (860) 344-0380 or (800) 453-3320

• Homelessness: 211

Housing Continued:

Emergency Rental Assistance

Contact Windsor's Resident Service Coordinator

Phone: (860) 285-8090, extension 302 or call 211

Fair Rent Commission

Community Development

• Phone: (860) 253-6390

Housing Repair Loans/Residential Rehabilitation Loans

Technical and financial aid to qualified homeowners who would like to improve or modernize their homes and correct existing housing code violations.

• https://townofwindsorct.com/community-development/housing-rehabilitation-loans/

For routine repairs of residents living in Windsor Housing Authority

• Apartments: (860) 285-8090, extension 8

Housing Code Enforcement

Provides enforcement of the Town Housing Code. If you have a problem with the apartment you rent, call the Community Development:

• Phone: (860) 253-6390

Section 8 Housing

Windsor Housing Authority determines a payment standard that is the amount generally needed to rent a moderately-priced dwelling unit in the local housing market and that is used to calculate the amount of housing assistance a family will receive.

Town of Windsor Social Services

• Phone: (860) 285-1842

• www.townofwindsorct.com/social-services/

Shelter Diversion Program— a member of the Greater Hartford Coordinated Access System (CAN). Appointments available, please call 2-1-1 to schedule.

Information and Referral

Connecticut State Department of Social Services

Phone: (860) 424-4925

www.ct.gov/dss

<u>Information and Referral for Elderly Services</u>

• Phone: (800) 443-9946

• www.dss.state.ct.us or www.ctelderlyservices.state.ct.us

Elder Justice Hotline

• Phone: (860) 808-5555

https://portal.ct.gov/ag/elderhotline

The hotline will be staffed by the Attorney General's Office Monday through Friday from 8am to 5pm

Calls received will be triaged to the appropriate departments but all callers will be responded to promptly.

Information & Referral Continued:

INFOLINE - Statewide Information and Referral

Phone: 211www.211.org

Municipal Agent for the Elderly

Jasmine Hall – Social Services Coordinator – Town of Windsor

• Phone: (860) 285-1839

State and Federal Elderly Disabled Programs

For current information on income limits, please call (860) 253-6397

- Qualified Medical Benefits
- CT Home Care for Elders (CCCI)
- Food Stamps
- CT Energy Assistance
- Renters Rebate
- Homeowners Tax Relief
- Additional Veterans Tax Relief

Protective Services Adult Abuse Hotline

• Phone: (888) 385-4225

www.ncea.aoa.gov

www.ct.gov/dss

Information & Referral Continued:

Social Services Department, Town of Windsor Social Services

Casework and Support, Information and Referral, Food Bank, Diaper Closet, Mobile Foodshare, Groceries to Go, Weekend Wheels Backpack Program, SNAP (Food Stamps) enrollment and renewal by appointment only, Medicare options counseling, Energy and Utility Assistance, Support group for Diabetics, youth and special informational events, special holiday programs.

Phone: (860) 285-1839

https://townofwindsorct.com/social-services/

Social Security Administration

Phone: (800) 772-1213www.socialsecurity.gov

CHOICES Program

The CT CHOICES program, provides free, objective, high-quality, and confidential information, counseling and assistance to older adults and persons with disabilities enabling them to understand and exercise their rights, access and receive benefits to which they are entitled, and make more informed decisions about quality of life issues.

For questions about Medicare

• Phone: (800) 994-9422

Legal

Greater Hartford Legal Aid

999 Asylum Avenue, 3rd Floor, Hartford, CT 06105-2465

Phone: (860) 541-5000
Fax: (860) 541-5050
https://www.ghla.org/

Leisure

Town of Windsor Senior Center

- Phone: (860) 285-1992
- 599 Matianuck Avenue, Windsor, CT 06095
- www.townofwindsorct.com/senior-services

Town of Windsor Recreation Department

- Phone: (860) 285-1990
- 599 Matianuck Avenue, Windsor, CT 06095
- www.townofwindsorct.com/recreation

Northwest Park

Northwest Park is a municipally owned park which includes walking trails, soccer fields and a nature center and covers 473 acres of forests, fields and recreational areas.

• Address: 145 Lang Rd, Windsor, CT 06095

• Phone: (860) 285-1886

Nutrition

Meals/Nutrition Programs

Contact Windsor Senior Services or Windsor Social Center for assistance with access to Meal/Nutrition Programs.

• Phone: (860) 285-1992 or (860) 285-1839

For more information on Community Renewal Team (CRT), please visit their website:

https://www.crtct.org/programs/seniors/meals-on-wheels

Juniper Homecare

Home delivered Meals-on-Wheels Service available

• Phone: (860) 523-1418

• https://juniperhomecare.com/original/meals-on-wheels/

Safety

Police/Medical/Fire Emergencies: 9-1-1

Windsor Police Department

• For routine calls and complaints, call (860) 688-5273

Poison Control

• Phone: (800) 222-1222

• www.poisoncontrol.uchc.edu

ASPCA Animal Poison Control

• Phone: (888) 426-4435

Suicide Hotline

- Phone: (800) SUICIDE / (800) 784-2433
- (800) 273-TALK / (800) 273-8255
- www.suicidepreventionlifeline.org
- www.suicidehotlines.com

National Domestic Violence Hotline

- Phone: (800) 799-SAFE / (800) 799-7233
- TTY: (800) 787-3224
- www.ndvh.org

Connecticut Coalition Against Domestic Violence

- Phone: (888) 774-2900
- www.ctcadv.org

Transportation

Allied Transportation Services

Wheelchair vans, fee charged.

- Phone: (860) 741-3701
- www.alliedgroup.org/ride

Transportation Continued:

<u>Windsor Senior Transportation (Dial-A-Ride Program)</u>

Transportation for residents 60 and over, and/or physically disabled. Most vehicles are lift-equipped. Provides trips to doctor appointments, shopping, Senior Center activities.

• Phone: (860) 285-1996

• <u>www.townofwindsorct.com/senior-services/senior-transportation/</u>

Connecticut Transit Buses

• Phone: (860) 525-9181

www.cttransit.com

Handicapped Parking Permits

For handicapped restricted parking areas and for permanent permits contact State Department of Motor Vehicles, 60 State Street, Wethersfield, CT 06109.

• Phone: (800) 451-7084

• Local Motor Vehicle Department at (860) 263-5700.

Nutmeg Senior Rides

Affordable, door-through-door, personal transportation service for seniors and the disabled.

• Phone: (860) 758-7833

• www.nutmegseniorrides.org

GO GO Grandparent

Turns on demand transportation companies like Lyft/Uber into a service you can access without a smartphone.

Phone: (855) 464-6872

Volunteer Opportunities

See Town of Windsor Senior Services or Social Services OR

Refer to: "There's a Lot to Do in Windsor"

- Summer, Fall & Winter editions
- Available by mail, in the Windsor Town Hall and all Windsor Libraries

Refer to: "Windsor Senior Center"

- LP Wilson Community Center
- 599 Matianuck Avenue, Windsor
- Phone: (860) 285-1990

Refer to: "Windsor Public Library"

• Review the posted information

Refer to: "The Windsor Journal"

- Published weekly and available in many location in town
- Phone: (860) 688-1390
- www.thewindsorjournal.com

Refer to: "Town of Windsor" website

- See the Boards and Commissions for volunteer opportunities
- Phone: (860) 285-1805
- www.townofwindsorct.com

Refer to: "The Caring Connection"

- 330 Windsor Avenue, Windsor
- Phone: (860) 547-0251
- www.windsorcaringconnection.com