

# Social Services JUNE 2022

#### LP Wilson Community Center 599 Matianuck Avenue 860-285-1839



Look for us on Twitter at: @WindsorSocSrv

Look for us on Facebook at: Town of Windsor Social Services.

#### RENTER'S REBATE PROGRAM April 1st thru October 1st

State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room or living in cooperative housing or a mobile home may be eligible for this program. This is not an entitlement program.

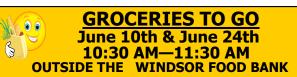
Windsor Social Services are completing Renters' Rebate applications by telephone appointment. All supporting documents are required prior to making application. Visit our website and link to the Renters Rebate information to view documents needed and further instruction or call the Social Services office. Upon receipt of required documents a caseworker will call you by phone to make application.

#### SUMMER CAMP SCHOLARSHIPS AVAILABLE TO GRANDPARENTS RAISING GRANDCHILDREN/KIN

Are you a Windsor grandparent over 55 yrs. of age and raising your grandchildren or kin? If so, your grandchildren/kin may qualify for a week of FREE Summer Camp through the Windsor Recreation Department. For more information contact Deb Sheldon at Social Services 860-285-1839. Scholarship space is limited. Call today.

#### SUMMER MEALS PROGRAM

The Windsor Public Schools Summer Meals program will distribute **FREE daily meals to kids and teens 18 years & younger** at the following locations: **Wilson Library:** 11:30 AM—12:15 PM **Stroh Park at Goslee Pool:** 12:00PM —12:45 PM The program runs Monday through Friday throughout the summer from June 27th through August 12th .



www.townofwindsorct.com/socialservices

#### FARMERS MARKET SEASON HAS BEGUN

There are many benefits to purchasing fresh fruits and vegetables at your local farmer's markets:

- Food is grown locally and picked when perfectly ripened
- No time spent being transported on a truck or sitting in the supermarket so their taste, texture and aroma are enhanced
- Nutrients are more abundant in fresher foods
- Shopping at farmer's markets benefit the local farmer and strengthens your community

Windsor's market: Corner of Maple Ave and Broad St Thursdays 3:00 PM-6:30 PM June 23rd through October 20th

## SUMMER ENERGY SAVINGS TIPS

If you are trying to save money while staying comfortable during these warm summer months, see below for some energy saving tips:

- If you have central air conditioning, keep your thermostat at 78 degrees. You can also save approximately an additional six to seven percent off your cooling costs for each degree above 78.
- If your air conditioner does not have a thermostat, adjust it to a lower setting, or combine using it with a window or ceiling fan to cool things down.
- Get rid of hot air. Use an exhaust fan to blow hot air out of your kitchen while you're cooking.
- Close blinds, drapes and shades during the hottest part of the day. This keeps the strong sunlight from heating your home.
- Use your microwave or countertop appliances for cooking instead of the oven or stove.
- Postpone laundry and dishwashing until nighttime to avoid generating extra heat in your home.



# **Social Services JUNE news**

# **MONTHLY GROUPS:**

# Windsor C.A.R.E.S.

This is a group of adults who are committed to volunteerism. The group takes on community service projects for people of all ages.

Call Deb for meeting information at 860-285-1839.

#### **TEENS THRIVING TODAY A Youth Led Support Group**

Teens Thriving Today is a youth-led support group that meets for 8- weeks on Monday from 5:30 pm-7pm at the Millbrook Community Clubhouse. Teens learn how to cope with life stressors while eating food and having fun. For more information, please contact us at 860-285 -1839 or 860-285-1946 to sign up!

#### WINDSOR HUNGER ACTION TEAM Join The Conversation

This group meets monthly to discuss food insecurity in our local community and solutions to help those in need. The next meeting will be held via zoom on **Wednesday, July 6th at 9:00 am.** Contact Susan Nunes for meeting information at 860-285-1839 and to be added to our new HAT email distribution list. **AND** 

The Windsor Hunger Action Team now has a Facebook page! **Stay Connected:** Like and Follow on Facebook for updates and resources throughout the month, <u>https://www.facebook.com/WindsorHAT/</u>.

# Notary Public in Social Services

Available by Appointment. Call Susan Nunes at 860–285-1839.

### **ENERGY ASSISTANCE UPDATE**

If you're in need of utility (electric, gas and water) assistance, please call Eliana Medina-James at 860-285-1839 to discuss programs and qualifications.

## CRT ENERGY ASSISTANCE

CRT is continuing to schedule appointments for the winter heating season. If you are have trouble paying your home heating bills, call 860-560-2694 to schedule your appointment. Please take note of the following date: Last Day to apply for CEAP (energy assistance) is June 30, 2022.

#### NEW EMAIL DISTRIBUTION LISTS

Social Services has created and is managing several new email distribution lists:

\*Social Services Information & Events \*Grandparents Raising Grandchildren or Kin

If you are interested in receiving emails with information and events relating to the above programs, please call Windsor Social Services at 860-285-1839 to sign up on the email list of your interest.

#### **GRANDPARENT AND KINSHIP CIRCLE**

Are you a grandparent over the age 55 raising a grandchild or kin? Do you need a break to engage in selfcare? Are you interested in learning more about your legal rights? Are you interested in participating in a conference to learn skills & to network with others?

#### THERE IS SUPPORT AVAILABLE.

Call Social Services at 860-285-1839 to be added to our Grandparent & Kinship Circle email distribution list and to find out what events and programs are currently happening to help support grandparents raising a second family.

The Grandparent Raising Grandchildren/Kin Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging & Social Services

> FOOD BANK HOURS Monday & Tuesday 9:00 AM - 11:00 AM Wednesday & Thursday 1:00 - 3:00 PM

# Meet the Social Services Staff



**Enita Jubrey, Social Services Director** 

Jasmine Hall, Dept. Coordinator Maggie Goodman, Caseworker & Municipal Veteran's Svc. Contact Susan Nunes, Administrative Aide Andy Price, Caseworker Deb Sheldon, Caseworker Eliana Medina-James, Caseworker Ted Hughes, Food Bank