

seniors and immigration.

Social Services **JUNE 2024**

LP Wilson Community Center 599 Matianuck Avenue 860-285-1839





Look for us on Facebook at: Town of Windsor Social Services.

www.townofwindsorct.com/socialservices

GREATER HARTFORD LEGAL AID **COMING TO LP WILSON**

Greater Hartford Legal Aid will be coming to Social Services the 1st Friday of every month with appointments offered between 9-11AM. GHLA is a not-for-profit law firm providing FREE, high-quality legal services to address the most critical needs of low-income people. FREE statewide services include but aren't limited to matters relating to family, housing, children, employment, government, benefits,

Call Social Services to schedule an appointment. Apointments are open to adults of all ages.

GHLA will also be coming to the Windsor Senior Center the last Friday of every month and will take appointments for seniors only.

HARTFORD AMERICAN JOB CENTER **COMING TO LP WILSON**

American Job Centers **help workers find jobs** – for FREE! They can help you learn which jobs and careers are right for you, write great cover letters, create a powerful resume that gets you interviews, and conduct effective job searches. Whether your looking for your first job or to level up your career. AJC will be taking appointments in the food bank office the 3rd Thursday of each month starting later this summer.

SUMMER MEALS PROGRAM

The Windsor Public Schools Summer Meals program will distribute FREE daily meals to kids and teens 18 years & younger at the following locations:

Sharson Park: 11:30 AM—12:15 PM 12:00PM —12:45 PM John Fitch Park:

The program runs Monday through Friday throughout the summer. Check Windsor Food Services website for 2024 summer dates.

WINDSOR FOOD BANK MOVING BACK TO LP WILSON

The food bank renovations are complete and we WILL BE CLOSED from Wednesday, May 29th thru and including Wednesday, June 5th as we move back to LP Wilson and set up and stock our new shelves.

THE FOOD BANK WILL RE-OPEN to client distributions on Thursday, June 6th. Registered food bank clients will receive a robo call with this information so they will be aware of where they need to go for their June food bank distribution.

If you have any questions, please call Social Services.

FREE YOGA CLASS FOR VETERANS AND THEIR CAREGIVERS

Social Services is offering a new FREE monthly yoga class specifically tailored for US military service members, veterans and their caregivers.

Join YOGA MIKE for this rejuvenating class- unwind, strengthen your body, build resilience and find inner peace through mindful movement and breath work. Individuals of all levels and abilities are welcome. Classes are held at the LP Wilson Community Center in the ballet room from 6-7:00PM on Tuesdays: June 18th, August 13th, Sept. 10th.

Bring a mat, water bottle and comfortable clothing. For more information: call Social Services at 860-285-1839 or 860-285-1990. For registration visit: www.townofwindsorct.com/recreation/

Experience the healing benefits of yoga as we honor and support our military community.



GROCERIES TO GO June 7th & 21st 10:30 AM-11:30 AM at THE WINDSOR FOOD BANK



MOBILE FOODSHARE

June 12th & 26th 2:00-2:30 PM Hopewell Baptist Church, 280 Windsor Ave.

Social Services JUNE news

MONTHLY GROUPS:

WINDSOR C.A.R.E.S.

The group takes on community service projects for people of all ages. Meetings are held the 2nd Tuesday every other month. Call Deb at Social Services.

WINDSOR HUNGER ACTION TEAM

This group meets the 1st Wednesday of each month to discuss food insecurity in our local community The next meeting will be on Wednesday, June 5th at 9:00 AM at the Windsor Town Hall. Contact Susan for meeting information.

LEAN ON ME

This Caseworker Appointment Program

meets the 1st Tuesday afternoon of each month at the Windsor Main Library. Call 860-285-1839 to schedule an appointment between -3PM to learn about programs you may qualify for.

The staff is also available at our main office at the LP Wilson Community Center for scheduled appointments.

GRANDPARENT AND KINSHIP CIRCLE

Are you a grandparent over the age 55 raising a grand-child or kin? **THERE IS SUPPORT AVAILABLE.**

Call Deb Sheldon at Social Services at 860-285-1839 for more information.

SUMMER CAMP SCHOLARSHIPS AVAILABLE TO GRANDPARENTS RAISING GRANDCHILDREN/KIN

Are you a Windsor grandparent over 55 yrs. of age and raising your grandchildren or kin? If so, your grandchildren/kin may qualify for a week of FREE Summer Camp through the Windsor Recreation Department. For more information contact Deb Sheldon at Social Services 860-285-1839. While the kids are in camp you will have the opportunity to relax. Space is limited so don't wait!

FOOD BANK HOURS

Monday & Tuesday 9:00 AM - 11:00 AM Wednesday & Thursday 1:00 - 3:00 PM 4th Thursday of each month 5-6:45PM

ENERGY ASSISTANCE UPDATE

CRT is closed for the season. They will begin taking applications for the 2024/2025 energy season the end of August. Watch our newsletter for updates.

If you're in need of utility (electric, gas and water) assistance, please call Eliana Medina-James at 860-285-1839 to discuss programs and qualifications.

EVERSOURCE ELECTRIC CUSTOMERS

10% and 50% Discounts Available. On Dec. 1, 2023, Eversource introduced a new discount rate for electric customers with a financial hardship status. Based on household income or receipt of a public assistance benefit, customers may be eligible for a 10% or 50% discount off their electric bill per month.

Visit **www.Eversource.com/billhelp** for more info on the electric discount and to see if you qualify.

RENTER'S REBATE PROGRAM OPEN APRIL 1ST- OCTOBER 1ST

State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Windsor Social Services are completing Renters' Rebate applications by telephone appointment. Visit our website listed above and link to the Renters Rebate page for more information, instruction and to view documents needed or call the Social Services office. Upon receipt of required documents a caseworker will call you by phone to make application.

IT'S FARMERS MARKET SEASON

There are many benefits to purchasing fresh fruits and vegetables at your local farmer's markets:

- Food grown locally and picked when ripened
- No time spent being transported on a truck or sitting in the supermarket so their taste, texture and aroma are enhanced
- Nutrients are more abundant in fresher foods
- Shopping at farmer's markets benefit the local farmer and strengthens your community

WINDSOR market: Corner of Maple Ave/Broad St Thursdays 3:00 PM-6:00 PM June 20th through October 17th



Meet the Social Services Staff

Enita Jubrey, Social Services Director Maggie Goodman, Caseworker & Municipal Veteran's Services Contact Susan Nunes, Administrative Asst. Janine Griffith, Administrative Aide Jasmine Hall, Dept. Coordinator Andy Price, Caseworker Deb Sheldon, Caseworker Eliana Medina-James, Caseworker Ted Hughes, Food Bank Sabel Salazar, Food Bank