



Social Services MAY 2024

LP Wilson Community Center
599 Matianuck Avenue
860-285-1839



Look for us on Facebook at:
[Town of Windsor Social Services.](https://www.facebook.com/TownofWindsorSocialServices)

www.townofwindsorct.com/socialservices

WINDSOR FOOD BANK TEMPORARY RELOCATION

The Windsor Food Bank is going thru an extensive renovation project to update and expand our space here at the LP Wilson Community Center. The planned improvements will increase capacity for storage of food and create a more efficient space to intake and distribute food. This in turn will help us to serve you better.

During this renovation THE FOOD BANK HAS RELOCATED TO 100 ADDISON RD

as a temporary distribution location for a few months while renovations are being done here.

Registered clients will receive a robo call with any important updates.

**Temporary Inconvenience
for Improved Service**

GROCERIES TO GO STAYING AT LP WILSON

The GROCERIES TO GO senior food program **WILL NOT BE RELOCATING** during the food bank renovations. The program distributions will still take place at the LP Wilson Community Center on scheduled days.

FOOD BANK HOURS

Monday & Tuesday 9:00 AM - 11:00 AM
Wednesday & Thursday 1:00 - 3:00 PM
4th Thursday of each month 5-6:45PM

May Mental Health Awareness Month

It is a time to raise awareness in efforts to help reduce the stigma surrounding behavioral health issues. Mental illness can affect all of us. If you or someone you know is in crisis, the 988 Suicide & Crisis Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. Call or text 988 or you can chat via their website at <https://988lifeline.org/contact-the-lifeline/>

FREE YOGA CLASS FOR VETERANS AND THEIR CAREGIVERS

Social Services is offering a new **FREE** monthly yoga class specifically tailored for US military service members, veterans and their caregivers.

Join YOGA MIKE for this rejuvenating class and unwind, strengthen your body, build resilience and find inner peace through mindful movement and breath work. Individuals of all levels and abilities are welcome.

Classes are held at the LP Wilson Community Center in the ballet room from 6-7:00PM on Tuesdays: May 21st, June 18th, August 13th, Sept. 10th.

Bring a mat, water bottle and comfortable clothing.

For more information: call Social Services at 860-285-1839 or 860-285-1990. **For registration visit:** www.townofwindsorct.com/recreation/

Experience the healing benefits of yoga as we honor and support our military community.



GROCERIES TO GO
May 10th & 24th
10:30 AM—11:30 AM
at THE WINDSOR FOOD BANK



MOBILE FOODSHARE
May 1st, 15th & 29th
2:00—2:30 PM
Hopewell Baptist Church, 280 Windsor Ave.

Social Services MAY news

MONTHLY GROUPS:

WINDSOR C.A.R.E.S.

The group takes on community service projects for people of all ages. Meetings are held the 2nd Tuesday every other month. Call Deb at Social Services.

WINDSOR HUNGER ACTION TEAM

This group meets the 1st Wednesday of each month to discuss food insecurity in our local community. The next meeting will be on **Wednesday, May 1st at 9:00 AM at the Windsor Town Hall**. Contact Susan for meeting information.

LEAN ON ME

This Caseworker Appointment Program

meets the 1st Tuesday afternoon of each month at the Windsor Main Library. Call 860-285-1839 to schedule an appointment between 1-3PM to learn about programs you may qualify for.

The staff is also available at our main office at the LP Wilson Community Center for scheduled appointments.

GRANDPARENT AND KINSHIP CIRCLE

Are you a grandparent over the age 55 raising a grandchild or kin? **THERE IS SUPPORT AVAILABLE.**

Call Deb Sheldon at Social Services at 860-285-1839 for more information.

SUMMER CAMP SCHOLARSHIPS AVAILABLE TO GRANDPARENTS RAISING GRANDCHILDREN/KIN

Are you a Windsor grandparent over 55 yrs. of age and raising your grandchildren or kin? If so, your grandchildren/kin may qualify for a week of FREE Summer Camp through the Windsor Recreation Department. For more information contact Deb Sheldon at Social Services 860-285-1839. While the kids are in camp you will have the opportunity to relax. Space is limited so don't wait!

STAMP OUT HUNGER POSTAL FOOD DRIVE

This annual food drive will be held on Saturday, May 11th. Please donate what you can to help your local neighbors in need.

ENERGY ASSISTANCE UPDATE

CRT will continue to take applications for ALL HEATING SOURCES until May 31st. Deliverable fuel customers can still apply. Please call the hotline at 860-560-2694 and request an appointment.

OPERATION FUEL UPDATE

Operation Fuel is closed for energy assistance. They are continuing to accept applications for MDC water assistance only. If you are in need of energy assistance thru other sources or water assistance, please call Eliana at 860-285-1839.

EVERSOURCE ELECTRIC CUSTOMERS

10% and 50% Discounts Available for

Eversource Electric Customers

On Dec. 1, 2023, Eversource introduced a new discount rate for electric customers with a financial hardship status. Based on household income or receipt of a public assistance benefit, customers may be eligible for a 10% or 50% discount off their electric bill per month. Visit www.Eversource.com/billhelp for more info on the electric discount and to see if you qualify.

EVERSOURCE WINTER MORATORIM ENDS MAY 1st

Winter protection ends May 1st. If you are in need of assistance with your electric or gas bill or if you receive a shut off notice, please call Eliana at 860-285-1839 to see if you qualify for assistance and what programs are open that could help you.

RENTER'S REBATE PROGRAM OPEN APRIL 1ST- OCTOBER 1ST

State law provides a **reimbursement program for Connecticut renters who are elderly or totally disabled**, and whose incomes do not exceed certain limits. **Windsor Social Services are completing Renters' Rebate applications by telephone appointment. Visit our website** listed above and link to the Renters Rebate page for more information, instruction and to view documents needed or call the Social Services office. Upon receipt of required documents a caseworker will call you by phone to make application.



Meet the Social Services Staff

Enita Jubrey, Social Services Director
Maggie Goodman, Caseworker & Municipal
Veteran's Services Contact
Susan Nunes, Administrative Asst.
Janine Griffith, Administrative Aide

Jasmine Hall, Dept. Coordinator
Andy Price, Caseworker
Deb Sheldon, Caseworker
Eliana Medina-James, Caseworker
Ted Hughes, Food Bank
Sabel Salazar, Food Bank